

The Salisbury Day Surgery Unit Children (1 of 2)

Please attend at:

On:

Important Please read this leaflet thoroughly. If your child becomes ill or cannot keep this appointment, please let us know as soon as possible so that another child may benefit.

Diet for general anaesthetic:

Morning operation

8.00am admission:

- your child should not eat for 6 hours before the appointment. This includes chewing gum and sweets. We recommend that your child has a drink of water or squash at 6.30 am and then eats and drinks nothing else until after the operation.

Afternoon operation

12.30pm admission.

- your child should have a light breakfast no later than 7.30am. We recommend that your child has a drink of water or squash no later than 11am and then eats and drinks nothing else until after the operation.

General points

- please bath or shower your child the morning of the appointment.
- we recommend that an adult as well as the driver accompanies your child home.
- a responsible adult must stay with the child for the first 24 - 48 hours after the operation.
- public transport is not suitable following day case surgery.
- in most cases, hospital transport is not available.
- please ensure that your child has removed all jewellery and piercings which should be left at home.

Please bring the following items with you

- any drugs, medicines or inhalers your child is using,
- your child's dressing gown, pyjamas or nightdress, slippers and a hand towel,
- a favourite toy or book,
- nappy changing equipment, if required.

Please help us to help you

- for the safety of the children, we ask that hot drinks are not taken into the children's area. Facilities are available nearby.

If you need this information in another language or medium (audio, large print, etc) please contact the Patient Advice and Liaison Service (PALS) on 0800 374 208 email: palservice@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital

We ask for information about you so that you can receive proper care and treatment. This information remains confidential and is stored securely by the Trust in accordance with the Data Protection Act 1998.

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01722 336262 ext. 4550
7.30 am to 7 pm weekdays

- if you have other children, try not to bring them with you.

What will happen on the day?

- when you arrive, you will meet the nurses who will care for your child during the day.
- you will meet the surgeon and anaesthetist.
- you will find you are asked the same questions more than once; this is all part of a careful checking system.
- a special cream may be put on the back of your child's hands so that they will not feel the needle for the anaesthetic.
- your child will wake in the recovery area and will be taken back to the ward. After about 30 - 45 minutes, most children are ready to sit up and have a drink.
- some degree of soreness, drowsiness and tears are to be expected but home surroundings will be more relaxing and comfortable for your child.
- Please make sure that you have painkillers at home - such as paracetamol and ibuprofen.

For 48 hours after your child's appointment

- encourage your child to rest as much as possible.
- observe any other special instructions which you are given.
- encourage your child to have something to eat when you get home.

