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You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.

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Alveolar bone graft

Information for patients before the operation

- ✓ Good oral hygiene is important before surgery. Brush teeth twice a day as normal up to the day of surgery.
- ✓ You will be given Corsodyl, a special medicated mouthwash, to use after the operation. We would like you to take some home to try, so we will prescribe some for you. Corsodyl can be diluted 50/50 with water if you find it too strong.
- ✓ Carry on using your normal toothpaste after the operation. Check the fluoride content - 1450ppm fluoride is recommended.
- ✓ You might find the Collis Curve toothbrush useful after your operation, especially if opening your mouth is difficult. This special toothbrush can make brushing your bottom teeth easier.
- ✓ After your operation you will need a soft, small-headed brush for cleaning your top teeth. This will be more comfortable after your operation and will help you to clean around your stitches or plastic wafer, if you have one.
- ✓ You will be advised to have a soft diet and it is best to try to keep sugary foods and drinks for meals times as much as possible.



Shopping List

- Collis Curve toothbrush
- Small headed soft toothbrush - from any supermarket or chemist
- Toothpaste - normal toothpaste (1450ppm fluoride)

Contact names and numbers

Surgeon / Consultant	Mr Flood / Mr Robinson
Clinical Nurse Specialist	Maureen Warren - 07717805721
Sarum Ward Staff Nurse	Sarah Diment - 01722 336262 ext 2561
Oral Surgery Department	01722 336262 ext 3255