

Advice after removal of a skin lesion

Discomfort

You may experience some pain or discomfort around the operation site. You should take mild painkillers such as paracetamol (Calpol for children). Please follow the instructions on the packet or bottle.

Wound care (this section of the leaflet will be completed by the nurses)

Your wound has been closed with either:

- dissolvable stitches which do not need to be removed, or
- stitches which need to be removed after 7 - 10 days.

Please make an appointment with your practice nurse on for a dressing check and removal of stitches if needed.

If you have any concerns about your wound because it is red, hot, swollen or painful please contact your GP or practice nurse straight away.

When can I return to my normal activities?

For a few days after the operation the wound will be slightly sore. It is sensible to avoid doing anything that causes you pain. Otherwise you may return to your normal daily activity. You may take a shallow bath or shower as you wish, but should avoid soaking in the bath or swimming (or washing your hair if the wound is on your head) until the wound is fully healed because may delay normal healing. The wound should heal in about one week after the operation.

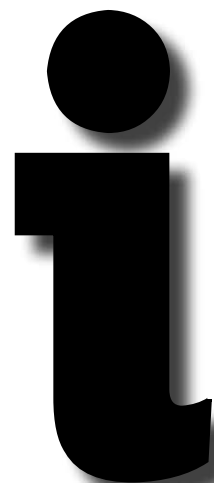
Try not to knock the operated area. Once it has completely healed, you can rub some moisturising cream into the scar. This often helps the end appearance. We advise you to use full sun block to protect the operated area.

Follow-up (this section of the leaflet will be completed by the nurses)

For advice after leaving hospital please contact:

Day Surgery Unit 01722 336262 ext 4550 between 7.30am and 7pm
After 7pm contact Odstock Ward on 01722 336262 ext 3507 or
your GP or the NHS 111 service.

Day Surgery Unit
01722 336262 ext 4550



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customercare@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: www.salisbury.nhs.uk/FriendsFamily or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.