

# Aftercare following scrotal surgery (page 1 of 2)



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: [customercare@salisbury.nhs.uk](mailto:customercare@salisbury.nhs.uk)

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: [www.salisbury.nhs.uk/FriendsFamily](http://www.salisbury.nhs.uk/FriendsFamily) or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: [patient.information@salisbury.nhs.uk](mailto:patient.information@salisbury.nhs.uk) if you would like a reference list.

## Discomfort

You may need to take painkillers (such as paracetamol) regularly for the first 48 hours. After this time take painkillers as and when you need them. Please follow the instructions on the packaging.

## Wound

The scrotum is prone to swelling and so to avoid this you should wear supportive pants or tight swimming trunks night and day for a few days. Alternatively you may be given a scrotal support that should be worn until all swelling and discomfort has subsided.

Usually the stitches in the skin are absorbable and will not need to be removed. Occasionally stitches that do need to be removed are used. You will be told whether your stitches need to be removed or not.

Bruising on the scrotum and a small amount of blood oozing from the operation site is to be expected after the operation.

## Activity

Take things easy for the first couple of days. Gently and gradually increase the amount you do.

There is no need for a dressing over your wound, but a bath or shower and daily change of underwear is required. The wound area should be dried thoroughly afterwards.

Avoid strenuous exercise for a few weeks. You may have intercourse as soon as you feel comfortable.

You may return to work or school provided you feel fit enough, but do not lift anything heavy (more than the weight of a full kettle) for two weeks.

You will be told if you need a follow-up outpatient appointment.

## Is there anything I should look out for?

Please contact your GP if you develop:

- a temperature.
- fresh bleeding or bruising.
- redness or swelling at the site of the operation
- pus or drainage from the site of the operation
- prolonged or severe pain.

**Day Surgery Unit**  
**01722 336262 ext 4550**

## Further advice

If you require further advice, please contact:

Day Surgery Unit 01722 336262 ext 4550 between 7.30am and 7pm.

After 6.30pm please contact Downton Ward ext 2182 (adults) or Sarum Ward Ext 2561 (children).

Alternatively contact your GP or the NHS 111 service.