

The Anticoagulation Service (page 1 of 2)

Anticoagulation Service

The anticoagulation service is run by three nurse specialists. The service operates Monday-Friday 0930 - 1730 (excluding Bank holidays)

Anticoagulant Clinics 0930 - 1200

If you need to see one of the anticoagulant nurses you will need to make an appointment. To make an appointment or to ask for advice, please phone 01722 429006

Anticoagulant therapy

Anticoagulant medicines stop clots forming in the blood vessels (veins and arteries), by making your blood take longer to clot.

Warfarin is the most commonly used tablet form of anticoagulant, but you may be prescribed something different. All anticoagulants have similar potential side effects and the same monitoring requirements.

When you start taking anticoagulants, you will be given a yellow record book. This needs to be with you when you have your blood tests. You will also be given a card to carry with you to let people know that you are taking anticoagulants, if you are involved / injured in an accident.

Anticoagulant

Do's

- DO - Look for signs of unexplained bruising or bleeding and tell the anticoagulant team or your GP as soon as possible within 24hours
- DO - Make sure you have regular blood tests
- DO - Take your anticoagulant medicine in the evening
- DO - Take the dose as instructed
- DO - Inform the anticoagulant clinic if you are started on any new medications as they may interact with your anticoagulation therapy
- DO - Eat a healthy diet (If you need more information about this, speak to the nurse at your GP's surgery)
- DO - Remind your Doctor/ Dentist that you are taking an anticoagulant
- DO - Inform your doctor if you are pregnant or planning pregnancy

Do Not:

- DO NOT - Take aspirin, unless specifically told to by your Doctor
- DO NOT - Miss a dose of anticoagulant unless advised to do so

Contact: Pathology Dept.

Tel: 01722 429006



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customercare@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.

- DO NOT - Run out of tablets
- DO NOT - Take extra doses of your anticoagulant
- DO NOT - Drink more than minimal amounts of alcohol.