

Also

- ❑ Look out for changes and improvements
- ❑ Notice times when communication seems easier
- ❑ Think about things that you enjoy together that do not rely on conversation such as looking at magazines and photos together.

Useful websites

The Stroke Association - www.stroke.org.uk

Different Strokes - www.differentstrokes.co.uk

(We can give you printed information from these organisations if you prefer)

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Role: Speech & Language Therapy Team

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If you need your information in another language or medium (audio, large print, etc) please contact the Customer Care Team on 0800 374208 or email: customer.care@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

The Friends and Family Test - Please complete The Friends and Family Test to tell us about your experience at www.salisbury.nhs.uk/FriendsFamily or download our app to your smartphone from the Apple App Store and the Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email patient.information@salisbury.nhs.uk if you would like a reference list.

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information

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Information for the family/friends of

from:

Name: _____

(Speech and Language Therapist)

Tel: 01722 345571

Salisbury NHS Foundation Trust

I met _____ today (_____) as s/he is finding conversations hard. Here is some information which you may find helpful. We can meet to talk more about this.

_____ has **aphasia**. Aphasia is a difficulty in **understanding** and **speaking**. It can also make **reading** and **writing** hard.

At the moment _____ may find it hard to:

- Follow conversations or understand instructions.

- Understand written words.

- Talk.

- Write words or sentences.

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To help _____ communicate:

- Make sure you are **looking at each other** when talking.

- Rephrase** what you have said if he/she does not understand.

- Keep your sentences **short and simple**.

- Speak more **slowly** than you usually do, but try to **keep it natural**.

- Allow him/her **more time** to speak.

- If a conversation gets really frustrating, try to leave it and **come back to it** later.

- Do **let him/her know** if you don't understand.

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