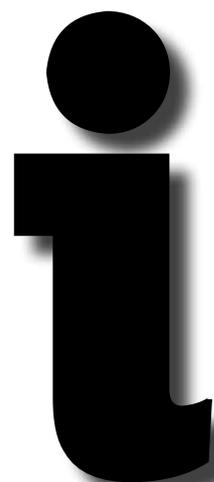


Blepharoplasty (page 1 of 2)



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customercare@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: www.salisbury.nhs.uk/FriendsFamily or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.

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What is a Blepharoplasty?

This is an operation to remove excess skin from the upper and/or lower eyelids.

What are the risks and benefits?

The benefit is that you will be able to see more clearly and your eyes will feel more comfortable. The risks are as follows:

Infection

Rarely, infection and wound breakdown may occur. If this happens you may need antibiotics and further surgery. But infection is very unusual due to the speed at which wounds heal on the face.

Bruising and swelling

There will be bruising and swelling after the operation but by sitting upright, this will reduce quite quickly.

What will happen when I come into hospital?

You will be admitted on the day of the operation to the Surgical Admissions Lounge. You will be seen by a doctor and the operation will be explained to you and you will be asked to sign a consent form. If you have not already been seen in the pre-admission clinic you may have a photograph taken, a blood test and possibly a heart tracing. This is to confirm that you are medically fit for the anaesthetic. The anaesthetist will see you before your operation.

How will I be nursed after my operation?

You will be nursed sitting up, well supported by pillows. This will help keep swelling to a minimum, so aiding healing.

Will I have a dressing on my eyes?

You may not need any dressings. You may have ointment over your stitches and in your eyes, this is a protection against infection.

Will I be given something for pain?

You will be given painkillers if you need them. These may be given in injection or tablet form. You must let the nurses know if you are in pain.

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01722 336262 ext 3507

Will I feel sick after the operation?

If you are nauseous you will be given an injection or tablet to help relieve this; again please let the nurses know.

How long will I be kept in hospital?

You will usually be discharged on the day of your operation, depending on the amount of swelling. You will have to sleep well propped up at night for some days following your operation to keep swelling at a minimum.

Try to avoid stooping and straining of any sort for about 7 - 10 days as this may cause damage to your surgery.

When will I have my stitches out?

Your stitches will be removed 5 - 7 days following the operation. You will be asked to return to the Outpatient Department to have this procedure carried out, when you may be seen by a doctor if necessary.

Will I see my consultant again?

A follow-up appointment will be forwarded to you to be seen at a clinic in your area at 6 - 8 weeks after this operation.

Driving

We advise you not to drive until the swelling and bruising has subsided and you can see clearly - usually by 7 - 10 days after the operation.

If you have any problems or are concerned at all, do not hesitate to contact us, day or night on 01722 336262 and ask for The Plastics and Burns Unit.

Plastic Outpatient Department
01722 336262 ext 4312

Plastics and Burns Unit
01722 336262 ext 3507