

## **LINE REDUCING INJECTIONS**

Anti-wrinkle injections are the UK's most common method for reducing the appearance of fine lines and wrinkles.

The Salisbury Laser Clinic uses Botox®, which is a natural purified protein. When injected into specific facial areas, wrinkle-causing muscles are temporarily relaxed to reduce the appearance of lines and wrinkles.

The full effects of a treatment with Botox® are usually evident within three to fourteen days and will last for approximately three to four months.

## **WHAT DOES THE TREATMENT INVOLVE?**

All of our wrinkle-reducing injections are performed by a fully trained Consultant Plastic Surgeon to ensure that your treatment is both safe and effective.

Following a discussion of your needs and expectations from the treatment, we will decide with you whether Botox® is the most appropriate solution for you.

Botox® injections can be carried without the need for any anaesthetic and no special measures need to be taken after the injection, other than avoiding massaging the injection site for 4 hours and avoiding exercise for 24 hours.

## **HOW LONG DOES THE EFFECT LAST FOR?**

The effect of the injection is usually noticeable after a few days and lasts for around 4 to 6 months. It is very unusual for there to be no effect at all, but if the effect is slight after the first injection, a higher concentration of Botox® can be used at a later date.

## **ARE THERE ANY SIDE EFFECTS?**

Some patients get a small degree of swelling in the area, which resolves after a few hours. We would advise the area to be elevated where possible.

Generally the amount that is used is a tiny fraction of the amount that could be toxic. One rare problem is to have temporary drooping of the eyelid but this responds to some eye drops which can be prescribed, if required.

Other rare problems that have occasionally been reported are double vision, dry eye sensation or watering of the eyes.

Some patients have developed bruising around the area of the injection but this resolves in a matter of days.

## **WHAT ABOUT REPEATED TREATMENTS?**

Some research published in the USA has suggested that with repeated treatments, the beneficial effect of the Botox® on the skin creases becomes longer lasting so that the intervals between treatments (usually about 4 - 6 months) becomes longer.

## **COSTS**

One area	£200
Two areas	£250
Three areas	£300

## **CANCELLATIONS**

- Please let us know as soon as possible if you think that you might not be able to make your appointment.
- Cancellations made within two weeks of an appointment often result in empty appointment slots as these are very difficult to fill at such short notice.
- Please let us know of any dates or times which may be unsuitable when booking your next appointment (usually 4 - 6 weeks apart).

## STAFF AT THE LASER CLINIC

### Consultant Plastic Surgeon:

Mr Richard Cole. MB, ChB, ChM, FRCS(Plast)

Mr Sathish Jayagopal, MBBS, MRCSEd

Mr Adam Sawyer. BSc, DO-HNS, MSc, LLM(Law), FEBOPRAS, FRCS(Plast)

Mr Eunan Tiernan. MB, BCh, BAO, BA, FRCSI, FRCS(Plast)

### Scientific Director:

Dr Tom Lister, PhD

### Clinical Scientist

Dr Mark Brewin, PhD

### Laser Specialist Nurses:

Sarah Clarke

Suzy Rainbow

## SOCIAL MEDIA

Please feel free to follow us on Facebook or Twitter.



We also welcome your reviews on sites such as Google or Yell.com.



**If you cannot keep  
your appointment,  
please notify us as  
soon as possible**

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If you need this information in another language or medium (audio, large print, etc.) please contact the Customer Care Team on 0800 374 208 or by email: [customer-care@salisbury.nhs.uk](mailto:customer-care@salisbury.nhs.uk).

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

The evidence used in the preparation of this leaflet is available on request. Please email [patient.information@salisbury.nhs.uk](mailto:patient.information@salisbury.nhs.uk) if you would like a reference list.

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## Welcome to The Salisbury Laser Clinic

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## Anti-Wrinkle Injections

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[www.lasers.salisburyhealthcare.org](http://www.lasers.salisburyhealthcare.org)  
[www.salisburylaserclinic.org.uk](http://www.salisburylaserclinic.org.uk)

THE SALISBURY  
**Laser Clinic**  
*Treating skin since 1982*



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