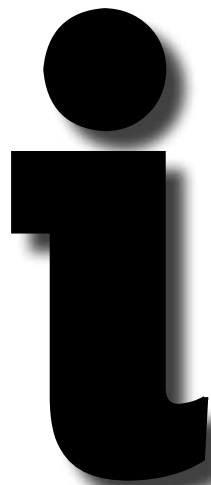


Bowel Cancer Screening Programme

Advice after your bowel screening procedure



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customer care@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.

The screening nurse will try and contact you the following day or the next working day after your procedure.

If you have had sedation:

- rest for the remainder of the day
- return to your normal diet unless instructed otherwise.

Things you **MUST NOT** do for 24 hours:

- drive for 24 hours (this is a legal requirement)
- operate machinery
- drink alcohol
- sign ANY legal documents or make important decisions
- take sleeping tablets
- go to work

After effects

Most examinations are carried out with no problems.

You can expect to see a small amount of blood on the toilet tissue and may have a sore back passage. A dye that may have been used can turn your urine green.

- If you are taking warfarin or other blood thinning medication please contact your anticoagulant nurse or GP the next working day.
- For any other advice please contact the screening centre.

On rare occasions the endoscopy may cause damage to the lining of the bowel. This may cause bleeding and rarely perforation (tear in the gut wall).

If you experience.....

- passing a lot of blood or blood dripping from your bottom
- pain in your abdomen, particularly if it becomes gradually worse or different from or more intense than any 'usual' pains you may have
- fever

.... you should contact your GP immediately, or if out-of-hours go to your nearest Emergency Department.

Bowel Cancer Screening Programme
Bath, Swindon & Wiltshire
01722 429177, 9am - 5pm