

Aftercare following cystoscopy or urethral dilatation

After the operation

Flexible cystoscopy (and urethral dilatation which is sometimes done at the same time as a cystoscopy) is a minor procedure and major complications are rare. Once you are at home, please contact your GP if you have any anxieties or symptoms resulting from the procedure.

Mild complications

- it is quite common to experience some discomfort when you pass urine for the next 12 - 24 hours
- you may pass some blood in your urine
To ease these effects drink plenty of non-alcoholic drinks - water is especially good for you
- occasionally some patients develop a urine infection. If you begin to feel ill and are hot or shivery with a high temperature or need to pass water frequently or have a burning sensation when you pass urine, you should contact your GP. Urine infections can be treated with antibiotics.

More serious but rare complications

- difficulty passing urine which requires the temporary insertion of a catheter to drain the bladder
- delayed bleeding which can require removal of clots or further surgery to stop the bleeding
- injury to the urethra on insertion of the flexible telescope which may cause scar formation.

If you pass a lot of blood in the urine, are unable to pass urine, or you develop a high temperature, feel ill or shivery, you should contact your GP at once.

Follow up

You will be told when your next appointment will be before you leave the Unit.

Further advice and information

Contact the Urology Nurse Practitioners on 01722 336262 ext 4866 (answer phone) or Day Surgery Unit 7.30am - 6. 30pm on 01722 336262 ext. 4554, your GP or NHS Direct 0845 46 47 www.nhs.uk

Urology Nurses

Tel: 01722 336262 ext. 4866



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customer care@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: www.salisbury.nhs.uk/FriendsFamily or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.