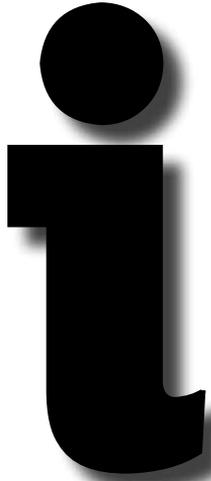




Discharge advice for parents whose child has had speech surgery (page 1 of 2)



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customer care@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.

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Role: Clinical Nurse Specialist
Date written: 2003
Last revised: November 2017
Next review due: December 2020
Version: 2.1
Code: PI0676

The hospital experience is strange and unsettling for some children, so do not be surprised at changes in behaviour when you get home – for example, your child may be more clingy, easily upset, or have disturbed sleep.

1. give a sloppy diet for 2 weeks, and then introduce foods that are soft avoiding hard foods (such as toast, biscuits, apples) for a further 2 weeks
2. for 2 weeks after surgery drink clear fluid after diet/milk this is to keep the stitches clean and help prevent infection
3. giving pain killing medicine regularly is important, as this keeps the discomfort under control. Your nurse specialist and ward nurses can give you advice about this
4. a week's course of antibiotic medicine is given to help prevent any infection
5. the stitches are dissolvable but can take 4 - 6 weeks to disappear
6. you can return to school 1 - 2 weeks after surgery
7. a 4 to 6 week outpatient's appointment for the combined cleft clinic will be sent to you in the post.

Record of medicines to take home

| | | | | |
|--|-------------------|-------------------|-------------------|-------------------|
| Name of medicine | | | | |
| Strength of medicine | | | | |
| Dose of medicine | | | | |
| How often? | Every hours | Every hours | Every hours | Every hours |
| Date and time of last dose before leaving hospital | | | | |
| When is the next dose due | | | | |
| Special directions (e.g. before or after food) | | | | |

Other instructions:

Form completed by: Date:

An outpatient's appointment for your child to be seen in the Combined Cleft Clinic will be sent to you in the post.

Contact telephone numbers to use if you are worried about your child are below

Nichola Hudson 07717805724

Maureen Warren 07717805721

Sarum Ward 01722 336262 ext. 2560/2561