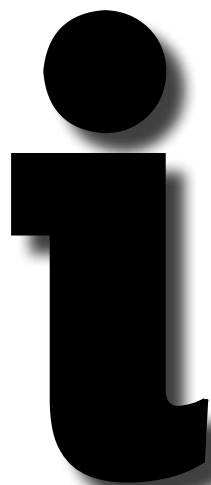


Glucose Tolerance Test - Information for parents



What is a glucose tolerance test?

The test determines your child's response to a measured amount of glucose (sugar) given as a drink. Blood and urine samples are taken to check the amount of glucose in the body after the glucose drink. It is used to diagnose diabetes.

Preparation for the test

For three days before you bring your child for the glucose tolerance test, please make sure that your child eats a normal diet, with plenty of carbohydrate (bread, potatoes, pasta).

From 10pm the evening before the test, please do not let your child eat or drink anything except plain water, until the test is completed.

On the day of the test

You will have been given a container to collect a urine sample from your child on the morning of the test. Please bring this urine sample with you.

Please arrive promptly, as it is important that the test starts at exactly 9am.

Your child will be given a sugary drink, and two small blood samples will be collected at timed intervals. A further urine sample will be collected at the end of the test.

As you will be unable to leave the Children's Unit for nearly three hours during the test, you may wish to bring something for you and your child to read or do to pass the time.

After the test, please give your child something to eat and drink as soon as possible.

When will I know the results of the test?

Your child's doctor will receive the results within 24 hours of the samples being received in the laboratory. If you have not already arranged to see the doctor who referred your child for this test, you should make an appointment after this time.

Where can I get more information?

If you have any queries or problems, please contact the Children's Unit Sister or one of her staff on 01722 336262 ext. 2275 (office hours).

If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customer care@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.