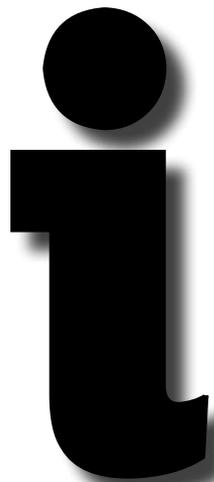


Glucose Tolerance Test



What is a Glucose Tolerance Test?

The test determines how your body responds to a measured amount of glucose (sugar) given as a drink. Blood samples are taken to check the amount of glucose in the body after the glucose drink. It is used to diagnose diabetes.

Preparation for the test

For three days before you come for your test at the Pathology Department at Salisbury District Hospital, please eat a normal diet with plenty of carbohydrate (bread, potatoes, pasta).

From 10pm the evening before the test, please do not eat or drink anything except plain water, until the test is completed.

If you are a smoker, please note that you must not smoke on the day of your test, until the test is completed.

On the day of the test

Please arrive promptly, as it is important that the test starts at 9am.

You will be given a sugar drink and two small blood samples will be collected at timed intervals.

As you will be unable to leave the Pathology Department for up to three hours during the test you may wish to bring something to read to pass the time.

If you have small children, we regret that you will need to make arrangements for their care, as, unfortunately, there are few facilities for them in the Pathology Department.

After the test, please eat and drink something as soon as possible.

When will I know the results of the test?

Your doctor will receive the results within 24 hours of the samples being received in the laboratory. If you have not already arranged to see the doctor who referred you for this test, you should make an appointment after this time.

Where can I get more information?

If you have any queries or problems, please contact Dr O'Connell's secretary on 01722 429037 (office hours).

Department of Laboratory Medicine
01722 336262 ext 4047

If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customer care@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.