



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customer-care@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: www.salisbury.nhs.uk/FriendsFamily or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.

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Role: Nursing Assistant
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After a gastroscopy (1 of 2)

If you have had biopsies taken today

Biopsy results can take up to 10 days. The results will go to the doctor who requested the test. You will only be contacted if the results are positive. If the results are negative you will receive no further notification.

If you have had throat spray

- Return to normal activities
- Do not eat or drink for 1 Hour. Start with sips of cold water. If your throat feels back to normal continue with normal diet and fluids. If it does not feel normal wait 10 minutes and try cold water again.

Repeat until sensation returns.

If you have had sedation

- Rest for the remainder of the day
- Return to your normal diet unless instructed otherwise
- You must have a responsible adult with you for 24 hours

Things you MUST NOT do for 24 hours

- × Drive ANY motorised vehicle (this is a legal requirement)
- × Operate machinery
- × Drink alcohol
- × Sign ANY legal documents or make important decisions
- × Take sleeping tablets
- × Go to work.
- × Look after young children

After effects

Most examinations are carried out without any problems. You may have a slight taste of blood in your mouth and a sore throat. These symptoms are not uncommon. On rare occasions the endoscopy may cause damage to the lining of the gut. This may cause bleeding and rarely perforation (tear in the gut wall).

If you experience.....

- Severe pain in your neck, chest or abdomen
- Trouble breathing
- Vomiting blood
- Thick, black tarry stools.

...You should contact your GP immediately or if out of hours go to your nearest emergency department.

Contact number

Endoscopy Unit 9am to 6pm 📞 01722 336262 ext 2161/2804.

If urgent out of hours ring 111