

After a gastroscopy and colonoscopy (page 1 of 2)

If you have had biopsies taken today

Biopsy results can take up to 10 days. The results will go to the doctor who requested the test. You will only be contacted if the results are positive. If the results are negative you will receive no further notification.

If you have sedation

- Rest for the remainder of the day
- Return to your normal diet unless instructed otherwise
- You must have a responsible adult with you for 24 hours.

Things you **MUST NOT** do for 24 hours

- × Drive ANY motorised vehicle (This is a legal requirement)
- × Operate machinery
- × Drink alcohol
- × Sign ANY legal documents or make important decisions
- × Take sleeping tablets
- × Go to work
- × Look after young children.

After effects

Most examinations are carried out without any problems. You may have slight bleeding from your bottom and a sore back passage. A dye that may have been used can turn your urine green. You may have a slight taste of blood in your mouth and a sore throat. These symptoms are not uncommon. On rare occasions the endoscopy may cause damage to the lining of the bowel/gut. This may cause bleeding and rarely perforation (tear in the gut wall).

- If you are taking warfarin or other blood thinning medication and you were asked to stop for your procedure, please follow the instructions given to you by the endoscopy staff when you were discharged.
- If you are taking the oral contraceptive pill you must take additional precautions until your next period.



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customercare@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: www.salisbury.nhs.uk/FriendsFamily or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.

If you experience

- Pain in your abdomen, particularly if it becomes gradually worse or different and more intense to any 'usual' pains you may have
- Fever
- Passing a lot of blood from your bottom and or vomiting Blood
- Severe pain in your neck, chest or abdomen
- Trouble breathing
- Thick, black tarry stools
- You should contact your G.P immediately or if out of hours go to your nearest emergency department.

You should contact your G.P immediately or if out of hours go to your nearest emergency department.

Contact numbers

Endoscopy unit 9am to 6pm 01722 336262 Ext 2161/2804

If urgent out of hours ring 111

Endoscopy Unit 9am to 6pm

 01722 336262 ext 2161 or 2804