

Instructions for patients who have had minor oral surgery under intravenous sedation

Because of the amnesic effects of the sedative drug that you have been given these instructions must be given in the presence of your escort.

During the first 24 hours following your sedation:

- DO travel straight home with your escort, by car if possible.
- DO stay resting quietly at home.
- DON'T drive a car or ride a motor cycle, scooter or bicycle for 24 hours.
- DON'T operate machinery of any kind, including kitchen appliances, irons or power tools.
- DON'T sign any legal documents or return to work.
- DON'T drink any alcohol.
- DON'T be in sole charge of any children, elderly relative or dependent person.

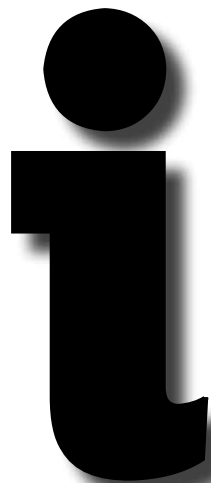
With regard to your minor oral surgical procedure:

- DON'T rinse your mouth for the rest of the day as this will disturb the blood clot and cause bleeding.
- DON'T smoke anything for at least 48 hours after your procedure. If you do, you are more likely to suffer from a dry socket, which is extremely painful and best avoided.
- Have a soft diet for the rest of the day and chew on the non-operated side if possible.
- Take pain killers as instructed by your surgeon.
- If bleeding restarts from the socket, moisten one of the gauze swabs you have been given, roll it and place it over the socket, then bite firmly on the gauze for 10 minutes.
- THE NEXT DAY start mouth washes with warm salt water. Dissolve a teaspoon of table salt in a tumbler-full of warm water, use this to gently rinse your mouth four times a day for the next week. You must also brush the rest of your teeth as normal.

If you are concerned about anything or develop persistent bleeding or a marked increase in swelling or pain contact Salisbury District Hospital.

During office hours contact Oral Surgery on 01722 336262 Ext 3255.

At weekends and in the evening call the switchboard on 01722 336262 and ask for the on-call SHO in Oral Surgery, or go to your nearest Emergency Department.



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customer care@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: www.salisbury.nhs.uk/FriendsFamily or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.

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