



The film that prepares children coming to Salisbury Hospital for an operation has been funded by the Stars Appeal

www.starsappeal.org/sarum-childrens-ward

Author: H Durham

Role: Day Surgery Nurse

Date written: November 2006

Last revised: September 2017

Review date: June 2020

Version: 2.4

Code: PI0269

If you need this information in another language or medium (audio, large print, etc) please contact the Customer Care Team on 0800 374 208 email: customer care@salisbury.nhs.uk.

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

The evidence used in the preparation of this leaflet is available on request. Please email patient.information@salisbury.nhs.uk if you would like a reference list.

© Salisbury NHS Foundation Trust

Salisbury District Hospital, Salisbury, Wiltshire SP2 8BJ

www.salisbury.nhs.uk



Salisbury 
NHS Foundation Trust

Welcome to the Day Surgery Unit



Information for children

Day Surgery Unit
Tel: 01722 336262 ext. 4550

Salisbury NHS Foundation Trust

information

Reception



One day your doctor may decide that you need an operation.

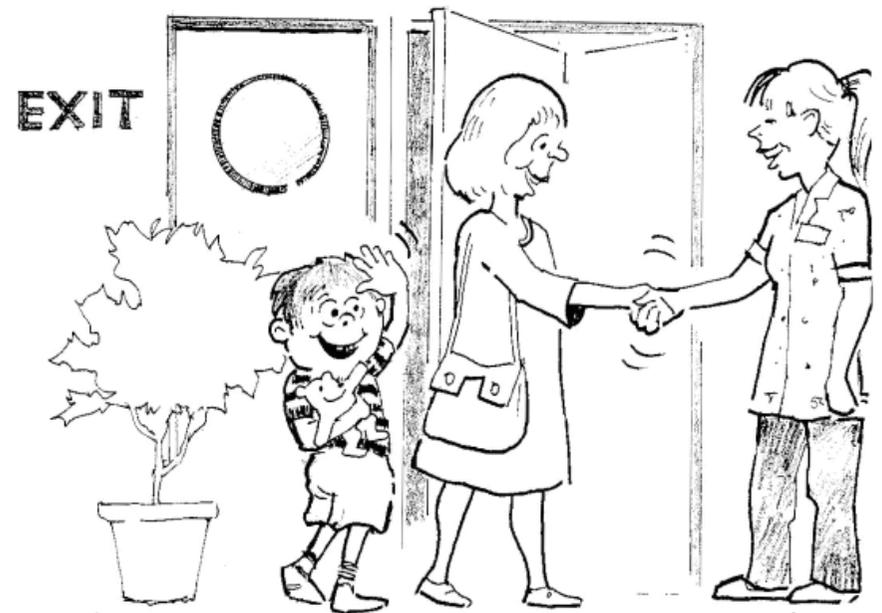
You might like to watch this short film before you come to hospital it will help to explain some of the things that will happen on your visit:

www.starsappeal.org/sarum-childrens-ward

When you have an operation you will need to have an anaesthetic. An anaesthetic is a medicine which makes you feel sleepy and makes sure that you won't feel, hear

Getting ready to go home

When you are feeling better you can have something to eat and drink. We have toast and cereals and water, squash or milkshakes for you.



The recovery room



When your operation is finished we take you to the recovery area where a nurse will look after you while you wake up slowly. Then we will bring you back onto the ward. If you are sore the nurse can give you something to make you feel better, you don't have to have a needle.

or see anything while you are having your operation.

You shouldn't have anything to eat for 6 hours before your operation, but you can drink water or clear squash up until 1 hour before hand. Your parents can contact the Day Surgery department the day before your operation to get advice on these times.



You can bring some things from home to play with, a toy or something else. We have films to watch, some colouring books and

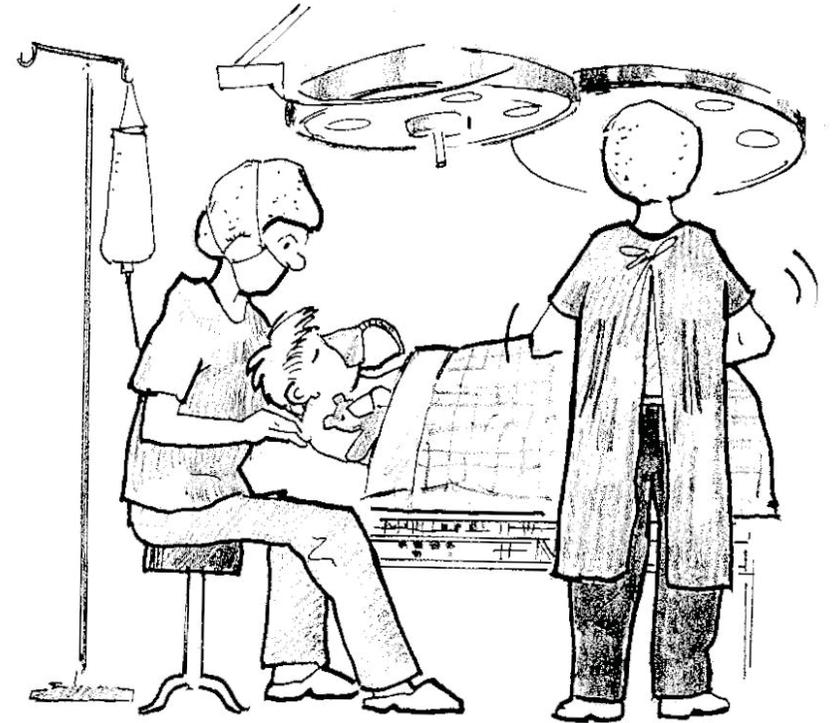
pencils you can use and you maybe able to borrow a Nintendo DS to play with while you are waiting for your operation.

You can bring your pyjamas, dressing gown and slippers too.

Draw a picture of your doctor

During the operation

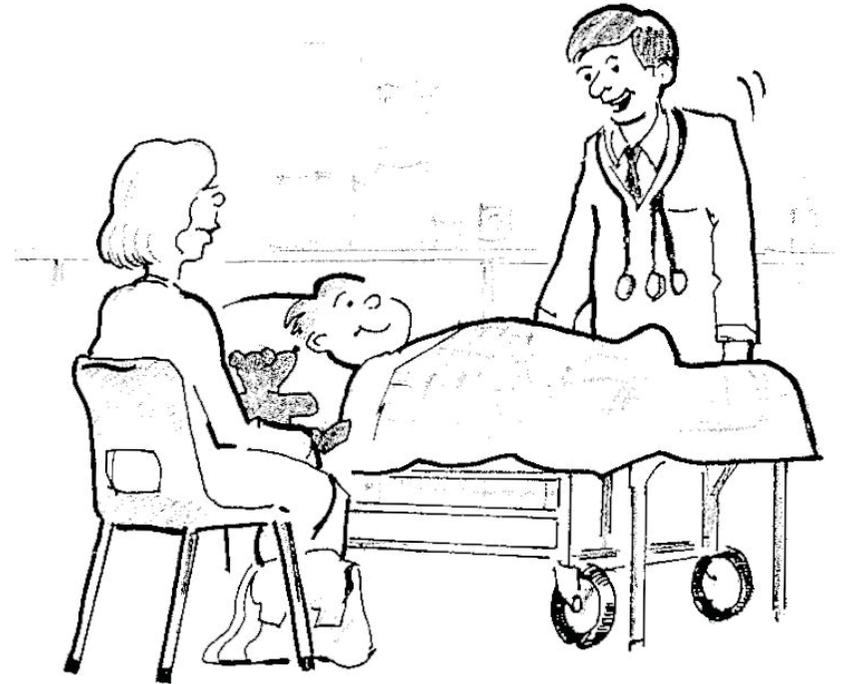
We will keep you warm with blankets whilst you have your operation.



Draw a picture of your nurse

On the day of your operation

At the day surgery unit there is a big room full of beds on wheels, with a special one just for you.



Your Mum and Dad can stay with you while you wait.

The nurse will talk to you and put some anaesthetic cream ('magic cream') on

the back of your hand or on your arm. The anaesthetist and the doctor will come and talk to you about what will happen next. We call anaesthetists 'dream doctors' as they help you have your nice sleep.

When it is your turn for your operation, you can have a ride on your trolley or your Mum or Dad can carry you around the corner to the operating theatre.

Most times your Mum or Dad can stay with you until you fall to sleep.



What is an anaesthetic?

With an anaesthetic you go to sleep but it is different to a normal sleep. Here the anaesthetist ('dream doctor') gives you a special medicine to make you sleepy even when you are not tired.

There are 2 ways to give an anaesthetic.

You can breathe through a mask. The gas is smelly but if you take eight to ten big breaths you will fall asleep quickly and happily. The other way is to have a small needle in the back of your hand or in your arm - you might feel it going in, but it shouldn't hurt because of the magic cream.

