

## Leg Ulcer Follow-up Clinic

### What do I need to bring with me?

If you have a leg ulcer please bring with you all the dressings, bandages and/or hosiery in use. The community notes, if you have them, also a list of all current medicines are required too.

Treatment sometimes involves special bandaging, so please bring a shoe or slipper a size larger than your normal size (for the leg or legs with an ulcer).

### Is there anything I need to do before the clinic?

If you normally experience pain when your dressings are changed and take medication for this, please take your medicine as normal before coming to the clinic.

If you need this information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: [customer care@salisbury.nhs.uk](mailto:customer care@salisbury.nhs.uk).

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

The evidence used in the preparation of this leaflet is available on request. Please email: [patient.information@salisbury.nhs.uk](mailto:patient.information@salisbury.nhs.uk) if you would like a reference list.

Author: Ruth Boyes  
Role: Specialist Nurse  
Date written: February 2010  
Last reviewed: April 2016  
Review date: April 2019  
Version: 1.2  
Code: PI0500

**Vascular and Diabetes Unit**  
**01722 336262 ex 4937**