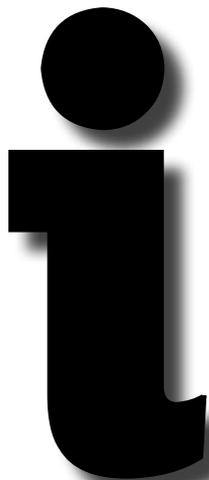


# Multiple 24 hour urine test collections (page 1 of 2)



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: [customer care@salisbury.nhs.uk](mailto:customer care@salisbury.nhs.uk)

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

The evidence used in the preparation of this leaflet is available on request. Please email: [patient.information@salisbury.nhs.uk](mailto:patient.information@salisbury.nhs.uk) if you would like a reference list.

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Date written: September 2005  
Last revised: October 2016  
Review date: October 2019  
Version: 2.1  
Code: PI0077

You have been asked to collect your urine over a number of 24-hour periods. You will be given containers to collect the urine. **Caution:** The bottle may have a small amount of strong acid preservative in it. If so, **do not throw this away** and take care when adding urine samples to the bottle. **Do not let it come into contact with clothes or skin** as it is very corrosive. If you feel you usually pass quite a lot of urine, please mention this as we can then give you some extra collection bottles, in case you need them.

1. When you get up in the morning go to the toilet as usual to empty your bladder. Write the time and date on the first urine container – this is the Start Time.
2. After this, collect **all** the urine you pass in the container for the following day and night. You may prefer to stay at home on this day but if you go out, don't forget to take your collection bottle with you.
3. When you get up the next morning, pass urine into the container at exactly the same time as you started the collection. This completes your first urine collection. Write the time and date on the container – this is the Finish Time.
4. The next collection starts immediately because you have an empty bladder. Write the time and date on the next urine container – this is the Start Time.
5. After this, collect **all** the urine in the container that you pass during the day and night.
6. When you get up the next morning, pass urine into the container at exactly the same time as you started the collection. This completes your second urine collection. Write the time and date on the container – this is the Finish Time.
7. If you have to collect any further urine samples, follow steps 4-7 for each one.

Please note, if you do not collect all your urine for each 24 hour period, the test will not be valid.

Leave the container in a cool place (but not in the fridge). As soon as possible bring it to the Pathology Department. Opening hours are 9am to 5pm Monday to Friday.

Please ensure your full name and date of birth, and the times and dates of collection are on the urine bottle. Please also bring the Request Form with the collected urine.

## When will I know the results of the test?

Your doctor will receive the results within 14 days of the samples being

**Department of Laboratory Medicine**  
**01722 336262 ext 4047**

received in the laboratory. If you have not already arranged to see the doctor that referred you for this test, you should make an appointment after this time.

### **Where can I get more information?**

If you have any queries or problems, please contact Dr O'Connell's secretary on 01722 429037 (office hours).