



One-stop Leg Ulcer Clinic

What is the one-stop leg ulcer clinic?

The one-stop leg ulcer clinic saves you having to come to the hospital twice by linking two appointments into one.

You will first have an ultrasound scan of the legs and sometimes of your tummy, followed by an appointment with a specialist nurse.

How long will I be at the hospital?

Please allow two hours for this clinic. It is important that you attend both appointments.

What will happen at the clinic?

Leg ulcers are often caused or made worse by altered blood flow in your leg. This is why we have arranged for you to have a painless ultrasound scan on your leg followed by an appointment with a specialist nurse who will work out a plan of care for your ulcers.

What do I need to bring with me?

If you have a leg ulcer please bring with you all the dressings, bandages and/or hosiery in use, the community notes, if you have them and a list of all current medicines.

Treatment sometimes involves special bandaging, so please bring a shoe or slipper a size larger than your normal size (for the leg or legs with an ulcer).

Is there anything I need to do before the clinic?

If you normally experience pain when your dressings are changed and take medication for this, please take your medicine as normal before you come to the clinic.

Transport

If you need transport, this needs to be arranged through your GP.

If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customercare@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: www.salisbury.nhs.uk/FriendsFamily or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.