

## Paediatric Swim Plugs



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: [customercare@salisbury.nhs.uk](mailto:customercare@salisbury.nhs.uk)

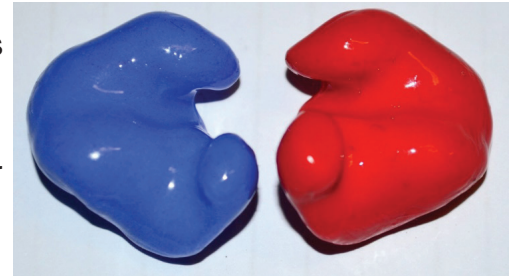
You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

The evidence used in the preparation of this leaflet is available on request. Please email: [patient.information@salisbury.nhs.uk](mailto:patient.information@salisbury.nhs.uk) if you would like a reference list.

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A 'Swim Plug' is a custom made floatable earplug used to help reduce the amount of water that enters your child's ear during washing or swimming. These earplugs are made by an Audiologist. An impression of your child's ear is used to make an earplug moulded to the shape of your child's ear creating a better seal compared to standard foam or wax ear plugs.



Swim plugs are only needed if you:

- have a perforated ear drum, or
- have a grommet fitted, or
- suffer with persistent ear infections.

A swim plug is only needed in the ear where any of the above occur. They are not needed for both ears unless both ears are affected.

If your child does not have any of the conditions above or you wish to have more than 1 set made, you can purchase them at a cost of £27.00 per plug.

### No guarantee

Swim plugs come with no guarantees, so it is still possible that some water may enter your child's ear despite them wearing one. This is more likely if your child:

- swims under the water
- jumps or dives into the pool
- wears a swim plug on its own.

### Swim bands

If your child wears a swim hat or swim band with the swim plug and swims above the water it will help reduce the chances of water getting into your child's ear.

### Lost or broken

If your child loses or breaks their swim plug you may be charged £27.00 for a new one.

Contact us in Audiology on: 01722 429335 or email: [audiology@salisbury.nhs.uk](mailto:audiology@salisbury.nhs.uk) if replacements are required. Please contact us as soon as you receive your swim plugs if you have any concerns regarding the fitting of them.

