

**Peter Gillam Support Centre  
Salisbury Hospice  
Salisbury District Hospital  
Odstock Road  
Salisbury, SP2 8BJ**

Supported by Salisbury Hospice Charity



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You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

The evidence used in the preparation of this leaflet is available on request. Please email [patient.information@salisbury.nhs.uk](mailto:patient.information@salisbury.nhs.uk) if you would like a reference list.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

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# The Peter Gillam Support Centre at Salisbury Hospice

information



 **01722 425113**

## What is the Peter Gillam Support Centre?

The Peter Gillam Support Centre is a nurse-led centre based within Salisbury Hospice.

We provide holistic day support to people with specialist palliative care needs.

## What support can we offer?

A safe and friendly environment to meet others in similar situations.

Through a range of artistic and creative projects we aim to improve confidence and quality of life

An introduction to the hospice environment and our wider team.

An opportunity for complementary therapy.

Advice and support from a specialist palliative care nurse within the centre plus an opportunity to access the expertise of other team members such as physiotherapists/occupational therapists/family support team.

## When would I come to the Centre?

You would be offered one day a week at the Centre, this would be the same day each week. We are open Monday - Thursday 10.30am - 2.30pm.

## How long can I come for?

Patients are offered a place at the centre for 12 weeks after which there will be a review. At this we will discuss your discharge from the centre. You can be re-referred at any time should you need the support for another 12 week period.

If you are less well or have ongoing specialist palliative care needs you may be offered a further 12 weeks at this review with a further review after this period.

## How would I get to the centre?

If you are able to get in and out of a car independently we can arrange for a volunteer driver to bring and take you home.

The driver will telephone you on the morning you are due to come in to confirm.

If it is more difficult for you to get in and out of a car, you are wheelchair bound or on oxygen we can arrange the patient transport service for you.

## What does a typical day involve?

Our main activity will take place in the morning so depending on which day you are able to attend this could be arts and crafts, horticulture, a theatre workshop or a talk.

You may have the opportunity for a complementary therapy session during the day.

For lunch there is a choice of hot food, salads or sandwiches.

Afternoons are more informal with a continuation of the mornings activity, a quiz or just a chance to relax or chat.

