



## **Advice after scar revision** (page 1 of 2)

A scar revision is performed to improve the appearance of a scar or sometimes to improve the function of a joint which may be restricted by the presence of a large scar.

It is not possible to make a scar completely disappear but the aim is to produce a more aesthetically pleasing appearance.

### **Discomfort**

You may experience some discomfort around the operation site, mild pain killers such as Paracetamol should relieve this. Follow the instructions on the packet.

### **Stitches** (to be completed by Day Surgery Nurse)

### **Wound** (to be completed by Day Surgery Nurse)

The wound should heal about one week after the operation, but for a few days after the operation it will be slightly sore. At first the scar may appear red and raised but this will settle down in 6 to 12 months.

### **Follow up** (to be completed by Day Surgery Nurse)

### **Activity:**

Try not to knock the operated area.

Avoid soaking in the bath or swimming (or washing your hair if the wound is on your head) until the wound is fully healed because may delay normal healing.

Once the wound has completely healed, you can rub some moisturising cream into the scar daily, which often helps the final appearance. (See the information sheet on 'massaging healed wounds').

**Day Surgery Unit (7.30am - 7pm)**  
**01722 336262 ext 4554**

If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: [customer care@salisbury.nhs.uk](mailto:customer care@salisbury.nhs.uk)

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The evidence used in the preparation of this leaflet is available on request. Please email: [patient.information@salisbury.nhs.uk](mailto:patient.information@salisbury.nhs.uk) if you would like a reference list.

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Avoid direct sunlight to your wound for at least a year. Use full sunblock on areas you are unable to protect with clothing.

If you need further advice please see your GP or contact:

Plastic Surgery Outpatients 01722 336262 ext 3246 (9am – 5pm)

Sarum Ward (Children) 01722 336262 ext 2561

Burns & Plastic ward 01722 336262 ext 3507 (Adults)

Day Surgery Unit 01722 336262 ext 4554 (7.30am – 7pm)

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