

How do I contact the service?

Office hours:

Monday - Friday: 9am -5pm

Phone: 01722 425113

Weekend service and Public Holidays

For urgent advice and visits 9am - 5pm

Phone: 01722 425113

After hours:

Salisbury Palliative Care Service offers after hours telephone support service to provide advice on issues that cannot wait till the next working day.

This service is available evenings, weekends and public holidays.

Phone: 01722 425113

Your Community Palliative Care Nurse is:

Salisbury Specialist Palliative Care Services are based at Salisbury Hospice 01722 425113 and supported by Salisbury Hospice Care Trust.



Reg. Charity 1123314
www.salisburyhospicecharity.org.uk

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If you need this information in another language or medium (audio, large print, etc) please contact the Patient Experience Team on 0800 374 208 email: patient.experience@salisbury.nhs.uk.

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

The evidence used in the preparation of this leaflet is available on request. Please email patient.information@salisbury.nhs.uk if you would like a reference list.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

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Community Specialist Palliative Care Team



information



Living well with your illness

What is Palliative Care?

Palliative care recognises the special needs of people living with life limiting disease. Care focuses on comfort and quality of life. We aim to promote personal dignity and independence, respecting cultural and religious practices. Support is available for families and carers.

The Community Palliative Care Service team includes doctors, nurses, family support team, physiotherapists and occupational therapists. The team works closely with your General Practitioner, your hospital team, the community nurses and other community services to ensure you receive optimum care.

Where services are provided?

- Outpatient assessments
- In hospital
- In your home
- Hospice.

Referrals made to Salisbury Palliative Care Service can be made by your GP or your Medical Specialist.

The service aims to help people stay at home and avoid unnecessary admissions to hospital.

If you are finding things difficult or there is a crisis we can talk you through the available options.

We offer specialist support to assist with:

- Assessment and management of troublesome symptoms like pain, nausea and anxiety
- Practical care needs
- Advice on and coordination of equipment required at home
- Advice on specialist medications and information about management and side effects
- Accessing nursing support at home provided by community nurses
- Emotional support for patients, families and care givers
- Changing health needs
- Facilitation of smooth transition between hospital, home and other community services
- Information about loss and grief
- Future care planning
- Information about financial support
- Other health care professionals involved in your care.

Written information

There are many ways of finding out further Information. Be very careful when selecting sources as some may contain inaccurate or misleading information.

Below are some suggested web sites. All sites vary and you may have to search the internet to find the site that answers your particular questions.

www.macmillan.org.uk

www.nhs.uk

www.cancerresearchuk.org

Please remember there is no way of monitoring the accuracy and quality of information on the website.

Please talk to your consultant, GP or Community Palliative Care Team Nurse if you are not sure what to believe. We are happy to discuss any issues with you.