



Advice after squint surgery - Instructions for the first 2 weeks after your surgery (adults)

The eye

The eye may look red and bloodshot after the operation and this can take a week or two to completely settle.

It is normal for the tears to be blood stained for the first few days.

Try not to rub or touch the eye.

When washing your face, avoid the eye area. If necessary bathe the eye with cool boiled water and cotton wool.

You may experience some double vision or other visual distortion at first, this will be checked in the eye clinic at your first post-operative appointment.

If you notice any sudden redness, swelling, loss of sight or intense pain, please contact the hospital immediately.

Activity

- do not swim for 4 weeks
- do not do any strenuous activity such as sport for two weeks
- do not drive within 48 hours of having a general anaesthetic
- you can watch television and read as normal
- it is OK to look and bend down.

Eye drops

You will be given drops to use for two weeks after your operation.

You should use these as prescribed and discard any left in the bottle when finished.

Follow-up appointment

You will be given an appointment to attend the Eye Clinic within the first two weeks of surgery. Please let us know if you are unable to attend so that an alternative appointment can be arranged.

If you need any further advice please contact

Day Surgery Unit on 01722 336262 ext 4550

Eye Clinic on 01722 336262 ext 4327

Or after 7pm the NHS 111 service

If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customercare@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: www.salisbury.nhs.uk/FriendsFamily or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.