



# ***Squint Surgery for Children - Aftercare Advice***

## **The eye**

The eye(s) will look red after the operation but this will quickly settle. There may be some redness around the operated muscles for a few months.

Your child must wear his or her glasses immediately after the operation unless you are told that they should not.

If your child wore a patch before the operation, this should not be worn after the operation. We will let you know at the post-operative appointment if it needs to be worn again.

## **Discomfort**

The stitches used during the operation will dissolve by themselves and do not need to be removed. They may cause some discomfort and irritation in the early days after the operation. If needed, the appropriate dose of Paracetamol usually helps. You can wipe the eye with cooled boiled water and clean cotton wool.

## **When can my child go back to school?**

We suggest that your child has 3 - 5 days off school after the operation.

## **Activity**

To reduce the risk of infection your child should not swim for a month after the operation. Contact sports are best avoided for the first month to prevent accidental injury to the eye.

## **Follow-up appointment**

You will be given an appointment to attend the eye clinic within the first week after surgery. Please let us know if you are unable to attend so that an alternative appointment can be arranged.

If you need further advice please contact

Day Surgery Unit 01722 336262 ext: 4550 between 7.30am and 7pm.

After 7pm please contact Sarum Ward 01722 336262 ext 2560, call your GP or the NHS 111 service (24hrs a day).

If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: [customercare@salisbury.nhs.uk](mailto:customercare@salisbury.nhs.uk)

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: [www.salisbury.nhs.uk/FriendsFamily](http://www.salisbury.nhs.uk/FriendsFamily) or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: [patient.information@salisbury.nhs.uk](mailto:patient.information@salisbury.nhs.uk) if you would like a reference list.