

Advice after Transcervical Resection of the Endometrium (TCRE)

About this operation

This operation is carried out under a general anaesthetic. It involves removing the endometrium (the lining of the womb) resulting in lighter periods. In some women the periods can stop completely.

This procedure can also be used to remove some fibroids.

After the operation

- you may have cramping pain. You can take a mild painkiller such as paracetamol. Please follow the instructions on the packet
- rest for a couple of days then gradually go back to your normal activities, returning to work within 1 week
- you may get vaginal bleeding lasting 2-4 weeks and it should settle after that. Don't use tampons until the blood stained discharge has stopped as this could cause an infection
- you may still see a pinkish/brown/yellow or clear vaginal discharge in the first 2-4 weeks which is common as the womb heals
- you can have sex again as soon as the discharge stops. Do continue contraception as before, unless you are wanting to get pregnant.

Is there anything I should look out for?

Contact your GP if you have one or more of the following:

- heavy bleeding, with or without clots
- increasing pain and/or vomiting
- a smelly discharge
- high temperature or fever.

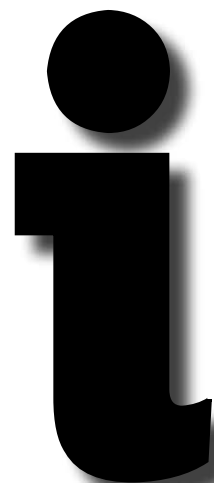
Further advice

If you need further advice after your surgery please contact the Day Surgery Unit between 7.30am and 7pm. After 7pm you can contact NHS 111 or call your own GP.

Follow up

You will be sent a follow up appointment for 6 months time.

Day Surgery Unit
01722 336262 ext 4550



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customercare@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: www.salisbury.nhs.uk/FriendsFamily or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.