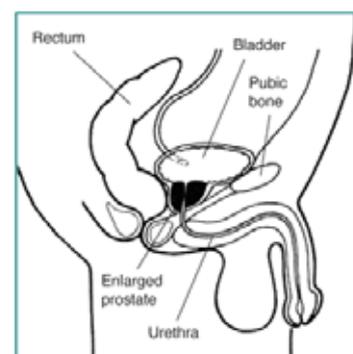


Trans-Rectal Ultrasound and Prostate Biopsies (page 1 of 2)



Why am I having this test?

You are being asked to have this test to investigate the prostate gland. The most common reason for doing this test is because there is a concern that prostate cancer may be present. Your doctor has asked for this test because of a raised PSA (Prostate Specific Antigen) level found in a blood test, or an irregularity felt on examination of the prostate. You will initially have an MRI scan of your pelvis before the biopsy.



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customer care@salisbury.nhs.uk

What does it involve?

The ultrasound scan involves a instrument (probe) being placed in the anus (back passage) where an image of the prostate is produced by the use of sound waves. This examination can be slightly uncomfortable, but should not hurt.

During the scan of the prostate, a needle is passed along the probe and some local anaesthetic is injected around the prostate before the biopsies are taken, this helps to reduce the discomfort felt. As the needle is passed through the back passage to reach the prostate, there is a risk of introducing infection. To reduce this risk you will be given antibiotics to take two hours before the procedure.

The biopsies will then be sent to the pathology department for processing and examination under a microscope. The pathologist will then decide if there is any cancer present, and advise us of the grade and aggressiveness of the cancer.

The biopsies procedure itself will take around 10 minutes, but you should expect to be in the clinic for around half an hour.

You can drive yourself home afterwards although, as you may be a little sore, you may prefer to be driven home.

When will I get the results?

You will receive the results from a Urology Specialist Nurse in the clinic approximately 8-10 days after the procedure. The results will have been

Urology Nurses
01722 336262 Ext. 4866

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: www.salisbury.nhs.uk/FriendsFamily or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.

Name: Daphne Phillips
Role: Urology Specialist Nurse
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discussed by the Urology Multi-Disciplinary Team before the nurse speaks to you, and an outline plan will have been made as to what further tests or investigations may be needed.

What next?

You will be given information about prostate cancer and the possible treatments you may consider. You may be asked to have other tests such as a bone scan or CT (computerised tomography). These tests help the team to decide on the most appropriate form of treatment for you.

We understand that waiting for results may be a very stressful time for you. If you feel you need any further information or support please feel free to contact the Urology Specialist Nurses: Daphne Phillips, Cheryl Daniels and Jonathan Borwell on 01722 336262 Ext 4866.

Useful websites

Prostate Cancer UK

www.prostatecanceruk.org

Helpline 0800 074 8383, lines open Monday - Friday 9 - 5pm, Wednesday 7 - 9pm.

Macmillan Cancer Support

www.macmillan.org.uk

Helpline 0808 808 00 00, lines open Monday to Friday 9am to 8pm.

Cancer Research UK

www.cancerhelp.org.uk

Helpline 0800 226237, lines open Monday - Friday 9am - 5pm.