

Welcome to the Day Surgery Unit

Children and Young People (page 1 of 3)



Please attend at:

On:

Important Please read this leaflet thoroughly. If your child becomes ill or cannot keep this appointment, please let us know as soon as possible so that another child may benefit.

If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customercare@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

If you are unhappy with the advice you have been given by your GP, consultant, or another healthcare professional, you may ask for a second (or further) opinion.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.

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Diet for general anaesthetic:

Morning operation

7.45am admission:

- your child must not eat for 6 hours before the appointment. This includes chewing gum and sweets. We recommend that your child has a drink of water or squash at 7.30 am, but should not eat anything else until after the operation. Your child may be offered a further drink after arrival depending on the timing of their surgery.

Afternoon operation

12.30pm admission.

- your child should have a light breakfast no later than 7.30am. We recommend that your child has a drink of water or squash at 12 noon, but should not eat anything else until after the operation. Your child may be offered a further drink after arrival depending on the timing of their surgery.

General points

- please bath or shower your child the morning of the appointment
- we recommend that an adult as well as the driver accompanies your child home
- a responsible adult must stay with the child for the first 24 - 48 hours after the operation
- public transport is not suitable following day case surgery
- in most cases, hospital transport is not available
- please ensure that your child has removed all jewellery and piercings which should be left at home.

Day Surgery Unit ☎ **01722 336262 ext 4550**
We are open from 7.30am - 7pm

Please bring the following items with you

- any drugs, medicines or inhalers your child is using
- your child's dressing gown, pyjamas or nightdress (please do not bring 'onesies'), slippers and a hand towel
- a favourite toy or book
- nappy changing equipment, if required.

Please help us to help you

- for the safety of the children, we ask that hot drinks are not taken into the children's area. Facilities are available nearby
- if you have other children, try not to bring them with you.

What will happen on the day?

- when you arrive, you will meet the nurses who will care for your child during the day
- you will meet the surgeon and anaesthetist
- you will find you are asked the same questions more than once; this is all part of a careful checking system
- a special cream may be put on the back of your child's hands so that they will not feel the needle for the anaesthetic
- as operating sessions run between 8.30am - 12.30pm and 1.30pm - 5pm, you may have to wait for some time for your child's operation. We aim to operate on children towards the beginning of the theatre lists, however from time to time the order of the operating list may change which can cause delays. The Day Surgery staff will keep you informed as much as possible and the reason for the delay. Please feel free to ask for information at any time
- your child will wake in the recovery area and be taken back to the ward. After about 30 - 45 minutes, most children are ready to sit up and have a drink
- some degree of soreness, drowsiness and tears are to be expected, but home surroundings will be more relaxing and comfortable for your child
- Please make sure that you have painkillers at home - such as paracetamol and ibuprofen.

For 48 hours after your child's appointment

- encourage your child to rest as much as possible
- observe any other special instructions which you are given
- encourage your child to have something to eat when you get home.

Information materials for children and young people

A video showing a child's journey at Salisbury District Hospital (through theatres and Sarum Ward) can be found on this web-link www.starsappeal.org/sarum-childrens-ward

Royal College of Anaesthetists

For further information for children and young people, please visit the website of the Royal College of Anaesthetists (www.rcoa.ac.uk) or use the web-links below:

Rees Bear has an anaesthetic

A story for young children told by a bear who has had a recent anaesthetic. Parents and children can read the story together, learning from the text and illustrations.

www.rcoa.ac.uk/document-store/rees-bear-has-anaesthetic

Davy the Detective – finding out about anaesthetics

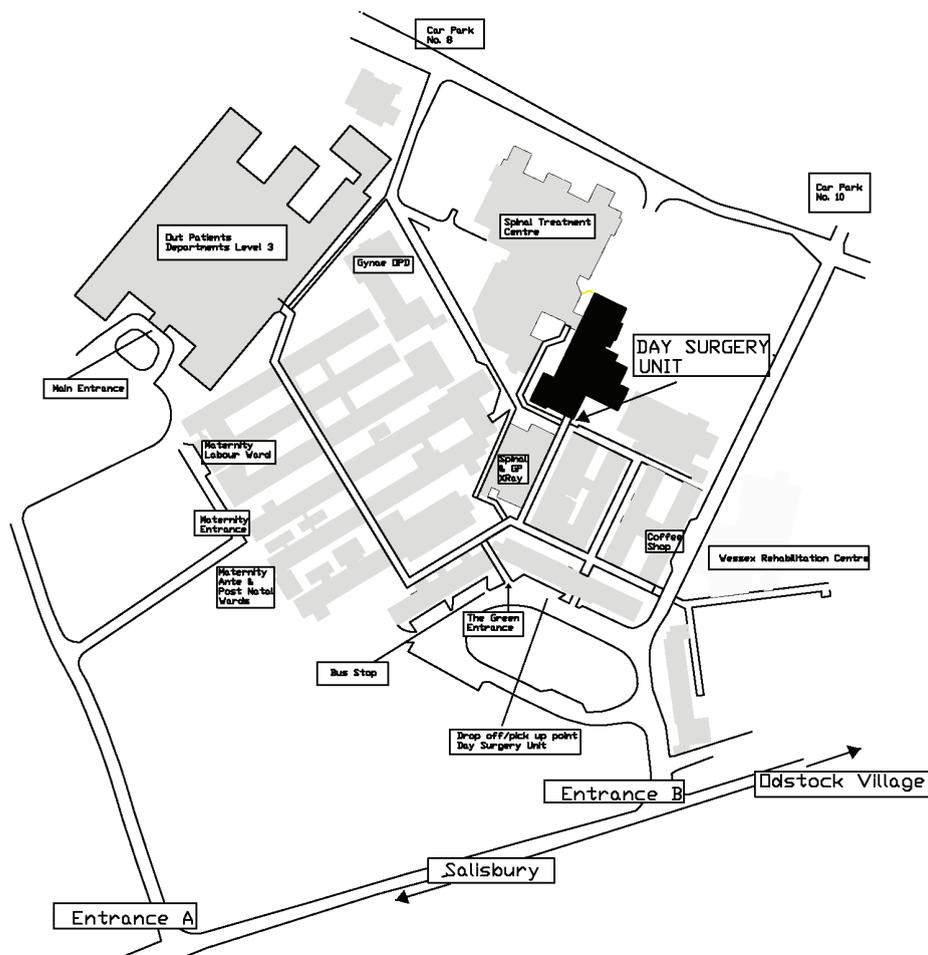
Designed for junior school age children this is a graphic story about a boy determined to find out all he can about anaesthesia before his operation.

www.rcoa.ac.uk/document-store/davy-the-detective-finding-out-about-anaesthetics

General anaesthesia – a brief guide for young people

Factual information for older children and younger adults presented in succinct bullet-point style.

www.rcoa.ac.uk/document-store/general-anaesthesia-brief-guide-young-people



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