



If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: [customercare@salisbury.nhs.uk](mailto:customercare@salisbury.nhs.uk)

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: [www.salisbury.nhs.uk/FriendsFamily](http://www.salisbury.nhs.uk/FriendsFamily) or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: [patient.information@salisbury.nhs.uk](mailto:patient.information@salisbury.nhs.uk) if you would like a reference list.

# Welcome to the Orthotics Department

Your GP or consultant has referred you to the Orthotics Department at Salisbury NHS Foundation Trust. The orthotics team provides support for patients with many different conditions for varying periods of time, from a single appointment to a lifetime of support.

The Orthotics service provides aids which help recovery or help make a patient's life easier. These aids are known as Orthoses and include medical devices such as shoes, insoles and braces/supports that are used to ease pain, to support a body part or to prevent a condition getting worse.

## Examples of Orthotic treatments

- Mr Jones has diabetic foot ulceration. The Orthotics Department made him special inlays which helped reduce the pressure on his feet.
- Mrs Jenkins has one leg shorter than the other. The Orthotics Department adapted her own shoes with a raised base to even out the difference.
- Mrs Smith has mild osteoarthritis in her knee and she does not wish to have surgery. The Orthotics Department gave her a knee support to manage her pain.

## What to expect

Once the department has received and approved your referral, they will contact you to offer you an appointment date.

At your first appointment, the orthotist (a specialist healthcare professional) will assess your condition and after talking to you, will suggest an orthotic treatment.

We may give you a standard device we may take some measurements so a device can be made for you.

You may need to have a follow-up appointment to check that your device fits and is working well. We will organise further appointments if needed.

**Orthotics Department**  
**01722 429175**

# How to find the Orthotics Department

