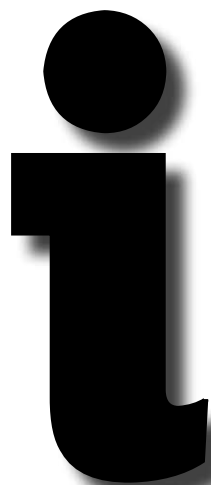


Important Information for Colorectal Follow-Up Patients (page 1 of 2)



Congratulations! Most of you will now have completed your chemotherapy treatment and will be about to start our follow-up program.

The date of your surgery is your anniversary date and we will follow you up for five years from this date, or longer if it is thought to be necessary or if you are part of a trial.

For the first two years we see you three-monthly, alternating with the surgical team. If all is well at this point, we then go to six-monthly appointments, still alternating with the surgical team.

At each appointment, whether you are seeing Oncologists or surgeons, you will need a blood test. This **MUST** be done **AT LEAST 24 HOURS** prior to your outpatient appointment, as the things we are checking for, most notably liver function tests and tumour markers, take this length of time to be processed (this is in contrast to the blood tests that we do prior to your chemotherapy appointments when we are checking for different things that can be done much quicker). The blood test can either be carried out in the path lab at the hospital (no appointment is necessary), or can be at your GP surgery **PROVIDING** that they send their blood tests to Salisbury to be processed. You will need a blood form provided by us, but if you do not have one for any reason you need to phone to request one. If you have your blood test done when you attend for your appointment for a CT scan, please can you have the blood taken **PRIOR** to the scan as you will be injected with dye.

The CT scans of your chest, abdomen and pelvis will also be looked at during the follow up. We do these routinely at years one, two and five unless there is reason to do them more often. CT scans need to be done **TWO WEEKS** prior to your outpatient appointment for the result to be available when we see you. Although we request scans with this interval before your outpatient appointment, sometimes due to emergency work the appointments get squashed together and, if this happens, the results may not be available when we see you in clinic. **IF THERE IS NOT THIS**

If you need your information in another language or medium (audio, large print, etc) please contact Customer Care on 0800 374 208 or send an email to: customercare@salisbury.nhs.uk

You are entitled to a copy of any letter we write about you. Please ask if you want one when you come to the hospital.

Please complete The Friends & Family Test to tell us about your experience at: www.salisbury.nhs.uk/FriendsFamily or download our App from the Apple App store or Google Play Store.

The evidence used in the preparation of this leaflet is available on request. Please email: patient.information@salisbury.nhs.uk if you would like a reference list.

Name: Claire Barrie
Role: MCU Co-ordinator
Date written: January 2018
Review date: January 2021
Version: 1.0
Code: P11488

INTERVAL OF TWO WEEKS BETWEEN SCAN AND OUTPATIENT APPOINTMENT, PLEASE PHONE OUR RECEPTION TEAM ON 01722 336262 EXT 4382 TO REARRANGE YOUR OUTPATIENT APPOINTMENT.

As part of the follow up a colonoscopy will be needed. This is requested by the surgical team usually beginning one year after your surgery. The surgical team will discuss this with you when they see you for follow-up.