Assistance Required

Red Tray









For Ward Use Only -

Assistance Required





	NHS Foundation 1				lation Trust	~	1			NHS Four	ndation Trust			
	Sunday NAMEnch Week 1				NA	ME				Supper V	DESCRIPTION AND PROPERTY.			
Laric		reek i	WARD)	WA	RD				Supper	Week I		
			= Healthy Option Nergy E = Easy Chev			H =					otion V = Veg			
Portic Size	on	Small	☐ M EDIUM ☐	Large		PS	orti ize	on	SMALL	☐ M EDIU	м 🗆 Lar	GE 🗆		
	Ple	ease fill in t	the box next to you	ır choice	like this			Ple	ease fill in t	he box next	to your choice	ce like this		
		Choose o	one of the follo	wing			Choose <u>two</u> of the following							
1 🗆		ange Juic		viiig	♥ VG	1	1							
2 🗆			uliflower Soup in	a Mug	VDEHG	2			ce of Whi		oup iii a iviu	^		
3 🗆	-	Jann or Car	annower boup in	a mag	VDEIIG							VDE		
		Choose	one Main Cou	rse	L	3		211	ce of Bro	wn Bread		♥ VDE		
4 🗆	Ve		& Lentil Stew (V		♥ VDEG	4								
5 🗆			& Yorkshire Puc		DH					one of the	following			
6 🗆			Parsley Sauce	anig	DEH	5		Αp	ople Juice			♥ VG		
7			dar Ploughman's & C	rusty Roll		6		Or	range Juic	e		♥ VG		
8 🗆			Sandwich/Brow	,	DH			Ch	noose <i>one</i> (of the follow	wing plus ve	eq		
9 🗆			d Sandwich/White		(100,000,000)	7			acaroni C		J.	VDEH		
J			Meal - Served on a S		VDH	8		Ch	nilli Con C	arne		♥ DHE		
10 🗆			Parsley Sauce	nan rate	DEH	9			de Salad			VDG		
			wo of the follo	wing	DEH	10			hite Rice					
11 🗆		oad Bean		willig	MVDC					Calad		♥ VDG		
12 🗆		rrots	13		♥ VDG	11			ixed Bean			♥ DG		
13 🗌	Ca	11013			♥ VDEG	12			neese Om			VDEHG		
14 🗆						13	10000000				Beans (Vegai	n) ♥ DGV		
	200	so ana of	the following	plus ar	2).07	14		Tu	ına Mayo	Sandwich/	White	DH		
15 🗆		ashed Pot		pius gra		15		Hu	ımmus Salad	d Sandwich/E	Brown (Vega	n) vo H		
16		ast Potat			VDEG	16		Ha	am Sandw	vich/Brown	1	ΨD		
			.oes		VDG	17		На	am Sandw	vich/White		D		
17 🗌	GI	Chance	and Dossaut Co		VDEG					one Desse				
10 🗆	Do	-	one Dessert Co		I .	18		Δr	-	nble (in sea		VEH		
18 🗌			ıgar Semolina P	uaaing		19	0.000		ustard	ibie (iii see	3011)			
19 🗆			e (in season)		♥ VDG	20				/in sooson'	\	VEG		
20 🗆		uit Jelly	Cu		VEGD		200-0.00			(in season))	♥ VDG		
21 🗆	va	nilla Ice (cream		VDEG	21			uit Jelly			VDEG		
22 🗌					Į	22		Fru	uit Yogur	t		VDEG		
		Choos	e Mid Meal Sna	ıck		-			– Fresh I	Fruit and	Snacks —			
23 🗌	Ch	neese and	Biscuits			F	res	h fr	uit and sr	nacks are a	vailable ar	vtime.		
										sk your wa		. y		
		-												
☐ Ket	chu	р	Mustard 🗌	Mayoni	naise		Ket	chu	ір 🗆	Mustard	☐ Mayo	nnaise		
									Cream 🗆	Vinegar		e Sauce		
	_		Optional —											
			es with a limited r			7	res	h	Local,		To.			
			Omelettes are ava			1	20,1	thi	tions		FOOD BRONZE SERVED LIFE			
please ask the ward team to order for you.						S			local food,	PROTECTED		5 A DAY		
☐ Tie	☐ Tick here to see a member of the Catering Team							hly pi	repared	PROTECTED MEALTIMES	Soil Association	Just Eat More (fruit & veg)		



Assistance Required

NHS Salisbury
NHS Foundation Trust









	Monday NAME													onc	lay leek 1		
_			iet ♥=	Healthy Opt	ion V	= Vegeta	arian			D =	Diab	petic Diet	♥ = He	ealthy Opt	ion V	= Veget	arian
	orti		ngn Ener	gy E = Easy	Chew	G = GIU	ten Free			rtic		otein/High	Energy	E = Easy	Chew	G = Glu	uten Free
	ize	Sh	/ALL	MEDIUM		Large			Siz		on	SMALL		MEDIUM		LARGE	
		Please f	ill in the	box next t	o your	choice	like this				Ple	ease fill in	the b	ox next t	o your	choice	like this
		Cho	ose <u>on</u>	e of the f	ollow	ing						Choose	two	of the f	ollow	/ing	
1		Orange					♥ VG		1			getable				,	♥ VDEG
2		Rich To	mato S	Soup in a	Mug		♥ VDEG	1	2			ce of W			_		VDE
3								3	3		Sli	ce of Br	own	Bread			♥ VDE
				<u>ne</u> Main		e		4	4								
4				Bake (Ve	gan)		♥ VDE					Choose	one	of the f	ollow	/ing	
5		Chicke					♥ DEH		5			ple Juic				3	♥ VG
6 7		Mild B Egg Sa		ry			DHE	(6			ange Ju					♥ VG
8				:h/Brown			♥ VDG					oose <u>one</u>		e follow	ina pl	us vea	
9				vich/Whit	- Δ		V DH	-	7			eat Free					VD
,				eal - Served		all Plate	VDH	8	8			rk and A		-	_	6	DHE
10		Chicke) ii u 5iiii	un i iute	DEH		9	П		ked Bea					♥ VD
	_			of the f	ollow	/ina	DEII		10			rsley Po	KW0000 0	۱5			VDEG
11		Caulifl				9	♥ VDEG		11			rkey Sal		.5			♥ DG
12	2 🗆	Sweet	orn				♥ VDG		12			ain Ome					VDEHG
13		Side Sa	lad				♥ VDG		13			cket Pot		vith Che	020		♥ VDG
14									14			na Sand					D
	Ch			ne follow	ing p	lus gra	ivy		15			neese Sa			'n		_
15		Pilau R					♥ VDG		16			icken M				21470	VDH
16		Parsley	Potato	oes			VDEG		17			icken M					♥ DH
17		Gravy		_	_		VDEG		1 /	ш	CI		177.0	Desser			DH
40	. —			<u>ie</u> Desser	t Cou	rse			18		Dli	um Crun		Dessei	. Cou	rse	l
18		Strawb	erry M	ousse			VEH		19	72 - 1/a				Custors	ı		♥ VHEG
		Eroch /	\nnla (`							educed S	ugar	Custarc	ı		VDEG
20		Fruit Je	28. 5	in season)		♥ VDG	100	20			ghurt	/:	\			VEHG
22		Vanilla	-	aam			VDEG		21 22		LIG	esh Pear	(in s	eason)			VG
~~	- 🗀	variiia	ice cre	carri			VDEG	1	22	Ш							1
		C	hoose I	Mid Meal	Snac	k			_			– Fresh	Frui	t and S	nack	'S	
23	3 🗌		lapjack						Fr	resh	n fr	uit and					time.
														our war		-	
\geq	V20035*						\longrightarrow	!	_			-					
		chup		/lustard		layonr	11.000000000000000000000000000000000000				chu	•		ustard	\square N	1ayonı	naise
\Box	Sala	d Crear	n □ \	/inegar	☐ Ta	artare	Sauce			Sala	d C	ream [☐ Vir	negar	□ Ta	artare	Sauce
				Optional									34.00.00				
			otatoes	with a limi					Fr	esi	h	Local,				09	
	fillings and Omelettes are available, please ask the ward team to order for you.					8	'	7	7.4		tious	:		FOOD FOR LIFE	BRONZE SERVED		
\geq								ppor	ting	local food,	PRO	TECTED LITIMES		150 ciation	5 A DAY Just Eat More		
	Tick here to see a member of the Catering Team							nest	пу рі	repared	MEA	LIIMES	J-111/		(fruit & veg)		
		For Ward Use Only —							_			For War	d Use	Only —			

Red Tray









Assistance Required

Red Tray





	wARD											iesd per W	lay leek 1
D = Diabetic H = High Protein	Diet ♥ = He /High Energy	ealthy Option V E = Easy Chew	/ = Vegeta / G = Glu	arian iten Free	H			oetic Diet otein/High I					
Portion Size	Small	Medium	Large			orti	on	SMALL		MEDIUM		Large	
Please	fill in the b	ox next to you	r choice	like this			PI	ease fill in	the b	oox next to	o your	choice	like this
Ch	oose <u>one</u>	of the follow	ving			Choose <u>two</u> of the following							
1 🗌 Oran	ge Juice		-	♥ VG	1								VDEHG
	room Soup	in a Mug		VDEG	2		Sli	ice of Wh	nite I	Bread			VDE
3 🗆	`h	- N/I - i - C - · · ·			3		Sli	ice of Bro	own	Bread			♥ VDE
	Choose <u>one</u> Main Course Uegetable Ratatouille (Vegan) vog												
	☐ Creamy Chicken & Coriander Stew DE							Choose		of the fo	ollow	ing	
	☐ Honey Glazed Roast Gammon DH							pple Juic					♥ VG
	se Salad			DHG	6			range Ju					♥ VG
8 🗌 Tuna	Mayo San	dwich/Brow	n	DEH		- Servicia		noose <u>one</u>				9	
9 Chees	se Sandwic	h/White		VDH	7			g Cottage		with Che	ese (V	egan)	VDEG
	5.5	- Served on a Sr			8			ottage Pi	e				DHE
	5	& Coriande		DEH	9			de Salad	_				♥ VDG
		of the follo	wing		10			nicken &					♥ DG
	age (in sea d Vegetab			♥ VDEG	11			neese On					VDEHG
13 IVIIXE	a vegetab	ies		♥ VDG	12	SA 37-		cket Potato					DGV
14 🗆					13			ına Mayo					DHG
-	one of the	following p	olus Gra	avv	14			neese San			1		VDH
	ed New P			VD		15 ☐ Ham Sandwich/Brown 16 ☐ Ham Sandwich/White						♥ DH	
16 Parsle	ey Potatoe	es.		♥ VDEG	16	_	Há	am Sandi	wich/	White			DH
17 🗌 Grav	,			VDEG	17	' [CI.					I
		Dessert Cou			140					Dessert		rse	
		Semolina P	udding	VDE				pple Crui	mble	(in seas	on)		VEH
	Satsuma			♥ VDG	100000			ustard					VDH
The same of the sa	la Ice Crea	m		VDEG	20	1 100-00-000		uit Yogh		,			VEG
21 Fruit 22 Fresh	Fruit Sala	٦		VDEG	21			esh Plum	ı (ın	season)			♥ VDG
ZZ 🗀 Fresh	riuit saia	u		♥ VDG	22	2 🗌	Fr	uit Jelly					VE
	Choose M	id Meal Sna	ck					Fresh	Frui	it and S	nack	s	
23 🗌 Hum	mus and C	Cucumber			, 1	Fres	h fr	uit and s	snack	ks are av	ailab	le any	time.
)	-					our war		-)
☐ Ketchup	□Мι	ustard 🔲 I	Vlayonr	naise		Ket	:chu	ar L	ПМ	ustard		layonı	naise
The same of the sa	\Box Salad Cream \Box Vinegar \Box Tartare Sauce $igg $ \Box Salad Cream \Box Vinegar \Box Tartare Sauce $igg $												
	—— Optional ——												
	Potatoes w	ith a limited ra			7	res	h.	Local.	B			09	
		elettes are avail I team to orde			1	Nu	tre	Local, itious			FOOD FOR LIFE	BRONZE	
			-	=		uppo	rting	local food,	PRO	TECTED ALTIMES	Soil 4	ssociation.	Just Eat More
Tick here to see a member of the Catering Team freshly prepared MEALTIN								contribution in the second			(fruit & veg)		

For Ward Use Only -

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Wednesday NAME	WARD WARD Wednesday Supper Week 1
D = Diabetic Diet ♥ = Healthy Option V = Vegetarian H = High Protein/High Energy E = Easy Chew G = Gluten Fro	D = Diabetic Diet ♥ = Healthy Option V = Vegetarian H = High Protein/High Energy E = Easy Chew G = Gluten Free
Portion Small Medium Large	Portion Small Medium Large
■ Please fill in the box next to your choice like th	Please fill in the box next to your choice like this
Choose one of the following Choose one Main Course Choose one Main Course Bean & Vegetable Bake (Vegan) Steamed Fish in Tomato Sauce Beef Lasagne Ham Salad Tuna Sandwich/Brown Cheese Sandwich/White Small Appetite Meal - Served on a Small Plate Choose two of the following Carrots Peas (in season) Choose one of the following plus Gravy Boiled Potatoes Mashed Potatoes Mashed Potatoes Mashed Potatoes Reduced Sugar Rice Pudding Fresh Apple (in season) Fruit Yoghurt Choose Mid Meal Snack	Choose one of the following Apple Juice Choose one of the following plus veg Choose one of the following plus veg VDEG Choose one of the following plus veg VDEG VVG Choose one of the following plus veg VDEG VVG Choose one of the following plus veg VDEG VVG Choose one of the following plus veg VDEG VDEG All Cheese Salad VDEG VDEG VDEG VDEG VDEG VDEG VDEG VDEG
23 Cheese and Biscuits	Fresh fruit and snacks are available anytime. Please ask your ward Nurse
☐ Ketchup ☐ Mustard ☐ Mayonnaise ☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce	☐ Ketchup ☐ Mustard ☐ Mayonnaise ☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you. Tick here to see a member of the Catering Team	7resh. Local, Nutritious Supporting local food, freshly prepared PROTECTED MEALTIMES FOOD BROWNER 5 A DAY Unit & veg) (fruit & veg)

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Red Tray









- For Ward Use Only -

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		h Week 1 WARD		NAME Thursd Supper We								
H =		Diabetic Diet ♥ = Healthy Option V = Vegeta Protein/High Energy E = Easy Chew G = Glu		H=			betic Diet Sotein/High E					
Po	ortic ze		_	Po	orti ze				Medium		Large	=
		Please fill in the box next to your choice	like this			Pl	lease fill in	the bo	ox next to	your	choice	like this
		Choose <u>one</u> of the following				200.10	Choose	two	of the fo	llow	ina	
1		Orange Juice	♥ VG	1								VDEG
2		White Onion Soup in a Mug	♥ VDEG	2			ice of Wh			-		VDE
3				3		Sli	ice of Bro	own E	Bread			♥ VDE
		Choose <u>one</u> Main Course		4								
4		Mild Sweet Potato & Lentil Curry (Vegan)	♥ VDEG				Choose	one c	of the fo	llow	ing	
5		Pork in Mustard Sauce Roast Chicken	DH	5		Ap	pple Juice	е				♥ VG
6		Smoked Mackerel Salad	DEH ♥ D	6		Oi	range Jui	ice				♥ VG
8		Cheese Sandwich/Brown	VDH			Ch	hoose <i>one</i>	of the	e followi	ng pl	us veg	•
9		Ham Sandwich/White	D	7		Ch	neese & Oi	nion (Quiche -	Serve	d Hot	VEH
2720		Small Appetite Meal - Served on a Small Plate		8		W	iltshire Ha	m Pie	in Short	crust	Pastry	DH
10		Roast Chicken	DH	9		Sic	de Salad					♥ VDG
	Ch	oose two of the following plus Gra	avy	10		Ha	am Salad					♥ DG
11		Swede (in season)	♥ VDEG	11		Cł	heese Om	nelett	:e			VDEHG
12		Broccoli	♥ VDGE	12		Jac	cket Potato w	vith Hu	mmus & Pe	ppers ((Vegan)	VDE
13		_		13		Ch	heese San	dwic	h/White			VDEH
14		Gravy	VDEG	14		Нι	ummus Sa	alad :	Sandwid	:h/Br	own	VDH
15		Choose <u>one</u> of the following Aromatic White Rice		15		Нι	ummus S	alad	Sandwi	ch/W	hite	VDH
16		Mashed Potatoes	VDG	16		Ha	am Sand	wich/	Brown			D
17		Roast Potatoes	VDEG VDG	17								
17	ш	Choose <u>one</u> Dessert Course	VDG				Choose	one	Dessert	Cou	rse	
18		Reduced Sugar Semolina Pudding	VDE	18		Et	ton Mess					VEH
19		Fresh Apple (in season)	♥ VDG	19		Cł	hocolate	Mou	sse			VDH
20		Fruit Jelly	VDE	20		Fr	esh Plum	ı (in s	eason)			♥ VDG
21		Vanilla Ice Cream	VDE	21		Fr	ruit Yogh	urt				VEHG
22				22		Re	educed Si	ugar	Yoghur	t		♥ VDEG
		Choose Mid Meal Snack					Eroch	Ermis	t and S	nack		
23	П	Fruit Flapjack		F	resi	h fr	ruit and s					rtime
		are i iapjack		('	1031		Please a				,	cirric.
												$\overline{}$
		chup	1020	12.000	Ket Sala				istard legar		layon artare	naise Sauce
		——— Optional ———			-	,	1 1					_
	1	Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you	ı	1	Nel Ippoi	tre rting	Local, itious local food,	PROT	ECTED JIMES	FOOD FOR LIFE Soil 4	BRONZE SERVED HERE 150 ciation	5 A DAY
(\square	Tic	k here to see a member of the Catering T	eam		ires	шу р	orepared	MEA	LINIES	30m/		(fruit & veg)



Assistance Required







Assistance Required





· · · · · · · · · · · · · · · · · · ·		MISTOURIAGED THIS	
Friday NAME		Supper	day Week 1
WARD)	WARD	THE CR.
D = Diabetic Diet ♥ = Healthy Option V = Vegeta H = High Protein/High Energy E = Easy Chew G = Glu		D = Diabetic Diet ♥ = Healthy Option V = Ver H = High Protein/High Energy E = Easy Chew G =	
Portion SMALL MEDIUM LARGE		Portion Small Medium Lai	RGE 🗆
Please fill in the box next to your choice	like this	■ Please fill in the box next to your cho	ce like this
Choose <u>one</u> of the following	1	Choose <u>two</u> of the following	
1 Orange Juice	♥ VG	1	VDEG
2 Roast Vegetable & Lentil Soup in a Mug	♥ VDEG	2 Slice of White Bread	VDE
3 Chasse and Main Course		3 Slice of Brown Bread	♥ VDE
Choose <u>one</u> Main Course	l was	4 🗆	
4 ☐ Vegetable Sweet & Sour (Vegan)5 ☐ Battered White Fish and Lemon	VDEG	Choose <u>one</u> of the following	
6 Beef & Mushroom Hot Pot	DH	5 🗌 Apple Juice	♥ VG
7 Chicken Caesar Salad	DH ♥ VD	6 □ Orange Juice	♥ VG
8 Tuna Mayonnaise Sandwich/Brown	1000000	Choose <u>one</u> of the following plus v	eg
9 Cheese Sandwich/White	VDH	7 Uegetable Lentil Spaghetti Bolognese (Vega	n) • vde
Small Appetite Meal - Served on a Small Plate		8 Mild Chicken Curry	DHE
10 ☐ Beef & Mushroom Hot Pot	DH	9 White Rice	♥ VDG
Choose <u>two</u> of the following plus Gr		10 ☐ Side Salad	♥ VDG
11 Cauliflower	♥ VDEG	11 Cheese Salad	♥ DG
12 Peas	♥ VDEG	12 Plain Omelette	VDEHG
13 🗆		13 Jacket Potato with Tuna	♥ DG
14 ☐ Gravy	VDEG	14 Tuna Mayonnaise Sandwich/Whit	
Choose <i>one</i> of the following		15 Cheese Sandwich/Brown	VDH
15 Mashed Potatoes	VDEG	16 ☐ Chicken Mayo Sandwich/Brown	
16 Chipped Potatoes	VDH	17 Chicken Mayo Sandwich/White	
17 ☐ Rice	VDG	Choose one Dessert Course	D
Choose <u>one</u> Dessert Course		18 Reduced Sugar Rice Pudding	1 ,,,,,,,,
18 Blackberry & Apple Crumble (in season)	VEH		VDEG
19 Reduced Sugar Custard	VDH	19 ☐ Fresh Apple (in season) 20 ☐ Fresh Banana	♥ VDG
20 ☐ Fresh Pear (in season) 21 ☐ Vanilla Ice Cream	♥ VDG		VDH
22 Fruit Jelly	VDEG	21 Vanilla Ice Cream	VDEG
22 Huit Jelly	VDEG	22 🗆	I.
Choose Mid Meal Snack		Fresh Fruit and Snacks -	
23 Hummus and Cucumber		Fresh fruit and snacks are available a	nytime
		Please ask your ward Nurse	ing cirrie.
		Trease ask year train itaise	
🗌 Ketchup 🔠 Mustard 🗀 Mayoni	naise	☐ Ketchup ☐ Mustard ☐ Mayo	nnaise
☐ Salad Cream ☐ Vinegar ☐ Tartare	Sauce	☐ Salad Cream ☐ Vinegar ☐ Tarta	re Sauce
——— Optional ———			
Jacket Potatoes with a limited range of	Fresh, Local,	v ==	
fillings and Omelettes are available,		Nutritious FOOD BOOKE	
please ask the ward team to order for you	ı	Supporting local food,	Just Eat More
$\ \ \square$ Tick here to see a member of the Catering T	freshly prepared MEALTIMES SON Association	(fruit & veg)	
For Ward Use Only —		For Ward Use Only	



Assistance Required







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NHS Found	dation Trust	NHS Foundation Trust						
Saturday NAME		NAME			The second second			
Lunch Week 1 WARD		WARD		Supper V	veek 1			
D = Diabetic Diet ♥ = Healthy Option V = Veget H = High Protein/High Energy E = Easy Chew G = Glo				ealthy Option V = Vege E = Easy Chew G = Gl				
Portion Small Medium Large		Portio Size	SMALL	Medium 🗌 Larg	E \square			
■ Please fill in the box next to your choice	like this		Please fill in the b	oox next to your choice	e like this			
Choose <u>one</u> of the following			Choose two	of the following				
1 ☐ Orange Juice	♥ VG	1 🗆		Coriander Soup in a Mug	VDEHG			
2 Potato and Leek Soup in a Mug	♥ VDEG		Slice of White B	1 3	VDE			
3 🗆			Slice of Brown		♥ VDE			
Choose <i>one</i> Main Course	2	4	Slice of Brown	bread	₩ VDE			
4 Lentil & Vegetable Stew (Vegan)	♥ DEVG	4 🗆	Chance and	of the following	ı			
5 🗌 Braised Beef with Onion & Beer	DEH		1000 1000 1000 00 DOING TO THE REAL PROPERTY OF THE PROPERTY OF THE REAL PROPERTY OF THE PROPERTY	of the following	I			
6 ☐ White Fish in Parsley Sauce	♥ DEH	53.000	Apple Juice		♥ VG			
7 🗌 Egg & Spinach Salad	VDG	6 🗆	Orange Juice		♥ VG			
8 Ham Sandwich/Brown	D			ne following plus ve	g			
9 🗌 Egg Mayo Sandwich/White	VD	7	Vegetable Cott	age Pie (Vegan)	♥ VDEG			
Small Appetite Meal - Served on a Small Plate		8 🗆	Sweet & Sour C	Chicken	HG			
10 Braised Beef with Onion & Beer	DEH	9 🗆	White Rice		♥ VDG			
Choose <u>two</u> of the following	,	10 □	Side Salad		♥ VDG			
11 Carrots	♥ VDEG	1	Beef Salad		♥ DG			
12 Broad Beans	♥ VDG	100000000000000000000000000000000000000	Cheese Omelet	to.	VDEHG			
13 🗆		200000		aked Beans (Vegan)				
14 🗆					♥ DG			
Choose one of the following plus Gr	avv		Ham Sandwich		D			
15 ☐ Mashed Potatoes	VDEG		Cheese Sandwi		DH			
16 ☐ Boiled Potatoes	VDEG	200.00	Cheese Sandwi		DH			
17 Gravy	VDEG	17 🗌	Egg Mayo Sand	dwich/Brown	♥ VD			
Choose <u>one</u> Dessert Course			Choose <u>one</u>	Dessert Course				
18 ☐ Chocolate Mousse	VEH	18 🗌	Reduced Sugar	Semolina Pudding	VDE			
19 🗆	V-11	19 🗌	Fruit Jelly		VDH			
20 Vanilla Ice Cream	VDEG	20 🗆	Fresh Apple (in	season)	♥ VDG			
21 Fruit Jelly	VDEG	And any street Committee Co.	Reduced Sugar		♥ VDEG			
22 Banana	DEG	22 🗆	aacca saga.					
					1.			
Choose Mid Meal Snack			Fresh Frui	it and Snacks —				
23 Satsuma		Fresh	fruit and snack	ks are available and	vtime.			
	J			our ward Nurse				
			, , , , , , , , , , , , , , , , , , , ,					
	naise	☐ Ketc	hup 🗌 M	ustard Mayon	naise			
☐ Salad Cream ☐ Vinegar ☐ Tartare		The second secon			Sauce			
A distribution of the state of	$\overline{}$		10. 83		=			
Jacket Potatoes with a limited range of	Tonal	lacal a	10					
fillings and Omelettes are available,		Treen	h.Local, tritious	FOOD				
please ask the ward team to order for you	u. <i>)</i>	ru	ritious ing local food,	FOOD BRONZE SERVED LIFE HERE	5 A DAY			
			, PNO	SOI Association	Just Eat More			
Tick here to see a member of the Catering	leam)							
For Ward Use Only —			— For Ward Use	e Only —				









– For Ward Use Only –

Assistance Required

Red Tray





Sunday NAMELunch Week 2			Sunday Supper Week 2							
WARD)	WARDSupper Wo	eek z							
D = Diabetic Diet ♥ = Healthy Option V = Veget H = High Protein/High Energy E = Easy Chew G = Glu		D = Diabetic Diet ♥ = Healthy Option V = Vegeta H = High Protein/High Energy E = Easy Chew G = Glu								
Portion Small Medium Large		Portion Size SMALL MEDIUM LARGE								
■ Please fill in the box next to your choice	like this	■ Please fill in the box next to your choice	like this							
Choose and of the following			=							
Choose <u>one</u> of the following 1 □ Orange Juice	♥ VG	Choose <u>two</u> of the following Butternut, Butterbean & Ginger Soup in a Mug	VDEHG							
2 Pea & Watercress Soup in a Mug	♥ VDEG	2 Slice of White Bread	VDE							
3 🗆		3 Slice of Brown Bread	♥ VDE							
Choose <u>one</u> Main Course		4 \square								
4 Mixed Bean Lasagne (Vegan)	VDE	Choose one of the following								
5 Roast Turkey & Stuffing	DH	5 Apple Juice	♥ VG							
6 ☐ Grilled Sausages 7 ☐ Mixed Bean & Feta Cheese Salad	VDG	6 🗆 Orange Juice	♥ VG							
8 Tuna Mayonnaise Sandwich/Brown	DH	Choose one of the following plus veg								
9	VDH	7 Sweet Potato & Vegetable Bake (Vegan)	VDE							
Small Appetite Meal - Served on a Small Plate		8	DH							
10 🗌 Roast Turkey & Stuffing	DH	9 Parsley Potatoes	VDEG							
Choose <u>two</u> of the following		10 Side Salad	♥ VDG							
11 Cauliflower	♥ VDEG	11 Ham Salad	♥ DG							
12	♥ VDGE	12 ☐ Plain Omelette	VDEHG							
14 🗆		13 Jacket Potato & Tuna	♥ DG							
Choose <u>one</u> of the following plus Gr	avv	14 \(\tau \) Tuna Mayonnaise Sandwich/White	DH							
15 Mashed Potatoes	VDEG	15 Cheese Sandwich/Brown	VDH							
16 ☐ Roast Potatoes	VDG	16 ☐ Chicken Mayo Sandwich/Brown 17 ☐ Chicken Mayo Sandwich/White	ΨD							
17 ☐ Gravy	VDEG		D							
Choose <u>one</u> Dessert Course		Choose <u>one</u> Dessert Course 18 ☐ Strawberry Mousse								
18 Rice Pudding Reduced Sugar	VEHD	19 Fresh Apple (in season)	VDEG ♥ VDG							
19	VEHG ♥ VDEG	20 Fruit Jelly	VDEG							
21 Fresh Pear (in season)	♥ VDG	21 U Vanilla Ice Cream	VDEG							
22 Vanilla Ice Cream	VDEG	22 🗆	VDLG							
	3. Version Asserted 200000									
Choose Mid Meal Snack		Fresh Fruit and Snacks								
23 Cheese and Biscuits		Fresh fruit and snacks are available anyt	ime.							
		Please ask your ward Nurse								
☐ Ketchup ☐ Mustard ☐ Mayon	naise	☐ Ketchup ☐ Mustard ☐ Mayonn	aise							
☐ Salad Cream ☐ Vinegar ☐ Tartare	Sauce	☐ Salad Cream ☐ Vinegar ☐ Tartare	Sauce							
Optional —										
Jacket Potatoes with a limited range of		Fresh. Local.	- Jan 19							
fillings and Omelettes are available, please ask the ward team to order for you	Nutritious FOOD BRONZE	5 A DAY								
		Supporting local food, freshly prepared PROTECTED MEALTIMES Soil Association J	ust Eat More							
 Tick here to see a member of the Catering 1 	ream)									

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Red Tray 🗌









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	1	dation Trust		A	7			NHS Four	dation T	rust		
	h Week 2	1E									ond per W	lay leek 2
		althy Option $V = Veget$ E = Easy Chew G = Gleon) (H=			oiet ♥= H High Energ				
Portio Size	SMALL	Medium 🗌 Large) (orti ize	on Si	MALL	Mediun	и 🗆	Large	
	Please fill in the bo	x next to your choice	like this) (Please	fill in the	box next	to your	choice	like this
	Choose <u>one</u> o	f the following) (Choose <u>two</u> of the following							
1 🗌	Orange Juice		♥ VG		1		Vegeta	ble Sou	o in a Mi	ug		♥ VDEG
2	Cream of Carrot	Soup in a Mug	VDEG		2		Slice o	f White	Bread	0		VDE
3					3	П		f Brown				♥ VDE
	Choose <u>one</u>	Main Course	·		4	\Box						
4	•	om Pasta Bake (Vegan)	VDE				Cho	ose <u>one</u>	of the f	follow	/ina	t.
5	Beef and Vegeta		DEH		5		Apple		or the	011044	mig	♥ VG
6	Sweet & Sour Po		EG		6		Orang					
7	Apple & Chedda		VDHG		U				ho follow	vina nl		♥ VG
8 🗆	Tuna Sandwich/I		♥ D		7			one of t			_	
9 🗆	Egg Mayo Sandy		VDH	÷	7		_	ble Roas			-	
40 🗆		Served on a Small Plate		1	8			Chicken	& Butte	rnut S	quash	DHE
10 🗆	Sweet & Sour Po		EG		9			Potato				♥ VDE
44 🗆		of the following			10	Ш	Side Sa					♥ VDG
11 📙	Green Beans		♥ VDG		11		Tuna S					♥ DG
12 🗆	Carrots		♥ VDEG		12		Cheese	e Omele	tte			VDEHG
13 🗌					13		Jacket	Potato	with Ch	eese		♥ VDG
14 🗌		f-11			14		Tuna S	andwick	n/White			D
		following plus Gr	1		15		Egg M	ayonnai	se Sand	wich/E	3rown	VDH
15 🗌	White Rice Boiled Potatoes		♥ VDG		16		Ham S	andwich	n/Brown			♥ D
16 🗌			♥ VDEG		17		Ham S	andwich	n/White			D
17	Gravy	Dossout Course	VDEG					ose <u>on</u>		t Cou	rse	,
18 🗆	Pear Crumble	Dessert Course	ř		18	П		ed Suga				VDS
19 🗆	N SHOWS WEIGHT STATE	Custord	VH		19			Banana	i scilion	illa i a	ading	Province on the second control
20 🗆	Reduced Sugar (Fresh Plum (in se		VDH		20			Ice Cre	am			♥ VEHG
21 🗆	Fruit Jelly	eason)	♥ VDG		21			late Mo				VDEG
22 🗆	Vanilla Ice Crear	m	VDEG				Choco	iate ivio	usse			♥ VGE
22	variilla ice Crear	11	EVDG		22							I
	Choose Min	d Meal Snack					Er	esh Fru	it and	Snack	· c	
23 🗆	Fruit Flapjack	a Wear Shack		i	F	rest		nd snac				time
25	Trateriapjack					1 631		ase ask y			-	time.
) (1 10	ase ask j	/Oui wa	iu ivui	136	
☐ Keto	chup 🗌 Mu	stard \square Mayon	naise) (Ket	chup	$\sqcap N$	lustard		layonı	naise
		egar 🗌 Tartare) (d Crear		inegar			Sauce
	3							U V				
		th a limited range of) (7		1. 1.	-0			10	_
		th a limited range of ettes are available,			7	resi	h. Loc	ac,		(FOOD	63	
		team to order for you	ı. ,			lu	tritio	is		FOR	BRONZE SERVED HERE	5 A DAY
	le bana t			3(ting local f nly prepare	d PR	OTECTED	Soil 4	ssociation.	Just Eat More	
	k here to see a mem	eam) (st 150 N	-				(iruit & veg)	



Assistance Required











	dation Trust		77		■36%	7534	NHS Foun	dation T	rust			
	Tuesday unch Week 2 WARD				NAME							
	petic Diet ♥ = Healthy Option V = Veger otein/High Energy E = Easy Chew G = Gl		H:			etic Diet tein/High						
Portion Size	Small Medium Largi	E \square		orti ize	on	SMALL		Mediun	и <u></u>	Large		
■ Ple	ease fill in the box next to your choice	e like this		0	Ple	ease fill ir	the b	ox next	to your	choice	like this	
	Choose <u>one</u> of the following					Choose	two	of the 1	follow	/ing		
	range Juice	₩ VG	1			eam of 1					VDEG	
	eam of White Bean & Thyme Soup in a Mug	♥ VDEG	2			ce of W				lug	VDE	
3 🗆	, , ,		3			ce of Br						
	Choose one Main Course	1	15.5		3110	ce or br	OVVII	breau			♥ VDE	
4 🗌 Mi	ixed Bean Casserole (Vegan)	♥ VD	4			CI.		C -1 - 1			ı	
	past Chicken	DH	00-00	1000000		Choose		of the 1	ollow	ring		
	ver and Bacon Casserole	DEH	5		Αp	ple Juic	e				♥ VG	
	neese & Coleslaw Salad	VDG	6		Or	ange Ju	iice				♥ VG	
	nicken Mayo Sandwich/Brown	DH			Ch	oose <u>on</u>	e of th	e follov	ving pl	us veg		
The second secon	neese Sandwich/White	VDH	7		But	ternut Squ	ıash & I	Mushroon	n Bake (Vegan)	VDE	
	nall Appetite Meal - Served on a Small Plate	30	8			nder Por				-	DH	
	ver and Bacon Casserole	DEH	9	$\overline{\Box}$		de Salad		, p p . o o o	90		♥ VDG	
	Choose <u>two</u> of the following	DEN	10			iled Pot						
	veetcorn	₩ VDG	11			ef Salac		•			VD	
	abbage (in season)	8 15.55.55									♥ DG	
13 🗆	ibbage (iii seasoii)	♥ VDEG	12			ain Ome					VDEHG	
14 🗆		1	13			ket Pota			-		♥ DG	
	se <u>one</u> of the following plus Gr	(2)(()	14			icken N					VDH	
	past Potatoes		15		Hu	ımmus S	alad	Sandwi	ch/Bro	wn	VDH	
	ashed Potatoes	VDG	16		Hu	ımmus S	alad	Sandwi	ch/Wh	nite	DHV	
DESCRIPTION 18-1-1-1	ravy	VDEG	17		Ch	eese Sai	ndwid	:h/Brow	'n		VDH	
17 🗀 GI	Choose <u>one</u> Dessert Course	VDEG				Choose	e one	Desser	t Cou	rse		
18 🗌 Sti		1	18		Ric	e Pudd	No. of the last of				VEG	
	icky Toffee Pudding ustard	VEH	- 1			uit Jelly	9				VDEG	
		VDHE	20			um (in s	02601					
	esh Apple (in season)	♥ VDG	72-007-00	12000 11200				•			♥ VDG	
	ruit Yoghurt	VDEG	21			rawberr					DEG	
22 🗌 Re	educed Sugar Yoghurt	DEG	22		Va	nilla Ice	Crea	m			VDEG	
	Choose Mid Meal Snack					Fueels	F	t and s	Cua a al-			
23 □ Hı	ummus and Cucumber				L							
23 L H	ullillus alla Cucullibel		'	-resi	n iri	uit and				,	time.	
						Please	ask y	our wa	ra Nu	rse		
☐ Ketchu	up Mustard Mayon	naico		Kot	chu	n		ustard		lavoni	naico	
		Sauce								layonr		
Jaiau C	lartare	Jauce		Jalo	au C	.i edili	∐ VII	negar	l i	artare	Sauce	
_	Optional —		,	,	1 4							
	cket Potatoes with a limited range of	7	res	h,	Local				05			
	fillings and Omelettes are available, ase ask the ward team to order for yo	n.	1	Nu	tri	tious	6		FOOD FOR	BRONZE SERYED	_#**	
hiea	ask the ward team to order for yo	S	uppoi	rting l	local food,	PRO	TECTED	SOIL	sociation.	Just Eat More		
(□ Tick h	ere to see a member of the Catering		rres	nıy pı	repared	MEA	LTIMES		mandia.	(fruit & veg)		
	For Ward Use Only —		For Ward Use Only									
	, or maid out only	1				. OI WWOII	~ ~36	VIIII				

Red Tray









Assistance Required

Red Tray





Wednesday NAME			Wednesday							
Lunch Week 2 WARD		WARD Supper W	leek 2							
D = Diabetic Diet ♥ = Healthy Option V = Veget H = High Protein/High Energy E = Easy Chew G = Glo	arian uten Free	D = Diabetic Diet ♥ = Healthy Option V = Veget H = High Protein/High Energy E = Easy Chew G = Glo	arian uten Free							
Portion Small Medium Large		Portion Small Medium Large								
■ Please fill in the box next to your choice	like this	■ Please fill in the box next to your choice	like this							
Choose <u>one</u> of the following		Choose <u>two</u> of the following								
1 ☐ Orange Juice	♥VG	1 Sweet Potato & Coconut Soup in a Mug	VDEG							
2	VDEG	2 Slice of White Bread	VDE							
3 🗆		3 ☐ Slice of Brown Bread	♥ VDE							
Choose <u>one</u> Main Course		4 \(\Bar{\sqrt{1}}								
4	♥ VDE	Choose <i>one</i> of the following								
5 Mild Chicken Curry	DH	5 Apple Juice	₩ VG							
6 Poached Fish in Parsley Sauce	DHE	6 Orange Juice	♥ VG							
7 Mixed Bean & Feta Cheese Salad	VDHG	Choose <u>one</u> of the following plus veg	•							
8 Cheese Sandwich/Brown	DHV	7 Uegetable Lasagne (Vegan)	♥ VDE							
9 Egg Mayonnaise Sandwich/White	VDH	8 Grilled Sausages								
Small Appetite Meal - Served on a Small Plate		9 Baked Beans	DH							
10 ☐ Poached Fish in Parsley Sauce Choose <i>two</i> of the following plus Gr	DHE	10 Sauté Potatoes	♥ VD							
11 ☐ Cauliflower		The Control of the Co	♥ D							
12 Mixed Vegetables	VEG ♥ VDG		DHG							
13 Side Salad	♥ VDG	12 Jacket Potato with Coleslaw	♥ DG							
14 Gravy	VDEG	13 Cheese Sandwich/White	DHV							
Choose <u>one</u> of the following	1	14 Egg Mayonnaise Sandwich/Brown	VDH							
15 ☐ White Rice	♥ VDG	15 Ham Sandwich/Brown	♥ D							
16 ☐ Mashed Potatoes	VDEG	16 Ham Sandwich/White	D							
17 Roast Potatoes	VDG	17 🗆								
Choose <u>one</u> Dessert Course		Choose <u>one</u> Dessert Course								
18 Reduced Sugar Rice Pudding	DVEH	18 Eton Mess	VDEG							
19 ☐ Fresh Pear (in season)	♥ VDGG	19 🗆 Fruit Jelly	VDH							
20 🗌 Vanilla Ice Cream	DEG	20 Fresh Apple (in season)	♥ VDG							
21 Fruit Jelly	DEG	21 Vanilla Ice Cream	VDEG							
22 🗆		22 🗆								
Change Mid Mool Speek		Fuel Fusit and Guarde								
Choose Mid Meal Snack 23 ☐ Cheese and Biscuits		Fresh Fruit and Snacks								
23 Cheese and biscuits		Fresh fruit and snacks are available any	time.							
		Please ask your ward Nurse								
☐ Ketchup ☐ Mustard ☐ Mayoni ☐ Salad Cream ☐ Vinegar ☐ Tartare	☐ Ketchup☐ Mustard☐ Mayon☐ Salad Cream☐ Vinegar☐ Tartare									
Optional — Ontional —										
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you	J	Fresh, Local, Nutritious	5 A DAY							
☐ Tick here to see a member of the Catering T	Supporting local food, freshly prepared PROTECTED MEALTIMES Soil Association	Just Eat More (fruit & veg)								
nex here to see a member of the catering i	can									

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Assistance Required



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NH3 Founds	ation irust	/	-	E1346-57	75-4	NH3 Found	ation ir	rust	
Thursday NAME		NAME	Ē				Th	urso	day
Lunch Week 2 WARD		WARE)				Supp	oer W	leek 2
D = Diabetic Diet ♥ = Healthy Option V = Vegeta			- D	iabetic Diet	V – Ha	althy Onti	on V	- Veget:	arian
H = High Protein/High Energy E = Easy Chew G = Glu		H = H	ligh	Protein/High	Energy	E = Easy	Chew	G = Glu	iten Free
Portion SMALL MEDIUM LARGE		Por		SMALL		MEDIUM		Large	
■ Please fill in the box next to your choice	like this			Please fill in	the b	ox next to	o your	choice	like this
Choose <u>one</u> of the following				Choose	two	of the fo	مالام	ina	
1 ☐ Orange Juice	♥ VG	1 [7	Cream of					VDEHG
2 Creamy Carrot & Coriander Soup in a Mug	♥ VDEHG	2		Slice of W			ii a iv	lug	
3 🗆		3		Slice of Br					VDE
Choose <i>one</i> Main Course		4	_	Slice of bi	OVVII	oreau			♥ VDE
4 Uegetable Curry (Vegan)	VDEH	4	_	Chassa		- 4 h - 4.			1
5 🗌 Roast Gammon	DH		_		/	of the fo	MOIIC	ing	1
6 ☐ Cottage Pie	DEH			Apple Juic					♥ VG
7	♥ D	6		Orange Ju					♥ VG
8 🗌 Tuna Sandwich/Brown	D			Choose <u>on</u>				us veg	
9 Cheese Sandwich/White	VDH	7		Vegetable			1)		VH
Small Appetite Meal - Served on a Small Plate		8		Spaghetti	_	gnese			DEH
10 Cottage Pie	DEH	9 [Side Salad	l				♥ VD
Choose <u>two</u> of the following plus Gra	avy	10		Tuna May	onnai	se Salac	k		♥ DG
11 Broccoli (in season)	♥ VDEG	11 [Plain Ome	elette				VDEHG
12 Carrots	♥ VDG	12 [Jacket Pota	to with	Coronat	ion Ch	nicken	DG
13 🗌		13 [Tuna Sano	dwich/	/White			DH
14 Gravy	VDEG	14 [Cheese Sa	ndwid	h/Brow	n		VDH
Choose <u>one</u> of the following		15 [Ham Sand	lwich/	Brown			♥ D
15 Mashed Potatoes	VDEG	16		Ham Sano	lwich/	White			D
16 Roast Potatoes	VDG	17							
17 ☐ Rice	VDG			Choose	one	Dessert	Cou	rse	,
Choose <u>one</u> Dessert Course		18 [7	Semolina			Cou	150	VEH
18 Chocolate Mousse	VEH	19 [Fruit Jelly		119			VDH
19 ☐ Fruit Jelly 20 ☐ Vanilla Ice Cream	VE	20 [Fresh App		cascan			
21 Fresh Satsuma	VEG	21				season)	15.		♥ VDG
22	♥ VDG	7		Fruit Yogh		Vaabuu	_		VEHG
22		22 [Reduced S	bugar	rognur	ι		♥ VDEG
Choose Mid Meal Snack				Fresh	Frui	t and S	nack	(S	
23 Fruit Flapjack		Fre	esh	fruit and					time.
						our war			
🗌 Ketchup 🔠 Mustard 🗎 Mayonr	naise	(□ K	etc	hup	□ Mu	ustard	\square N	layoni	naise
☐ Salad Cream ☐ Vinegar ☐ Tartare	Sauce	U Sa	alad	d Cream	☐ Vir	negar	□ Ta	artare	Sauce
——— Optional ———			50 BY						
Jacket Potatoes with a limited range of	Fre	esh	. Local				09		
fillings and Omelettes are available,		1	1417	r.Local tritious	:		FOOD	BRONZE SERVED	
please ask the ward team to order for you	Sup	porti	ing local food,	PROT	TECTED 3	LIFE	HERE	5 A DAY	
☐ Tick here to see a member of the Catering To	f	resh	ly prepared	MEA	LTIMES	3011A	Tsociation.	Just Eat More (fruit & veg)	
For Ward Use Only —				— For Wa	rd Use	Only —		_	

Red Tray



Assistance Required











			NH5 Founda	tion irust		, /		III1745-5746	SH NI	15 Found	iation II	rust	
	day	NAME			NAM	⁄IЕ						rida	
Lunch Week 2 WARD)	WARD Supper Week 2									
		= Healthy Option \\ nergy E = Easy Chew			H =	D = High	Diab n Pro	etic Diet ¶ otein/High E	= Heal	thy Opti	ion V Chew	= Veget G = Glu	arian uten Free
Portion Size	SMALL	☐ M EDIUM ☐	Large		Po	ortic ze	on	SMALL		1 EDIUM		Large	
P	lease fill in t	he box next to you	ır choice li	ke this			Ple	ease fill in	the box	next to	o your	choice	like this
	Choose o	ne of the follow	wing					Choose 1	two of	the f	ollow	ina	
1 🗆 0	range Juic			⊌ VG	1			eam of S					VDEC
	_	nd Herb Soup in a		VDEG	2			ce of Wh	•		ıııa	iviug	VDEG
3 🗆	egetable all	ia nelo ocap in c	· mag	· VDLG	3								VDE
	Choose	one Main Cou	rse				2110	ce of Bro	own Br	eau			♥ VDE
4 □ Le	4	Ш		CI.									
	☐ Lentil & Aubergine Bake (Vegan) v ☐ Battered White Fish and Lemon D							Choose 4		the to	ollow	ing	ř.
No. 1000					5	Ш		ple Juice					♥ VG
	hicken & B	DH Ø DG	6			ange Jui					♥ VG		
8 🗆 Tu	una Mayon	naise Sandwich	/Brown	DH			Ch	oose <u>one</u>	of the	follow	ing pl	us veg	
		dwich/White		VD	7		Ton	nato & Her	b Cheese	e Pasta	Bake (\	/egan)	VDE
St	mall Appetite	Meal - Served on a Si	mall Plate		8		Mi	ild Beef (Curry				DEH
	teak & Kid			DH	9		Wl	hite Rice					♥ VDG
	Choose t	wo of the follo	wing		10		Sic	de Salad					♥ VG
11 🗌 P	eas		19	♥ VDEG	11		Tu	rkey Sala	ad				♥ DG
12 🗌 Sv	weetcorn			♥ VDG	12	П		ieese Om					VDEHG
13 🗌					13			ket Potato			eans (\	/egan)	♥ VDG
14			1		14	П		icken Ma				-	DH
Choose one of the following plus Gravy								icken Ma	10.00				D
downers se	lashed Pot		1	VDEG	15 16			na Mayor					
16 🗌 C	hipped Po	tatoes		VDH	17			neese San				rince	DH
17 Gravy vDSG						Ш	CH					w.c.o.	VDS
200		one Dessert Co			10		CT.	Choose			Cou	rse	ř
		gar Rice Puddir	ng	VDEG	18			rawberry	vivious	se			VEH
	ruit Yoghu			VEHG	19			uit Jelly					VDEG
		gar Yoghurt	9	♥ VDEG	20	Ш		esh Appl		- 5)		♥ VDG
		in season)	1	♥ VDG	21		Va	nilla Ice	Cream	L			VEG
22 🗌 V	anilla Ice C	Cream		VDEG	22		Ва	inana					VDEG
	_			– Fresh	Fruit	and S	nack	s					
Choose Mid Meal Snack 23 Hummus and Cucumber						resh	n fri	uit and s					time.
								Please a				_	
				\longrightarrow						361 2,420,230	2023 20303030		
☐ Ketchup ☐ Mustard ☐ Mayonnaise						Ket	chu	р] Mus	tard	\square N	1 ayonı	naise
☐ Salad	Cream 🗌	Vinegar 🗌	Tartare S	Sauce		Sala	ad C	Cream [] Vine	gar	□ Ta	artare	Sauce
_		Optional —					,	4					
Ja	Fr	esi	h,	Local, tious	0			05					
fillings and Omelettes are available, please ask the ward team to order for you.						Ru	tri	tious			FOOD	BRONZE	
please ask the ward team to order for you.						ppor	ting l	local food,	PROTEC	TED	Soil 4	sociation	Just Eat More
☐ Tick h	nere to see a	member of the C	atering Te	am		Tresi	niy pi	repared	MEALTI	VIES	30E1/		(fruit & veg)
				For Ward	d Use O	nly —							

Red Tray













	** /		NHS	Foundation Tr	ust	- 17	1	■ 30%	C4824	NHS Four	ndation T	rust	
Saturday NAME					NAME						Saturday Supper Week 2		
		= Healthy Optionergy E = Easy C			ee H			Diabetic Diet Protein/High					
Portion Size	SMALL	☐ M EDIUM		ARGE		Port Size		SMALI	L 🗆	Mediun	м 🗆	Large	
■ Pl	ease fill in t	he box next to	your ch	oice like th	nis		1	Please fill i	n the b	ox next	to your	choice	like this
	Choose <u>o</u>	one of the fo	llowin	g ♥vg			1	Choose				_	
	_	eetcorn Soup	in a N					Curried P Slice of W			III a IVI	ug	VDEHG VDE
3 🗌	Chassa	N-: C			3]	Slice of B	rown l	Bread			♥ VDE
5	egetable S nicken & N ork in Cide	and the second second second	(Vega e	an) ve DH ♥ DEH	5]	Choose Apple Jui Orange Ju	ce	of the	follow	/ing	♥ VG
		d & Coleslav dwich/Browr		VDG	i			Choose or		e follov	wing pl	us veg	
9 🗌 Hu	ummus Sa	ndwich/Whi Meal - Served on	te	DH	7 8			Steakless Sweet & S	-				♥ VDE DEG
10 🗆 Ch	nicken & N	Mushroom Pi <u>wo</u> of the fo	е	DH	9	0 [Side Salad Chicken N		naise S	Salad		♥ VDG ♥ D
11 🗌 Ca	arrots eas (in sea			♥ VDE	i 1 1	1]	Rice Jacket Po Plain Om Egg Mayo	tato w elette	vith Ch	eese		VDG VDG VDEHG
		the following	ng plu	s Gravy		5		Egg May					♥ VD VD
	ashed Pot 'hite Rice	tatoes		VDE ♥ VDG	1	6 [Hummus					DH
51 700 grands 100	ravy	<i>one</i> Dessert	Course	VDE	1	7 [Cheese Sa Choos		ch/Whi Desse		rse	VDH
	educed Su	gar Semolin			:	8 [Chocolate				е	VEHG
	esh Satsui	11-11-11-11-11-11-11-11-11-11-11-11-11-		₩ VDG	. 2	9 [Fresh App Fruit Jelly		seasor	٦)		♥ VDG
	anilla Ice (uit Yoghu			VDE		1		Vanilla lo		m			DEG VDEG
		igar Yoghurt		♥ VDE	'	2		7 4111114 10	0 0,00				1020
Choose Mid Meal Snack 23 Banana						——— Fresh Fruit and Snacks ———— Fresh fruit and snacks are available anytime. Please ask your ward Nurse							
☐ Ketchu ☐ Salad (Mustard Vinegar	ALL STATE OF THE S	yonnaise tare Sauc	e [hup d Cream		ustard negar		/layoni artare	naise Sauce
plea	fillings and ase ask the v	Optional – les with a limit Omelettes are ward team to d	availab order fo	le, r you.		Supp	ul orti	i, Local tritious ing local food, ly prepared	6	TECTED LITIMES	FOOD FOR LIFE Soil	BRONZE SERVED HERE Association	5 A DAY Just Eat More
☐ Tick h	ere to see a	member of th									Sec. 4972.254,0 ²	- Lan - 188990 - CS	(fruit & veg)
For Ward Use Only —								— For Wa	rd Use	Only -			

Red Tray

Assistance Required