



SPRING 2024

NHS Salisbury NHS Foundation Trust

SPRING 2024



NHS Salisbury NHS Foundation Trust



# Children's Menu

# Children's Menu

**Sunday Lunch Week 1** NAME .....  
WARD .....

NAME ..... **Sunday Supper Week 1**  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

■ Please fill in the box next to your choice like this

### Choose if Required

- 1  Cream of Cauliflower Soup in a Mug
- 2  Mixed Bean Casserole (Vegan)
- 3  Roast Beef and Yorkshire Pudding
- 4  Fish Pie in a Parsley Sauce
- 5  Plain Omelette (Free Range)
- 6  Cheddar Ploughmans + Crusty Roll
- 7  Dorset Ham Sandwich/Brown
- 8  Hummus Sandwich/White

### Choose One Main Course

### Choose Two of the following

- 9  Cabbage (in season)
- 10  Carrots (in season)
- 11  Side Salad

### Choose One of the following plus Gravy

- 12  Mashed Potatoes
- 13  Roast Potatoes
- 14  Gravy
- 15

### Choose One Dessert Course

- 16  Reduced Sugar Rice Pudding
- 17  Fresh Satsuma
- 18  Strawberry Mousse
- 19  Vanilla Ice Cream
- 20
- 21
- 22

### Choose Mid Meal Snack

- 23  Cheese and Biscuits

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

### Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

### For Ward Use Only

Red Tray  Assistance Required

### Choose Two of the following

- 1  Cream of Potato & Leek Soup in a Mug
- 2  Slice of White Bread
- 3  Slice of Brown Bread

### Choose One of the following plus veg

- 4  Macaroni Cheese
- 5  Fish Fingers
- 6  Broad Beans
- 7  Dorset Ham Salad
- 8  Cheese Omelette (Free Range)
- 9  Jacket Potato with Baked Beans
- 10  Dorset Ham Sandwich/White
- 11  Hummus Sandwich/Brown (Free Range)
- 12  Cheese Sandwich/White
- 13  Cheese Sandwich/Brown
- 14
- 15

### Choose One Dessert Course

- 16  Jam Tart
- 17  Custard
- 18  Fresh Apple
- 19  Fruit Yoghurt
- 20  Fruit Jelly
- 21
- 22

### Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime. Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

*Fresh, Local, Nutritious*  
Supporting local food, freshly prepared



### For Ward Use Only

Red Tray  Assistance Required



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# Children's Menu

**Monday Lunch Week 1** NAME .....  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose if Required**
- 1  Cream of Tomato Soup in a Mug
- Choose One Main Course**
- 2  Grilled Meat Free Sausage (Vegan)
  - 3  Somerset Chicken Casserole
  - 4  Somerset Mild Beef Curry
  - 5  Fish Fingers
  - 6  Egg Salad (Free Range)
  - 7  Tuna Sandwich/Brown
  - 8  Cheese Sandwich/White
- Choose Two of the following**
- 9  Cauliflower
  - 10  Peas
  - 11  Side Salad
  - 12
- Choose One of the following plus Gravy**
- 13  Mashed Potatoes
  - 14  Parsley Potatoes
  - 15  Gravy
  - 16  Rice
- Choose One Dessert Course**
- 17  Apricot Crumble
  - 18  Reduced Sugar Custard
  - 19  Fresh Pear
  - 20  Vanilla Ice Cream
  - 21  Fruit Jelly
  - 22
- Choose Mid Meal Snack**
- 23  Flapjack

Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

**Optional**  
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

**For Ward Use Only**  
Red Tray  Assistance Required

# Children's Menu

NAME ..... **Monday Supper Week 1**  
WARD .....




**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose Two of the following**
- 1  Vegetable Soup in a Mug
  - 2  Slice of White Bread
  - 3  Slice of Brown Bread
- Choose One of the following plus veg**
- 4  Vegetable Bake (Vegan)
  - 5  Wiltshire Ham Pie in Shortcrust Pastry
  - 6  Baby Carrots
  - 7  Boiled Potatoes
  - 8  Turkey Salad
  - 9  Plain Omelette (Free Range)
  - 10  Jacket Potato with Cheese
  - 11  Tuna Sandwich/White
  - 12  Cheese Sandwich/Brown
  - 13  Chicken Mayo Sandwich/Brown
  - 14  Chicken Mayo Sandwich/White
  - 15
- Choose One Dessert Course**
- 16  Reduced Sugar Rice Pudding
  - 17  Fruit Yoghurt
  - 18  Fresh Banana
  - 19  Fresh Apple
  - 20
  - 21
  - 22
- Fresh Fruit and Snacks**  
Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

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Supporting local food, freshly prepared

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# Children's Menu

**Tuesday Lunch Week 1** NAME .....  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose if Required**
- 1  Cream of Mushroom Soup in a Mug
- Choose One Main Course**
- 2  Vegetable Ratatouille (Vegan)
- 3  Somerset Chicken & Vegetable Stew
- 4  Dorset Honey Roast Gammon
- 5  Cheese Salad
- 6  Hummus Salad Sandwich/Brown (Vegan)
- 7  Cheese Sandwich/White
- 8
- Choose Two of the following**
- 9  Broad Beans
- 10  Sweetcorn
- 11  Side Salad
- Choose One of the following plus Gravy**
- 12  New Potatoes
- 13  Mashed Potatoes
- 14  Gravy
- 15
- Choose One Dessert Course**
- 16  Reduced Sugar Semolina Pudding
- 17  Fruit Yoghurt
- 18  Fresh Fruit Salad
- 19  Fresh Apple
- 20
- 21
- 22
- Choose Mid Meal Snack**
- 23  Hummus and Cucumber

- Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

**For Ward Use Only**

Red Tray     Assistance Required   

# Children's Menu

NAME ..... **Tuesday Supper Week 1**  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose Two of the following**
- 1  Minted Soup in a Mug
- 2  Slice of White Bread
- 3  Slice of Brown Bread
- Choose One of the following plus veg**
- 4  Cheese & Onion Quiche
- 5  Cottage Pie (Somerset)
- 6  Green Beans
- 7  Egg Salad (Free Range)
- 8  Cheese Omelette (Free Range)
- 9  Jacket Potato with Baked Beans
- 10  Hummus Salad Sandwich/White (Vegan)
- 11  Cheese Sandwich/Brown
- 12  Dorset Ham Sandwich/Brown
- 13  Dorset Ham Sandwich/White
- 14
- 15
- Choose One Dessert Course**
- 16  Chocolate Mousse
- 17  Fruit Jelly
- 18  Fresh Plum
- 19  Vanilla Ice Cream
- 20
- 21
- 22
- Fresh Fruit and Snacks**
- Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

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# Children's Menu

**Wednesday Lunch Week 1** NAME .....  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose if Required**
- 1  Broccoli & Stilton Soup in a Mug  
**Choose One Main Course**
- 2  Vegetable Casserole (Vegan)  
3  Liver & Bacon Casserole  
4  Somerset Beef Lasagne  
5  Smoked Mackerel Salad  
6  Tuna Mayonnaise Sandwich/Brown  
7  Cheese Sandwich/White  
8
- Choose Two of the following**
- 9  Carrots (in season)  
10  Green Cabbage  
11  Side Salad
- Choose One of the following plus Gravy**
- 12  Parsley Potatoes  
13  Mashed Potatoes  
14  Gravy  
15
- Choose One Dessert Course**
- 16  Reduced Sugar Rice Pudding  
17  Fruit Jelly  
18  Vanilla Ice Cream  
19  Fresh Banana  
20   
21   
22
- Choose Mid Meal Snack**
- 23  Cheese and Biscuits

- Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

**For Ward Use Only**

Red Tray  Assistance Required

# Children's Menu

NAME ..... **Wednesday Supper Week 1**  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose Two of the following**
- 1  Creamy Leek Soup in a Mug  
2  Slice of White Bread  
3  Slice of Brown Bread  
**Choose One of the following plus veg**
- 4  Cheese, Potato & Leek Bake (Vegan)  
5  Creamy Cajun Chicken Pasta  
6  Mixed Vegetables  
7  Somerset Chicken Salad  
8  Plain Omelette (Free Range)  
9  Jacket Potato with Cheese  
10  Tuna Mayonnaise Sandwich/White  
11  Cheese Sandwich/Brown  
12  Free Range Egg Mayonnaise Sandwich/Brown  
13  Free Range Egg Mayonnaise Sandwich/White  
14   
15
- Choose One Dessert Course**
- 16  Pear Crumble  
17  Reduced Sugar Custard  
18  Fresh Satsuma  
19  Fruit Jelly  
20  Vanilla Ice Cream  
21   
22
- Fresh Fruit and Snacks**
- Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

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Just Eat More (fruit & veg)

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# Children's Menu

# Children's Menu

**Thursday Lunch Week 1** NAME .....  
 WARD .....

NAME ..... **Thursday Supper Week 1**  
 WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

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- Choose if Required**
- 1  White Onion Soup in a Mug
- Choose One Main Course**
- 2  Mild Sweet Potato & Lentil Curry (Vegan)
  - 3  Braised Pork with Peppers in Lemon Sauce
  - 4  Beef and Mushroom Pie
  - 5  Cheese Sandwich/Brown
  - 6  Ham Sandwich/White
  - 7
  - 8
- Choose Two of the following**
- 9  Broad Beans
  - 10  Cauliflower
  - 11  Side Salad
- Choose One of the following plus Gravy**
- 12  Mashed Potatoes
  - 13  Roast Potatoes
  - 14  Gravy
  - 15  Rice
- Choose One Dessert Course**
- 16  Plum Crumble
  - 17  Reduced Sugar Custard
  - 18  Fruit Jelly
  - 19  Fresh Banana
  - 20  Vanilla Ice Cream
  - 21
  - 22
- Choose Mid Meal Snack**
- 23  Flapjack

- Choose Two of the following**
- 1  Vegetable Soup in a Mug
  - 2  Slice of White Bread
  - 3  Slice of Brown Bread
- Choose One of the following plus veg**
- 4  Vegetable Lasagne (Vegan)
  - 5  Grilled Sausages
  - 6  Baked Beans
  - 7  Saute Potatoes
  - 8  Doreset Ham Salad
  - 9  Cheese Omelette (Free Range)
  - 10  Jacket Potato with Baked Beans (Vegan)
  - 11  Cheese Sandwich / White
  - 12  Ham Sandwich Brown
  - 13  Hummus Salad Sandwich / Brown (Vegan)
  - 14  Hummus Salad Sandwich / White (Vegan)
  - 15
- Choose One Dessert Course**
- 16  Semolina Pudding
  - 17  Strawberry Mousse
  - 18  Fresh Pear
  - 19  Reduced Sugar Yoghurt
  - 20
  - 21
  - 22
- Fresh Fruit and Snacks**
- Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse




Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

**Optional**  
 Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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# Children's Menu

# Children's Menu

**Friday Lunch Week 1** NAME .....  
WARD .....

NAME ..... **Friday Supper Week 1**  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

■ Please fill in the box next to your choice like this

### Choose if Required

- 1  Lentil Soup in a Mug
- Choose One Main Course**
- 2  Vegetable Chilli Pasta (Vegan)
- 3  Battered White Fish
- 4  Beef Goulash
- 5  Cheese Salad
- 6  Tuna Mayonnaise Sandwich/Brown
- 7  Cheese Sandwich/White
- 8

### Choose Two of the following

- 9  Sweetcorn
- 10  Peas
- 11  Side Salad

### Choose One of the following plus Gravy

- 12  Mashed Potatoes
- 13  Chipped Potatoes
- 14  Gravy
- 15

### Choose One Dessert Course

- 16  Blackberry & Apple Crumble
- 17  Reduced Sugar Custard
- 18  Vanilla Ice Cream
- 19  Fruit Jelly
- 20  Fresh Banana
- 21
- 22

### Choose Mid Meal Snack

- 23  Hummus and Cucumber

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

### Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

### For Ward Use Only

**Red Tray**  Assistance Required

### Choose Two of the following

- 1  Potato & Watercress Soup in a Mug
- 2  Slice of White Bread
- 3  Slice of Brown Bread

### Choose One of the following plus veg

- 4  Lentil & Aubergine Bake (Vegan)
- 5  Somerset Mild Chicken Curry
- 6  White Rice
- 7  Green Beans
- 8  Turkey Salad (Herts)
- 9  Plain Omelette (Free Range)
- 10  Jacket Potato with Tuna
- 11  Tuna Mayonnaise Sandwich/White
- 12  Cheese Sandwich/Brown
- 13  Chicken Mayo Sandwich/Brown
- 14  Chicken Mayo Sandwich/White
- 15

### Choose One Dessert Course

- 16  Reduced Sugar Rice Pudding
- 17  Fresh Apple
- 18  Fruit Yoghurt
- 19  Vanilla Ice Cream
- 20
- 21
- 22

### Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime. Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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### For Ward Use Only

**Red Tray**  Assistance Required



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# Children's Menu

**Saturday Lunch Week 1** NAME .....  
 WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

### Choose if Required

- 1  Cream Chickpea Soup in a Mug
- Choose One Main Course**
- 2  Vegetable Pasty (Vegan)
- 3  Braised Beef with Onion
- 4  Chicken & Tarragon Stew
- 5  Plain Omelette (Free Range)
- 6  Chicken Mayo Sandwich/Brown
- 7  Free Range Egg Sandwich/White
- 8

### Choose Two of the following

- 9  Swede
- 10  Broccoli
- 11  Side Salad
- 12

### Choose One of the following plus Gravy

- 13  Mashed Potatoes
- 14  Roast Potatoes
- 15  Gravy
- 16

### Choose One Dessert Course

- 17  Apricot Crumble
- 18  Custard
- 19  Fresh Satsuma
- 20  Vanilla Ice Cream
- 21  Fruit Jelly
- 22

### Choose Mid Meal Snack

- 23  Cheese and Biscuits

Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

### Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

### For Ward Use Only

**Red Tray**  Assistance Required

# Children's Menu

**Saturday Supper Week 1** NAME .....  
 WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

### Choose Two of the following

- 1  Cream of Carrot & Coriander Soup in a Mug
- 2  Slice of White Bread
- 3  Slice of Brown Bread
- Choose One of the following plus veg**
- 4  Vegetable Curry (Vegan)
- 5  Cornish Pasty
- 6  Peas
- 7  Rice
- 8  Somerset Beef Salad
- 9  Cheese Omelette (Free Range)
- 10  Jacket Potato with Baked Beans
- 11  Chicken Mayo Sandwich/White
- 12  Egg Sandwich/Brown (Free Range)
- 13  Cheese Sandwich/White
- 14  Cheese Sandwich/Brown
- 15

### Choose One Dessert Course

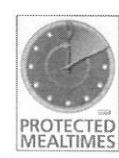
- 16  Reduced Sugar Semolina Pudding
- 17  Fruit Jelly
- 18  Fresh Apple
- 19  Reduced Sugar Fruit Yoghurt
- 20
- 21
- 22

### Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime. Please ask your ward Nurse

Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

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Supporting local food, freshly prepared



### For Ward Use Only

**Red Tray**  Assistance Required



# Children's Menu

**Sunday Lunch Week 2** NAME .....  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

- 1  Pea & Watercress Soup in a Mug
- Choose One Main Course**
- 2  Lentil Bolognese (Vegan)
- 3  Roast Turkey & Stuffing (Herts)
- 4  Dorset Sausage, Onions and Gravy
- 5  Tuna Mayonnaise Sandwich/Brown
- 6  Cheese Sandwich/White
- 7
- 8

**Choose Two of the following**

- 9  Mixed Vegetables
- 10  Cauliflower
- 11  Side Salad
- 12

**Choose One of the following plus Gravy**

- 13  Mashed Potatoes
- 14  Roast Potatoes
- 15  Gravy
- 16

**Choose One Dessert Course**

- 17  Reduced Sugar Rice Pudding
- 18  Fruit Yoghurt
- 19  Vanilla Ice Cream
- 20  Fresh Banana
- 21
- 22

**Choose Mid Meal Snack**

- 23  Flapjack

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

**For Ward Use Only**

Red Tray  Assistance Required

# Children's Menu

NAME ..... **Sunday Supper Week 2**  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

- 1  Cream of Potato & Leek Soup in a Mug
- 2  Slice of White Bread
- 3  Slice of Brown Bread

**Choose One of the following plus veg**

- 4  Vegetable & Mushroom Bake (Vegan)
- 5  Beef & Vegetable Stew
- 6  Potatoes
- 7  Green Beans
- 8  Dorset Ham Salad
- 9  Plain Omelette (Free Range)
- 10  Jacket Potato with Tuna
- 11  Tuna Mayonnaise Sandwich/White
- 12  Cheese Sandwich/Brown
- 13  Ham Sandwich/Brown
- 14  Ham Sandwich/White
- 15

**Choose One Dessert Course**

- 16  Apple Crumble
- 17  Reduced Sugar Custard
- 18  Fruit Jelly
- 19  Vanilla Ice Cream
- 20  Fresh Apple
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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# Children's Menu

**Monday Lunch Week 2** NAME .....  
 WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

### Choose if Required

- 1  Cream of Tomato Soup in a Mug
- Choose One Main Course**
- 2  Leek & Mushroom Hotpot (Vegan)
- 3  Creamy Somerset Chicken Stew
- 4  Sweet & Sour Dorset Pork
- 5  Plain Omelette (Free Range)
- 6  Cheese Sandwich/Brown
- 7  Egg Mayonnaise Sandwich/White (Free Range)
- 8

### Choose Two of the following

- 9  Cabbage (in season)
- 10  Sweetcorn
- 11  Side Salad
- 12

### Choose One of the following plus Gravy

- 13  Mashed Potatoes
- 14  New Potatoes
- 15  White Rice
- 16  Gravy

### Choose One Dessert Course

- 17  Pear Crumble
- 18  Reduced Sugar Custard
- 19  Fresh Pear
- 20  Vanilla Ice Cream
- 21  Fruit Jelly
- 22

### Choose Mid Meal Snack

- 23  Hummus and Cucumber

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

### Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

### For Ward Use Only

**Red Tray**  Assistance Required

# Children's Menu

NAME ..... **Monday Supper Week 2**  
 WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

### Choose Two of the following

- 1  Vegetable Soup in a Mug
- 2  Slice of White Bread
- 3  Slice of Brown Bread

### Choose One of the following plus veg

- 4  Vegetable & Butterbean Casserole (Vegan)
- 5  Minced Beef & Onion Pie in Pastry
- 6  Boiled Potatoes
- 7  Peas
- 8  Tuna Salad
- 9  Cheese Omelette (Free Range)
- 10  Jacket Potato with Cheese
- 11  Cheese Sandwich/White
- 12  Egg Mayo Sandwich/Brown (Free Range)
- 13  Ham Sandwich/Brown
- 14  Ham Sandwich/White
- 15

### Choose One Dessert Course

- 16  Reduced Sugar Semolina Pudding
- 17  Fresh Satsuma
- 18  Fruit Yoghurt
- 19  Reduced Sugar Fruit Yoghurt
- 20
- 21
- 22

### Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime. Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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Supporting local food, freshly prepared



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# Children's Menu

# Children's Menu

**Tuesday Lunch Week 2** NAME .....  
 WARD .....

NAME ..... **Tuesday Supper Week 2**  
 WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

■ Please fill in the box next to your choice like this

### Choose if Required

- 1  Cream of Celery Soup in a Mug
- Choose One Main Course**
- 2  Mixed Bean Casserole (Vegan)
- 3  Chicken and Mushroom Casserole
- 4  Cottage Pie (Somerset Beef)
- 5  Wiltshire Cheese Ploughmans & Crusty Roll
- 6  Tuna Mayonnaise Sandwich/Brown
- 7  Cheese Sandwich/White
- 8

### Choose Two of the following

- 9  Carrots (in season)
- 10  Sprouts
- 11  Side Salad
- 12

### Choose One of the following plus Gravy

- 13  Boiled Potatoes
- 14  Mashed Potatoes
- 15  Gravy
- 16

### Choose One Dessert Course

- 17  Reduced Sugar Baked Rice Pudding
- 18  Vanilla Ice Cream
- 19  Fruity Jelly
- 20  Fresh Banana
- 21
- 22

### Choose Mid Meal Snack

- 23  Cheese and Biscuits

### Choose Two of the following

- 1  Cream of Tomato Soup in a Mug
- 2  Slice of White Bread
- 3  Slice of Brown Bread

### Choose One of the following plus veg

- 4  Mushroom & Vegetable Korma (Vegan)
- 5  Somerset Pork in a Creamy Mustard Sauce
- 6  Broad Beans
- 7  Boiled Potatoes
- 8  Dorset Ham Salad
- 9  Plain Omelette (Free Range)
- 10  Jacket Potato with Tuna
- 11  Tuna Mayonnaise Sandwich/White
- 12  Cheese Sandwich/Brown
- 13  Hummus Salad Sandwich/White
- 14  Hummus Salad Sandwich/Brown
- 15

### Choose One Dessert Course

- 16  Chocolate Mousse
- 17  Fresh Apple
- 18  Fruit Jelly
- 19  Vanilla Ice Cream
- 20
- 21
- 22

### Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

### Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

*Fresh, Local, Nutritious*  
Supporting local food, freshly prepared



### For Ward Use Only

Red Tray  Assistance Required

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SPRING 2024

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# Children's Menu

**Wednesday**  
**Lunch Week 2**

NAME .....  
WARD .....

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

1  Cheesy Leek & Mustard Soup in a Mug

**Choose One Main Course**

- 2  Vegetable & Chickpea Chilli (Vegan)
- 3  Roast Pork
- 4  Fish with Parsley Sauce
- 5  Cheese Sandwich/Brown
- 6  Egg Mayo Sandwich/White (Free Range)
- 7
- 8

**Choose Two of the following**

- 9  Green Beans
- 10  Sweetcorn
- 11  Side Salad
- 12

**Choose One of the following plus Gravy**

- 13  Mashed Potatoes
- 14  Roast Potatoes
- 15  White Rice
- 16  Gravy

**Choose One Dessert Course**

- 17  Reduced Sugar Semolina Pudding
- 18  Fresh Pear
- 19  Vanilla Ice Cream
- 20  Fruit Jelly
- 21
- 22

**Choose Mid Meal Snack**

23  Flapjack

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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# Children's Menu

NAME .....  
WARD .....

**Wednesday**  
**Supper Week 2**

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

- 1  Sweet Potato & Coconut Soup in a Mug
- 2  Slice of White Bread
- 3  Slice of Brown Bread

**Choose One of the following plus veg**

- 4  Vegetable Pasta Cheese Bake (Vegan)
- 5  Somerset Chicken Curry
- 6  Rice
- 7  Peas
- 8  Cheese Salad
- 9  Cheese Omelette (Free Range)
- 10  Jacket Potato with Tuna
- 11  Cheese Sandwich/White
- 12  Egg Mayo Sandwich/Brown (Free Range)
- 13  Chicken Mayo Sandwich/Brown
- 14  Chicken Mayo Sandwich/White
- 15

**Choose One Dessert Course**

- 16  Reduced Sugar Plum Crumble
- 17  Reduced Sugar Custard
- 18  Fresh Apple
- 19  Vanilla Ice Cream
- 20  Fruit Yoghurt
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

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# Children's Menu

**Thursday Lunch Week 2** NAME .....  
 WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

### Choose if Required

- 1  Creamy Carrot & Coriander Soup in a Mug
- Choose One Main Course**
- 2  Vegetable Lasagne (Vegan)
  - 3  Sweet & Sour Somerset Chicken
  - 4  Somerset Beef Stew
  - 5  Tuna Sandwich/Brown
  - 6  Cheese Sandwich/White
  - 7
  - 8

### Choose Two of the following

- 9  Swede
- 10  Mixed Vegetables
- 11  Side Salad
- 12

### Choose One of the following plus Gravy

- 13  Mashed Potatoes
- 14  New Potatoes
- 15  Rice
- 16  Gravy

### Choose One Dessert Course

- 17  Reduced Sugar Rice Pudding
- 18  Fruity Jelly
- 19  Vanilla Ice Cream
- 20  Fresh Satsuma
- 21
- 22

### Choose Mid Meal Snack

- 23  Hummus & Cucumber

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

### Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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# Children's Menu

**Thursday Supper Week 2** NAME .....  
 WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

### Choose Two of the following

- 1  Cream of Celery Soup in a Mug
- 2  Slice of White Bread
- 3  Slice of Brown Bread

### Choose One of the following plus veg

- 4  Steak-less Pasty (Vegan)
- 5  Spaghetti Bolognese (Somerset Beef)
- 6  Broccoli
- 7  Boiled Potatoes
- 8  Chicken Salad
- 9  Plain Omelette (Free Range)
- 10  Jacket Potato with Cheese
- 11  Tuna Sandwich/White
- 12  Cheese Sandwich/Brown
- 13  Ham Sandwich/Brown
- 14  Ham Sandwich/White
- 15

### Choose One Dessert Course

- 16  Apple Crumble
- 17  Reduced Sugar Custard
- 18  Fresh Plum
- 19  Fruit Yoghurt
- 20  Reduced Sugar Yoghurt
- 21
- 22

### Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.  
 Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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# Children's Menu

**Friday Lunch Week 2** NAME .....  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

- 1  Vegetable & Herb Soup in a Mug
- Choose One Main Course**
- 2  Lentil & Aubergine Bake (Vegan)
- 3  Battered White Fish & Lemon
- 4  Somerset Steak & Ale Pie
- 5  Ham Sandwich/Brown
- 6  Cheese Sandwich/White
- 7
- 8

**Choose Two of the following**

- 9  Peas
- 10  Sweetcorn
- 11  Side Salad

**Choose One of the following plus Gravy**

- 12  Mashed Potatoes
- 13  Chipped Potatoes
- 14  Gravy
- 15

**Choose One Dessert Course**

- 16  Reduced Sugar Rice Pudding
- 17  Fruit Yoghurt
- 18  Fresh Banana
- 19  Vanilla Ice Cream
- 20
- 21
- 22

**Choose Mid Meal Snack**

- 23  Flapjack

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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# Children's Menu

NAME ..... **Friday Supper Week 2**  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

- 1  Cream of Spinach Soup in a Mug
- 2  Slice of White Bread
- 3  Slice of Brown Bread

**Choose One of the following plus veg**

- 4  Tomato & Herb Cheese Pasta Bake (Vegan)
- 5  Beef Burger in a Bap
- 6  Chipped Potatoes
- 7  Green Beans
- 8  Turkey Salad (Herts)
- 9  Cheese Omelette (Free Range)
- 10  Jacket Potato with Cream Cheese
- 11  Cheese Sandwich/Brown
- 12  Ham Sandwich/White
- 13  Egg Mayo Sandwich/Brown (Free Range)
- 14  Egg Mayo Sandwich/White (Free Range)
- 15

**Choose One Dessert Course**

- 16  Eton Mess
- 17  Fresh Apple
- 18  Vanilla Ice Cream
- 19  Fruit Jelly
- 20
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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# Children's Menu

**Saturday  
Lunch Week 2**

NAME .....

WARD .....

**Portion  
Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

- 1  Cream of Sweetcorn Soup in a Mug
- Choose One Main Course**
- 2  Butternut Squash & Vegetable Bake (Vegan)
- 3  Somerset Chicken & Mushroom Pie
- 4  Fish Stew
- 5  Cheese Sandwich/Brown
- 6  Chicken Mayo Sandwich/White
- 7
- 8

**Choose Two of the following**

- 9  Carrots (in season)
- 10  Peas
- 11  Side Salad
- 12

**Choose One of the following plus Gravy**

- 13  Mashed Potatoes
- 14  Parsley Potatoes
- 15  Gravy
- 16

**Choose One Dessert Course**

- 17  Apple Crumble
- 18  Reduced Sugar Custard
- 19  Fresh Satsuma
- 20  Vanilla Ice Cream
- 21
- 22

**Choose Mid Meal Snack**

- 23  Hummus and Cucumber

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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# Children's Menu

NAME .....

WARD .....

**Saturday  
Supper Week 2**

**Portion  
Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

- 1  Creamed Parsnip Soup in a Mug
- 2  Slice of White Bread
- 3  Slice of Brown Bread
- Choose One of the following plus veg**
- 4  Mushroom Curry (Vegan)
- 5  Somerset Pork & Red Pepper Stew
- 6  Rice
- 7  Mixed Vegetables
- 8  Tuna Salad
- 9  Plain Omelette (Free Range)
- 10  Jacket Potato with Cheese
- 11  Cheese Sandwich/White
- 12  Chicken Mayo Sandwich/Brown
- 13  Egg Sandwich/Brown (Free Range)
- 14  Egg Sandwich/White (Free Range)
- 15
- 16  Reduced Sugar Semolina Pudding
- 17  Fruit Jelly
- 18  Fresh Apple
- 19  Vanilla Ice Cream
- 20
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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freshly prepared



Just Eat More  
(fruit & veg)

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