#  POOL TIMETABLE FOR SUMMER HOLIDAYS 2025

**Monday 28th JULY TO Sunday 31st AUG - INCLUSIVE**

**MONDAY MAIN POOL LEARNER POOL**

# 0700-0900 Length Swimming Open until 8.30

 **0900-1100 Swimming lessons Swimming lessons**

# 1115-1200 Aquaflex Aquaflex

# 1200-1300 NHS Staff Only Open Session

 **1300-1330 Adults Only Open Session**

# 1330-1500 CLOSED CLOSED

# 1500-1630 Family Funtime Family Funtime

**1700-1815 Adults Only Open Session**

**1815-1900 Deep Aqua Deep Aqua**

 **1900-2030 Open Session Open Session**

# TUESDAY

# 0700-0900 Length Swimming Open until 8.30

 **0900-1000 Swimming Lessons Swimming lessons**

# 1000-1100 Open Session Open Session

 **1100-1200 Starlight Swim Starlight Swim**

# 1200-1300 NHS Staff Only Open Session

# 1300-1500 Adults Only Open Session

# 1500-1630 Family Funtime Family Funtime

**1700-2030 Open Session Open Session**

# WEDNESDAY

# 0700-0900 Length Swimming Open until 8.30

 **0900-1000 Swimming lessons Swimming lessons**

 **1000-1100 Open Session Open Session**

 **1100-1145 Aquaflex Aquaflex**

# 1200-1300 NHS Staff Only Open Session

**1300-1500 Adults Only Open Session**

# 1500-1630 Family Funtime Family Funtime

**1700-1830 Open Session Open Session**

**1830-1915 Aquaflex Aquaflex**

## 1915-2030 Adults Only Open Session

# THURSDAY

# 0700-0900 Length Swimming Open until 8.30

 **0900-1000 Swimming lessons Swimming lessons**

 **1100-1200 Private (Ossies) Private (Ossies)**

# 1200-1300 NHS Staff Only Open Session

**1300-1500 Adults Only Open Session**

# 1500-1630 Family Funtime Family Funtime

**1700-1800 Squad Swim Squad Swim**

**1800-1900 Adults Only Open Session**

**1900-2030 Open Session Open Session**

**FAMILY FUNTIME BOOKINGS ONLY – 01722 425085**

## FRIDAY

# 0700-0900 Length Swimming Open until 8.30

 **0900-1000 Swimming lessons Swimming lessons**

 **1000-1200 Open Session Open Session**

# 1200-1300 NHS Staff Only Open Session

# 1300-1330 Adults Only Open Session

# 1400-1500 Private (Well Being Group) Private (Well Being Group)

 **1500-1630 Family Fun Time Family Fun Time**

**1700-1930 Open Session Open Session**

# 1930-2030 Private (Well Being Group) Private (Well Being Group)

**SATURDAY**

**1000-1100 Adults Only Open Session**

**1115-1245 Family Funtime Family Funtime**

**1315-1415 Pool Party Booking Pool Party Booking**

**1430-1630 Open Session Open Session**

**SUNDAY**

**1000-1100 Adults Only Open Session**

**1115-1245 Family Funtime Family Funtime**

**1315-1415 Pool Party Booking Pool Party Booking**

**1430-1630 Open Session Open Session**

**FAMILY FUNTIME BOOKINGS ONLY – 01722 425085**