

# General Menu

## Codes for better meal choice

**D** = Diabetic Diet   **♥** = Healthy Choice   **V** = Vegetarian  
**H** = High Protein/High Energy   **E** = Easy Chew   **G** = Gluten Free

Available on the ward to enjoy with your meal

Ketchup	Mustard	Mayonnaise
Salad Cream	Vinegar	Tartare Sauce

*Fresh, Local,  
Nutritious*  
Supporting local food,  
freshly prepared



To see a member of the Catering Team please ask.



## Sunday Lunch Week 1

### Choose one of the following

Orange Juice

♥ VG

Cream of Cauliflower Soup in a Mug

VDEHG

### Choose one Main Course

Lentil & Mushroom Curry (Vegan)

♥ VDE

Roast Beef & Yorkshire Pudding

DH

Fish in Parsley Sauce

DEH

Wiltshire Cheddar Ploughman's & Crusty Roll

♥ VD

Hummus Salad Sandwich/Brown (Vegan)

DV

Egg Mayo Sandwich/White

VDH

### Small Appetite - Served on a Small Plate

Fish Pie & Parsley Sauce

DEH

### Choose two of the following

Peas

♥ VDG

Carrots

♥ VDEG

Gravy

VDEG

### Choose one of the following plus Gravy

Mashed Potatoes

VDEG

Roast Potatoes

VDG

Rice

VDG

### Choose one Dessert Course

Reduced Sugar Rice Pudding

VDEG

Fresh Apple (in season)

♥ VDG

Fruit Jelly

VEGD

Vanilla Ice Cream

VDEG

### Choose Mid Meal Snack

Cheese and Biscuits

## Sunday Supper Week 1

### Choose two of the following

Cream of Potato & Leek Soup in a Mug

VDEHG

Slice of White Bread

VD

Slice of Brown Bread

♥ VD

### Choose one of the following

Apple Juice

♥ VG

Orange Juice

♥ VG

### Choose one of the following plus veg

Meat Free Sausage (Vegan)

VDEH

Chilli Con Carne

♥ DHE

Side Salad

VDEG

White Rice

♥ VDG

Ham Salad

♥ DG

Cheese Omelette

VDEHG

Jacket Potato & Tuna Mayo

♥ DG

Hummus Salad Sandwich/White (Vegan)

DV

Egg Mayo Sandwich/Brown

VDH

Ham Sandwich/Brown

♥ D

Ham Sandwich/White

D

### Choose one Dessert Course

Apple Crumble (in season)

VEH

Custard

VEG

Fresh Plum

♥ VDG

Fruit Jelly

VDEG

Fruit Yogurt

VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Monday Lunch Week 1

### Choose one of the following

Orange Juice

♥ VG

Rich Tomato Soup in a Mug

VDEG

### Choose one Main Course

Cheesy Leek Bake (Vegan)

♥ VD

Chicken Casserole

♥ DEH

Mild Beef Curry

DH

Egg Salad

♥ VDG

Tuna Mayo Sandwich/Brown

♥ D

Cheese Sandwich/White

VDH

### Small Appetite - Served on a Small Plate

Chicken Casserole

DE

### Choose two of the following plus Gravy

Cauliflower (in season)

♥ VDEG

Sweetcorn

♥ VDG

Gravy

VDEG

### Choose one of the following

Pilau Rice

♥ VDG

Parsley Potatoes

VDEG

Mashed Potatoes

VDEG

### Choose one Dessert Course

Pear Crumble (in season)

VEH

Reduced Sugar Custard

VDHE

Fresh Apple (in season)

♥ VDG

Fruit Jelly

VDEG

Vanilla Ice Cream

VDEG

### Choose Mid Meal Snack

Flapjack

## Monday Supper Week 1

### Choose two of the following

Vegetable Soup in a Mug

♥ VDEHG

Slice of White Bread

VD

Slice of Brown Bread

♥ VD

### Choose one of the following

Apple Juice

♥ VG

Orange Juice

♥ VG

### Choose one of the following plus veg

Veg Pie topped with Pastry (Vegan)

VD

Pork and Apple Casserole

DHE

Side Salad

♥ VDE

Parsley Potatoes

VDEG

Turkey Salad

♥ DG

Plain Omelette

VDEHG

Jacket Potato with Cheese

♥ VDG

Tuna Mayo Sandwich/White

D

Cheese Sandwich/Brown

VDH

Chicken Mayo Sandwich/Brown

♥ DH

Chicken Mayo Sandwich/White

DH

### Choose one Dessert Course

Strawberry Mousse

♥ VHEG

Vanilla Ice Cream

VDEG

Fruit Yoghurt

VEHG

Fresh Pear (in season)

VG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Tuesday Lunch Week 1

### Choose one of the following

Orange Juice

♥ VG

Mushroom Soup in a Mug

VD EG

### Choose one Main Course

Vegetable Ratatouille (Vegan)

VD G

Creamy Chicken & Coriander Stew

DE H

Honey Glazed Roast Gammon

DH G

Cheese Salad

DH G

Tuna Mayo Sandwich/Brown

DE H

Cheese Sandwich/White

VD H

### Small Appetite - Served on a Small Plate

Creamy Chicken & Coriander Stew

DE H

### Choose two of the following

Cabbage (in season)

♥ VD G

Swede

♥ VD GE

### Choose one of the following plus Gravy

Roasted New Potatoes

VD

Mashed Potatoes

♥ VD EG

Gravy

VD EG

### Choose one Dessert Course

Reduced Sugar Semolina Pudding

VDE

Fresh Satsuma

♥ VD G

Vanilla Ice Cream

VD EG

Fruit Jelly

VD EG

Fresh Fruit Salad

♥ VD G

### Choose Mid Meal Snack

Hummus and Cucumber

## Tuesday Supper Week 1

### Choose two of the following

Minted Pea Soup in a Mug

VDEHG

Slice of White Bread

VD

Slice of Brown Bread

♥ VD

### Choose one of the following

Apple Juice

♥ VG

Orange Juice

♥ VG

### Choose one of the following plus veg

Broccoli Mushroom Pasta (Vegan)

♥ VDE

Cottage Pie

DHE

Side Salad

♥ VD G

Chicken & Bacon Salad

♥ DG

Cheese Omelette

VDEHG

Jacket Potato with Tuna

♥ DG

Tuna Mayo Sandwich/White

DH G

Cheese Sandwich/Brown

VDH

Hummus Salad Sandwich/Brown (Vegan)

♥ DV

Hummus Salad Sandwich/White (Vegan)

DV

### Choose one Dessert Course

Apple Crumble (in season)

VEH

Custard Reduced Sugar

GVDHE

Fruit Yoghurt

VEG

Fresh Plum

♥ VD G

Fruit Jelly

VEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Wednesday Lunch Week 1

### Choose one of the following

Orange Juice  
Broccoli & Stilton Soup in a Mug

♥ VG  
VDEG

### Choose one Main Course

Bean & Vegetable Bake (Vegan)  
Steamed Fish in Parsley Sauce  
Pork in Mild Mustard Sauce  
Tuna Pasta Salad  
Tuna Mayo Sandwich/Brown  
Cheese Sandwich/White

VD  
♥ DEH  
DEH  
♥ D  
DH  
VDH

### Small Appetite - Served on a Small Plate

Steamed Fish in Parsley Sauce

♥ DE

### Choose two of the following

Carrots  
Green Beans

♥ VDEG  
♥ VDG

### Choose one of the following plus Gravy

Boiled Potatoes  
Mashed Potatoes  
Gravy

VDEG  
VDEG  
VDEG

### Choose one Dessert Course

Reduced Sugar Rice Pudding  
Fresh Apple (in season)  
Chocolate Mousse  
Fresh Banana

VDEG  
♥ VDG  
VEG  
DEG

### Choose Mid Meal Snack

Cheese and Biscuits

## Wednesday Supper Week 1

### Choose two of the following

Cream of Tomato Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEG  
VD  
♥ VD

### Choose one of the following

Apple Juice  
Orange Juice

♥ VG  
♥ VG

### Choose one of the following plus veg

Leek & Potato Hot Pot (Vegan)  
Mildly Spiced Tomato Chicken Pasta  
Side Salad  
Mixed Bean Salad  
Plain Omelette  
Jacket Potato with Cheese  
Tuna Mayo Sandwich/White  
Cheese Sandwich/Brown  
Egg Mayo Sandwich/Brown  
Egg Mayo Sandwich/White

♥ VD  
DHE  
♥ VDG  
♥ DGV  
VDEHG  
♥ VDG  
DH  
VDH  
VD  
VD

### Choose one Dessert Course

Pear Crumble (in season)  
Reduced Sugar Custard  
Fruit Jelly  
Vanilla Ice Cream  
Fresh Pear (in season)

VHE  
♥ VDGE  
VDEG  
VDEG  
VDG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Thursday Lunch Week 1

### Choose one of the following

Orange Juice

♥ VG

White Onion Soup in a Mug

♥ VDEG

### Choose one Main Course

Sweet Potato & Lentil Curry (Vegan)

♥ VDE

Roast Pork

DH

Beef Lasagne

DEH

Smoked Mackerel Salad

♥ D

Cheese Sandwich/Brown

VDH

Hummus Salad Sandwich/White (Vegan)

D

### Small Appetite - Served on a Small Plate

Beef Lasagne

DEH

### Choose two of the following plus Gravy

Swede (in season)

♥ VDEG

Peas

♥ VDG

Gravy

VDEG

### Choose one of the following

Aromatic White Rice

VDG

Mashed Potatoes

VDEG

Roast Potatoes

VDG

### Choose one Dessert Course

Reduced Sugar Semolina Pudding

VDE

Fresh Apple (in season)

♥ VDG

Fruit Jelly

VDE

Vanilla Ice Cream

VDE

### Choose Mid Meal Snack

Flapjack

## Thursday Supper Week 1

### Choose two of the following

Creamy Mushroom Soup in a Mug

VDEG

Slice of White Bread

VD

Slice of Brown Bread

♥ VD

### Choose one of the following

Apple Juice

♥ VG

Orange Juice

♥ VG

### Choose one of the following plus veg

Cheese and Onion Quiche

VH

Wiltshire Ham Pie in Shortcrust Pastry

DH

Side Salad

♥ VDEG

Ham Salad

♥ DG

Cheese Omelette

VDEHG

Jacket Potato with Cheese

♥ VDG

Cheese Sandwich/White

VDH

Chicken Mayo Sandwich/Brown

DH

Chicken Mayo Sandwich/White

DH

Hummus Salad Sandwich/Brown (Vegan)

D

### Choose one Dessert Course

Eton Mess

VH

Cheese and Biscuits

DH

Fresh Plum

♥ VDG

Fruit Yoghurt

VEHG

Reduced Sugar Yoghurt

♥ VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Friday Lunch Week 1

### Choose one of the following

Orange Juice VG  
Roast Vegetable & Lentil Soup in a Mug ♥ VDEG

### Choose one Main Course

Lentil & Vegetable Stew (Vegan) ♥ VDE  
Battered White Fish and Lemon ♥ DH  
Beef & Mushroom Hot Pot ♥ DH  
Chicken Caesar Salad ♥ D  
Tuna Mayo Sandwich/Brown ♥ DH  
Cheese Sandwich/White ♥ VDH

### Small Appetite - Served on a Small Plate

Beef & Mushroom Hot Pot ♥ DH

### Choose two of the following

Cauliflower (in season) ♥ VDEG  
Peas ♥ VDEG

### Choose one of the following plus Gravy

Mashed Potatoes ♥ VDEG  
Chipped Potatoes ♥ VDH  
Gravy ♥ VDEG

### Choose one Dessert Course

Blackberry & Apple Crumble (in season) ♥ VEH  
Reduced Sugar Custard ♥ VDHE  
Fresh Pear (in season) ♥ VDG  
Vanilla Ice Cream ♥ VDEG  
Fruit Jelly ♥ VDEG

### Choose Mid Meal Snack

Hummus and Cucumber

## Friday Supper Week 1

### Choose two of the following

Cream of Parsnip Soup in a Mug VDEG  
Slice of White Bread VD  
Slice of Brown Bread ♥ VD

### Choose one of the following

Apple Juice ♥ VG  
Orange Juice ♥ VG

### Choose one of the following plus veg

Vegetable Lentil Spaghetti Bolognese (Vegan) ♥ VDE  
Mild Chicken Curry DHE  
White Rice ♥ VDG  
Side Salad ♥ VDG  
Turkey Salad ♥ DG  
Plain Omelette VDEHG  
Jacket Potato with Tuna ♥ DG  
Tuna Mayo Sandwich/White DH  
Cheese Sandwich/Brown VDH  
Chicken Mayo Sandwich/Brown ♥ D  
Chicken Mayo Sandwich/White D

### Choose one Dessert Course

Reduced Sugar Rice Pudding VDEG  
Fresh Apple (in season) ♥ VDG  
Fresh Banana VDHE  
Vanilla Ice Cream VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Saturday Lunch Week 1

### Choose one of the following

Orange Juice ♥ VG  
Potato and Leek Soup in a Mug ♥ VDEG

### Choose one Main Course

Quorn & Blackbean Noodles (Vegan) ♥ DV  
Braised Beef with Onion & Beer DH  
White Fish in Parsley Sauce ♥ DEH  
Egg & Spinach Salad VDG  
Ham Sandwich/Brown D  
Egg Mayo Sandwich/White VD

### Small Appetite - Served on a Small Plate

Braised Beef with Onion and Beer DH

### Choose two of the following

Carrots ♥ VDEG  
Broad Beans ♥ VDG

### Choose one of the following plus Gravy

Mashed Potatoes VDEG  
Boiled Potatoes VDEG  
Gravy VDEG

### Choose one Dessert Course

Plum Crumble VDEG  
Reduced Sugar Custard ♥ VDEG  
Vanilla Ice Cream VDEG  
Fruit Jelly VDEG  
Banana VDHE

### Choose Mid Meal Snack

Cheese and Biscuits

## Saturday Supper Week 1

### Choose two of the following

Cream of Carrot & Coriander Soup in a Mug VDEHG  
Slice of White Bread VD  
Slice of Brown Bread ♥ VD

### Choose one of the following

Apple Juice ♥ VG  
Orange Juice ♥ VG

### Choose one of the following plus veg

Macaroni Cheese ♥ VDE  
Sweet & Sour Chicken HE  
White Rice ♥ VDG  
Side Salad ♥ VDEG  
Beef Salad ♥ DG  
Cheese Omelette VDEHG  
Jacket Potato with Baked Beans (Vegan) ♥ DG  
Ham Sandwich/White D  
Cheese Sandwich/Brown VDH  
Cheese Sandwich/White VDH  
Egg Sandwich/Brown ♥ VD

### Choose one Dessert Course

Reduced Sugar Semolina Pudding VDE  
Strawberry Mousse VDHE  
Fresh Apple (in season) ♥ VDG  
Reduced Sugar Yoghurt ♥ VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.



## Sunday Lunch Week 2

### Choose one of the following

Orange Juice

♥ VG

Pea & Watercress Soup in a Mug

♥ VDEG

### Choose one Main Course

Vegetable & Chickpea Chilli (Vegan)

VDE

Roast Turkey & Stuffing

DH

Sausage, Onions and Gravy

DH

Mixed Bean & Feta Cheese Salad

VDG

Tuna Mayo Sandwich/Brown

DEH

Cheese Sandwich/White

VDEH

### Small Appetite - Served on a Small Plate

Roast Turkey & Stuffing

DH

### Choose two of the following

Cauliflower (in season)

♥ VDEG

Peas

♥ VDG

### Choose one of the following plus Gravy

Mashed Potatoes

VDG

Roast Potatoes

VDEG

Gravy

VEHG

### Choose one Dessert Course

Reduced Sugar Rice Pudding

VEHG

Fruit Yoghurt

VEHG

Reduced Sugar Yoghurt

♥ VDEG

Fresh Pear (in season)

♥ VDG

Vanilla Ice Cream

VDEG

### Choose Mid Meal Snack

Flapjack

## Sunday Supper Week 2

### Choose two of the following

Butternut, Butterbean & Ginger Soup in a Mug

VDEHG

Slice of White Bread

VD

Slice of Brown Bread

♥ VD

### Choose one of the following

Apple Juice

♥ VG

Orange Juice

♥ VG

### Choose one of the following plus veg

Sweet Potato & Vegetable Bake (Vegan)

VDE

Minced Beef & Onion Pie with Pastry Top

DH

Parsley Potatoes

VDEG

Side Salad

♥ VDG

Ham Salad

♥ DG

Plain Omelette

VDEHG

Jacket Potato & Tuna

♥ DG

Tuna Mayo Sandwich/White

DHE

Cheese Sandwich/Brown

VDHE

Hummus Salad Sandwich/Brown (Vegan)

♥ DV

Hummus Salad Sandwich/White (Vegan)

DV

### Choose one Dessert Course

Lemon Mousse

VDEG

Fruit Jelly

VDEG

Vanilla Ice Cream

VDEG

Fresh Banana

VDH

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Monday Lunch Week 2

### Choose one of the following

Orange Juice  
Cream of Carrot Soup in a Mug

♥ VG  
VDEG

### Choose one Main Course

Vegetable Ratatouille (Vegan)  
Beef and Vegetable Stew  
Sweet & Sour Pork  
Apple & Cheddar Salad  
Tuna Sandwich/Brown  
Egg Mayo Sandwich/White

♥ VD  
DH  
EG  
VDHG  
♥ D  
VDH

### Small Appetite - Served on a Small Plate

Sweet & Sour Pork

EG

### Choose two of the following plus Gravy

Green Beans  
Carrots  
Gravy

♥ VDG  
♥ VDEG  
VDEG

### Choose one of the following

White Rice  
Boiled Potatoes  
Mashed Potatoes

♥ VDG  
♥ VDEG  
VDEG

### Choose one Dessert Course

Pear Crumble (in season)  
Reduced Sugar Custard  
Fresh Plum  
Fruit Jelly  
Vanilla Ice Cream

VHE  
VDHE  
♥ VDG  
VDEG  
EVDG

### Choose Mid Meal Snack

Hummus and Cucumber

## Monday Supper Week 2

### Choose two of the following

Vegetable Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

♥ VDEG  
VD  
♥ VD

### Choose one of the following

Apple Juice  
Orange Juice

♥ VG  
♥ VG

### Choose one of the following plus veg

Courgette & Mushroom Pasta Bake (Vegan)  
Braised Chicken & Butternut Squash  
Boiled Potato  
Side Salad  
Tuna Salad  
Cheese Omelette  
Jacket Potato with Cheese  
Tuna Sandwich/White  
Egg Mayo Sandwich/Brown  
Ham Sandwich/Brown  
Ham Sandwich/White

VDHE  
DHE  
♥ VDE  
♥ VDEG  
♥ DG  
VDEHG  
♥ VDG  
D  
VDH  
♥ D  
D

### Choose one Dessert Course

Reduced Sugar Semolina Pudding  
Fresh Banana  
Vanilla Ice Cream  
Chocolate Mousse

VDSE  
♥ VEHG  
VDEG  
♥ VGE

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Tuesday Lunch Week 2

### Choose one of the following

Orange Juice ♥ VG  
Cream of White Bean & Thyme Soup in a Mug ♥ VDEG

### Choose one Main Course

Mixed Bean Casserole (Vegan) ♥ VDE  
Roast Beef & Yorkshire Pudding DH  
Liver and Bacon Casserole DEH  
Cheese & Coleslaw Salad VDG  
Chicken Mayo Sandwich/Brown DH  
Cheese Sandwich/White VDH

### Small Appetite - Served on a Small Plate

Liver and Bacon Casserole DEH

### Choose two of the following

Sweetcorn ♥ VDG  
Broccoli (in season) ♥ VDEG

### Choose one of the following plus Gravy

Roast Potatoes VDG  
Mashed Potatoes VDEG  
Gravy VDEG

### Choose one Dessert Course

Sticky Toffee Pudding VEH  
Custard VDHE  
Fresh Apple (in season) ♥ VDG  
Fruit Yoghurt VDEG  
Reduced Sugar Yoghurt DEG

### Choose Mid Meal Snack

Cheese and Biscuits

## Tuesday Supper Week 2

### Choose two of the following

Cream of Tomato Soup in a Mug VDEG  
Slice of White Bread VD  
Slice of Brown Bread ♥ VD

### Choose one of the following

Apple Juice ♥ VG  
Orange Juice ♥ VG

### Choose one of the following plus veg

Vegetable & Sweet Potato Bake (Vegan) ♥ VDE  
Tender Pork & Apple Sage Crumble DHE  
Side Salad ♥ VDG  
Boiled Potatoes VDE  
Beef Salad ♥ DG  
Plain Omelette VDEHG  
Jacket Potato with Tuna Mayo ♥ DG  
Chicken Mayo Sandwich/ White VDH  
Tuna Mayo Sandwich/Brown VDH  
Tuna Mayo Sandwich/White ♥ DH  
Cheese Sandwich/Brown VDH

### Choose one Dessert Course


Rice Pudding VEG  
Fruit Jelly VDEG  
Plum ♥ VDG  
Strawberry Mousse DEG  
Vanilla Ice Cream VDEG

## Optional Choice


Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Wednesday Lunch Week 2

### Choose one of the following

Orange Juice  VG  
Cheesy Leek & Mustard Soup in a Mug VDEG

### Choose one Main Course

Vegetable and Mushroom Stew (Vegan)  VDE  
Grilled Pork Chop DH  
Poached Fish in Tomato Sauce DHE  
Mixed Bean & Feta Cheese Salad VDHG  
Cheese Sandwich/Brown DHV  
Egg Mayo Sandwich/White VDH


### Small Appetite - Served on a Small Plate

Poached Fish in Tomato Sauce DHE


### Choose two of the following plus Gravy

Cauliflower (in season) VEG  
Mixed Vegetables VDG  
Side Salad VDG  
Gravy VDEG

### Choose one of the following

White Rice  VDG  
Mashed Potatoes VDEG  
Boiled Potatoes VDEG

### Choose one Dessert Course


Eton Mess VEH  
Fresh Pear (in season)  VDG  
Vanilla Ice Cream DEG  
Fruit Jelly DEG

### Choose Mid Meal Snack



Cheese and Biscuits

## Wednesday Supper Week 2






### Choose two of the following

Sweet Potato & Coconut Soup in a Mug VDEG  
Slice of White Bread VD  
Slice of Brown Bread  VD


### Choose one of the following

Apple Juice  VG  
Orange Juice  VG

### Choose one of the following plus veg

Vegetable Lasagne (Vegan)  VDE  
Grilled Sausages DH  
Baked Beans  VD  
Sauté Potatoes  D  
Ham Salad DHG  
Jacket Potato with Coleslaw  DG  
Cheese Sandwich/White DHV  
Egg Mayo Sandwich/Brown VDH  
Ham Sandwich/Brown  D  
Ham Sandwich/White D

### Choose one Dessert Course

Plum Crumble VDEG  
Custard (Reduced Sugar) VDHE  
Fresh Apple (in season)  VDG  
Vanilla Ice Cream VDEG  
Banana VDH

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Thursday Lunch Week 2

### Choose one of the following

Orange Juice VG  
Creamy Carrot & Coriander Soup in a Mug VDEHG

### Choose one Main Course

Creamy Mushroom & Spinach Pasta (Vegan) ED  
Roast Chicken DH  
Cottage Pie DEH  
Cheese & Broccoli Quiche Salad D  
Hummus Salad Sandwich/Brown (Vegan) D  
Cheese Sandwich/White VDH

### Small Appetite - Served on a Small Plate

Cottage Pie DEH

### Choose two of the following plus Gravy

Cabbage VDG  
Carrots VDGE

### Choose one of the following

Mashed Potatoes VDEG  
Roast Potatoes VDG  
Gravy VDEG

### Choose one Dessert Course

Chocolate Mousse VEHG  
Fruit Jelly VEG  
Vanilla Ice Cream VEG  
Fresh Satsuma VDG

### Choose Mid Meal Snack

Banana

## Thursday Supper Week 2

### Choose two of the following

Cream of Celery Soup in a Mug VDEHG  
Slice of White Bread VD  
Slice of Brown Bread VD

### Choose one of the following

Apple Juice VG  
Orange Juice VG

### Choose one of the following plus veg

Tomato & Herb Pasta Bake (Vegan) VEHD  
Spaghetti Bolognese DEH  
Side Salad VDE  
Tuna Mayo Salad DG  
Plain Omelette VDEHG  
Jacket Potato with Cheese VDG  
Hummus Salad Sandwich/White (Vegan) DH  
Cheese Sandwich/Brown VDH  
Ham Sandwich/Brown D  
Ham Sandwich/White D

### Choose one Dessert Course

Semolina Pudding VEH  
Fruit Jelly VDHE  
Fresh Apple (in season) VDG  
Fruit Yoghurt VEHG  
Reduced Sugar Yoghurt VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Friday Lunch Week 2

### Choose one of the following

Orange Juice VG  
Vegetable and Herb Soup in a Mug VDEG

### Choose one Main Course

Lentil & Aubergine Bake (Vegan) VDHE  
Battered White Fish and Lemon DH  
Steak & Kidney Pie DH  
Chicken & Bacon Salad DG  
Tuna Mayo Sandwich/Brown DH  
Cheese Sandwich/White VD

### Small Appetite - Served on a Small Plate

Steak & Kidney Pie DH

### Choose two of the following

Mushy Peas VDGE  
Sweetcorn VDG

### Choose one of the following plus Gravy

Mashed Potatoes VDEG  
Chipped Potatoes VDH  
Gravy VDSG

### Choose one Dessert Course

Reduced Sugar Rice Pudding DEG  
Fruit Yoghurt VEHG  
Reduced Sugar Yoghurt VDEG  
Fresh Pear (in season) VDG  
Vanilla Ice Cream VDEG

### Choose Mid Meal Snack

Hummus and Cucumber

## Friday Supper Week 2

### Choose two of the following

Cream of Spinach Soup in a Mug VDEG  
Slice of White Bread VD  
Slice of Brown Bread VD

### Choose one of the following

Apple Juice VG  
Orange Juice VG

### Choose one of the following plus veg

Vegetable Pasty (Vegan) VD  
Mild Beef Curry DH  
White Rice VDG  
Side Salad VG  
Turkey Salad DG  
Cheese Omelette VDEHG  
Jacket Potato with Cheese VDG  
Chicken Mayo Sandwich/Brown DH  
Chicken Mayo Sandwich/White D  
Tuna Mayo Sandwich/White DH  
Cheese Sandwich/Brown VDS

### Choose one Dessert Course

Strawberry Mousse VEHG  
Fruit Jelly VDEG  
Fresh Apple (in season) VDG  
Vanilla Ice Cream VEG  
Fresh Banana VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Saturday Lunch Week 2

### Choose one of the following

Orange Juice ♥ VG  
Cream of Sweetcorn Soup in a Mug ♥ VDHG

### Choose one Main Course

Vegetable Sweet & Sour (Vegan) VE  
Chicken & Mushroom Pie DH  
Pork in Cider Sauce ♥ DEH  
Cheese Salad & Coleslaw VDG  
Cheese Sandwich/Brown VDH  
Tuna Mayo Sandwich/White DH

### Small Appetite - Served on a Small Plate

Chicken & Mushroom Pie DH

### Choose two of the following

Broad Beans ♥ VDG  
Cauliflower (in season) ♥ VDEG

### Choose one of the following plus Gravy

Mashed Potatoes VDEG  
White Rice ♥ VDEG  
Gravy VDEG

### Choose one Dessert Course

Chocolate Orange Mousse VDEG  
Fresh Satsuma ♥ VDG  
Vanilla Ice Cream VDEG  
Fruit Yoghurt VEG  
Reduced Sugar Yoghurt ♥ VDEG

### Choose Mid Meal Snack

Flapjack

## Saturday Supper Week 2

### Choose two of the following

Creamed Parsnip Soup in a Mug VDEHG  
Slice of White Bread VD  
Slice of Brown Bread ♥ VD

### Choose one of the following

Apple Juice ♥ VG  
Orange Juice ♥ VG

### Choose one of the following plus veg

Vegetable Moussaka (Vegan) ♥ VDE  
Sweet & Sour Chicken DEG  
Side Salad ♥ VEG  
Rice ♥ VDG  
Chicken Mayo Salad ♥ D  
Plain Omelette VDEHG  
Jacket Potato with Baked Beans ♥ VDG  
Cheese Sandwich/White VDH  
Egg Mayo Sandwich/Brown ♥ VD  
Egg Mayo Sandwich/White VD  
Tuna Mayo Sandwich/Brown DH

### Choose one Dessert Course

Reduced Sugar Semolina VEH  
Fresh Apple (in season) ♥ VDG  
Fruit Jelly DEGV  
Vanilla Ice Cream VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.