

# General Menu

Codes for better meal choice

**D** = Diabetic Diet   **♥** = Healthy Choice   **V** = Vegetarian  
**H** = High Protein/High Energy   **E** = Easy Chew   **G** = Gluten Free

Available on the ward to enjoy with your meal

Ketchup	Mustard	Mayonnaise
Salad Cream	Vinegar	Tartare Sauce

*Fresh, Local,  
Nutritious*  
Supporting local food,  
freshly prepared



To see a member of the Catering Team please ask.

## Sunday Lunch Week 1

### Choose one of the following

Orange Juice  
Cream of Cauliflower Soup in a Mug

VG  
VDEHG

### Choose one Main Course

Lentil & Mushroom Curry (Vegan)  
Roast Beef & Yorkshire Pudding  
Fish in Parsley Sauce  
Wiltshire Cheddar Ploughman's & Crusty Roll  
Hummus Salad Sandwich/Brown (Vegan)  
Egg Mayo Sandwich/White

VDE  
DH  
DEH  
VD  
DV  
VDH

### Small Appetite - Served on a Small Plate

Fish Pie & Parsley Sauce

DEH

### Choose two of the following

Peas  
Carrots  
Gravy

VDG  
VDEG  
VDEG

### Choose one of the following plus Gravy

Mashed Potatoes  
Roast Potatoes  
Rice

VDEG  
VDG  
VDG

### Choose one Dessert Course

Reduced Sugar Rice Pudding  
Fresh Apple (in season)  
Fruit Jelly  
Vanilla Ice Cream

VDEG  
VDG  
VEGD  
VDEG

### Choose Mid Meal Snack

Cheese and Biscuits

## Sunday Supper Week 1

### Choose two of the following

Cream of Potato & Leek Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEHG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Meat Free Sausage (Vegan)  
Chilli Con Carne  
Side Salad  
White Rice  
Ham Salad  
Cheese Omelette  
Jacket Potato & Tuna Mayo  
Hummus Salad Sandwich/White (Vegan)  
Egg Mayo Sandwich/Brown  
Ham Sandwich/Brown  
Ham Sandwich/White

VDEH  
DHE  
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VDG  
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VDEHG  
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D

### Choose one Dessert Course

Apple Crumble (in season)  
Custard  
Fresh Plum  
Fruit Jelly  
Fruit Yogurt

VEH  
VEG  
VDG  
VDEG  
VDEG

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Monday Lunch Week 1

### Choose one of the following

Orange Juice  
Rich Tomato Soup in a Mug

VG  
VDEG

### Choose one Main Course

Cheesy Leek Bake (Vegan)  
Chicken Casserole  
Mild Beef Curry  
Egg Salad  
Tuna Mayo Sandwich/Brown  
Cheese Sandwich/White

VD  
DEH  
DH  
VDG  
D  
VDH

### Small Appetite - Served on a Small Plate

Chicken Casserole

DE

### Choose two of the following plus Gravy

Cauliflower (in season)  
Sweetcorn  
Gravy

VDEG  
VDG  
VDEG

### Choose one of the following

Pilau Rice  
Parsley Potatoes  
Mashed Potatoes

VDG  
VDEG  
VDEG

### Choose one Dessert Course

Pear Crumble (in season)  
Reduced Sugar Custard  
Fresh Apple (in season)  
Fruit Jelly  
Vanilla Ice Cream

VEH  
VDHE  
VDG  
VDEG  
VDEG

### Choose Mid Meal Snack

Flapjack

## Monday Supper Week 1

### Choose two of the following

Vegetable Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEHG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Veg Pie topped with Pastry (Vegan)  
Pork and Apple Casserole  
Side Salad  
Parsley Potatoes  
Turkey Salad  
Plain Omelette  
Jacket Potato with Cheese  
Tuna Mayo Sandwich/White  
Cheese Sandwich/Brown  
Chicken Mayo Sandwich/Brown  
Chicken Mayo Sandwich/White

VD  
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VDEHG  
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DH

### Choose one Dessert Course

Strawberry Mousse  
Vanilla Ice Cream  
Fruit Yoghurt  
Fresh Pear (in season)

VHEG  
VDEG  
VEHG  
VG

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Tuesday Lunch Week 1

### Choose one of the following

Orange Juice  
Mushroom Soup in a Mug

VG  
VDEG

### Choose one Main Course

Vegetable Ratatouille (Vegan)  
Creamy Chicken & Coriander Stew  
Honey Glazed Roast Gammon  
Cheese Salad  
Tuna Mayo Sandwich/Brown  
Cheese Sandwich/White

VDG  
DEH  
DHG  
DHG  
DEH  
VDH

### Small Appetite - Served on a Small Plate

Creamy Chicken & Coriander Stew

DEH

### Choose two of the following

Cabbage (in season)  
Swede

VDG  
VDGE

### Choose one of the following plus Gravy

Roasted New Potatoes  
Mashed Potatoes  
Gravy

VD  
VDEG  
VDEG

### Choose one Dessert Course

Reduced Sugar Semolina Pudding  
Fresh Satsuma  
Vanilla Ice Cream  
Fruit Jelly  
Fresh Fruit Salad

VDE  
VDG  
VDEG  
VDEG  
VDG

### Choose Mid Meal Snack

Hummus and Cucumber

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Tuesday Supper Week 1

### Choose two of the following

Minted Pea Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEHG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Broccoli Mushroom Pasta (Vegan)  
Cottage Pie  
Side Salad  
Chicken & Bacon Salad  
Cheese Omelette  
Jacket Potato with Tuna  
Tuna Mayo Sandwich/White  
Cheese Sandwich/Brown  
Hummus Salad Sandwich/Brown (Vegan)  
Hummus Salad Sandwich/White (Vegan)

VDE  
DHE  
VDG  
DG  
VDEHG  
DG  
DHG  
VDH  
DV  
DV

### Choose one Dessert Course

Apple Crumble (in season)  
Custard Reduced Sugar  
Fruit Yoghurt  
Fresh Plum  
Fruit Jelly

VEH  
GVDHE  
VEG  
VDG  
VEG

## Wednesday Lunch Week 1

### Choose one of the following

Orange Juice  
Broccoli & Stilton Soup in a Mug

VG  
VDEG

### Choose one Main Course

Bean & Vegetable Bake (Vegan)  
Steamed Fish in Parsley Sauce  
Pork in Mild Mustard Sauce  
Tuna Pasta Salad  
Tuna Mayo Sandwich/Brown  
Cheese Sandwich/White

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DEH  
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DH  
VDH

### Small Appetite - Served on a Small Plate

Steamed Fish in Parsley Sauce

DE

### Choose two of the following

Carrots  
Green Beans

VDEG  
VDG

### Choose one of the following plus Gravy

Boiled Potatoes  
Mashed Potatoes  
Gravy

VDEG  
VDEG  
VDEG

### Choose one Dessert Course

Reduced Sugar Rice Pudding  
Fresh Apple (in season)  
Chocolate Mousse  
Fresh Banana

VDEG  
VDG  
VEG  
DEG

### Choose Mid Meal Snack

Cheese and Biscuits

## Wednesday Supper Week 1

### Choose two of the following

Cream of Tomato Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Leek & Potato Hot Pot (Vegan)  
Mildly Spiced Tomato Chicken Pasta  
Side Salad  
Mixed Bean Salad  
Plain Omelette  
Jacket Potato with Cheese  
Tuna Mayo Sandwich/White  
Cheese Sandwich/Brown  
Egg Mayo Sandwich/Brown  
Egg Mayo Sandwich/White

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VDEHG  
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VD

### Choose one Dessert Course

Pear Crumble (in season)  
Reduced Sugar Custard  
Fruit Jelly  
Vanilla Ice Cream  
Fresh Pear (in season)

VHE  
VDGE  
VDEG  
VDEG  
VDG

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Thursday Lunch Week 1

### Choose one of the following

Orange Juice  
White Onion Soup in a Mug

VG  
VDEG

### Choose one Main Course

Sweet Potato & Lentil Curry (Vegan)  
Roast Pork  
Beef Lasagne  
Smoked Mackerel Salad  
Cheese Sandwich/Brown  
Hummus Salad Sandwich/White (Vegan)

VDE  
DH  
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### Small Appetite - Served on a Small Plate

Beef Lasagne

DEH

### Choose two of the following plus Gravy

Swede (in season)  
Peas  
Gravy

VDEG  
VDG  
VDEG

### Choose one of the following

Aromatic White Rice  
Mashed Potatoes  
Roast Potatoes

VDG  
VDEG  
VDG

### Choose one Dessert Course

Reduced Sugar Semolina Pudding  
Fresh Apple (in season)  
Fruit Jelly  
Vanilla Ice Cream

VDE  
VDG  
VDE  
VDE

### Choose Mid Meal Snack

Flapjack

## Thursday Supper Week 1

### Choose two of the following

Creamy Mushroom Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Cheese and Onion Quiche  
Wiltshire Ham Pie in Shortcrust Pastry  
Side Salad  
Ham Salad  
Cheese Omelette  
Jacket Potato with Cheese  
Cheese Sandwich/White  
Chicken Mayo Sandwich/Brown  
Chicken Mayo Sandwich/White  
Hummus Salad Sandwich/Brown (Vegan)

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### Choose one Dessert Course

Eton Mess  
Cheese and Biscuits  
Fresh Plum  
Fruit Yoghurt  
Reduced Sugar Yoghurt

VH  
DH  
VDG  
VEHG  
VDEG

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Friday Lunch Week 1

### Choose one of the following

Orange Juice  
Roast Vegetable & Lentil Soup in a Mug

VG  
♥ VDEG

### Choose one Main Course

Lentil & Vegetable Stew (Vegan)  
Battered White Fish and Lemon  
Beef & Mushroom Hot Pot  
Chicken Caesar Salad  
Tuna Mayo Sandwich/Brown  
Cheese Sandwich/White

♥ VDE  
♥ DH  
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♥ DH  
♥ VDH

### Small Appetite - Served on a Small Plate

Beef & Mushroom Hot Pot

♥ DH

### Choose two of the following

Cauliflower (in season)  
Peas

♥ VDEG  
♥ VDEG

### Choose one of the following plus Gravy

Mashed Potatoes  
Chipped Potatoes  
Gravy

♥ VDEG  
♥ VDH  
♥ VDEG

### Choose one Dessert Course

Blackberry & Apple Crumble (in season)  
Reduced Sugar Custard  
Fresh Pear (in season)  
Vanilla Ice Cream  
Fruit Jelly

♥ VEH  
♥ VDH  
♥ VDG  
♥ VDEG  
♥ VDEG

### Choose Mid Meal Snack

Hummus and Cucumber

## Friday Supper Week 1

### Choose two of the following

Cream of Parsnip Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEG  
VD  
♥ VD

### Choose one of the following

Apple Juice  
Orange Juice

♥ VG  
♥ VG

### Choose one of the following plus veg

Vegetable Lentil Spaghetti Bolognese (Vegan)  
Mild Chicken Curry  
White Rice  
Side Salad  
Turkey Salad  
Plain Omelette  
Jacket Potato with Tuna  
Tuna Mayo Sandwich/White  
Cheese Sandwich/Brown  
Chicken Mayo Sandwich/Brown  
Chicken Mayo Sandwich/White

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### Choose one Dessert Course

Reduced Sugar Rice Pudding  
Fresh Apple (in season)  
Fresh Banana  
Vanilla Ice Cream

VDEG  
♥ VDG  
VDHE  
VDEG

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Saturday Lunch Week 1

### Choose one of the following

Orange Juice  
Potato and Leek Soup in a Mug

VG  
VDEG

### Choose one Main Course

Quorn & Blackbean Noodles (Vegan)  
Braised Beef with Onion & Beer  
White Fish in Parsley Sauce  
Egg & Spinach Salad  
Ham Sandwich/Brown  
Egg Mayo Sandwich/White

DV  
DH  
DEH  
VDG  
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VD

### Small Appetite - Served on a Small Plate

Braised Beef with Onion and Beer

DH

### Choose two of the following

Carrots  
Broad Beans

VDEG  
VDG

### Choose one of the following plus Gravy

Mashed Potatoes  
Boiled Potatoes  
Gravy

VDEG  
VDEG  
VDEG

### Choose one Dessert Course

Plum Crumble  
Reduced Sugar Custard  
Vanilla Ice Cream  
Fruit Jelly  
Banana

VDEG  
VDEG  
VDEG  
VDEG  
VDHE

### Choose Mid Meal Snack

Cheese and Biscuits

## Saturday Supper Week 1

### Choose two of the following

Cream of Carrot & Coriander Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEHG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Macaroni Cheese  
Sweet & Sour Chicken  
White Rice  
Side Salad  
Beef Salad  
Cheese Omelette  
Jacket Potato with Baked Beans (Vegan)  
Ham Sandwich/White  
Cheese Sandwich/Brown  
Cheese Sandwich/White  
Egg Sandwich/Brown

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VDH  
VD

### Choose one Dessert Course

Reduced Sugar Semolina Pudding  
Strawberry Mousse  
Fresh Apple (in season)  
Reduced Sugar Yoghurt

VDE  
VDHE  
VDG  
VDEG

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Sunday Lunch Week 2

### Choose one of the following

Orange Juice  
Pea & Watercress Soup in a Mug

VG  
VDEG

### Choose one Main Course

Vegetable & Chickpea Chilli (Vegan)  
Roast Turkey & Stuffing  
Sausage, Onions and Gravy  
Mixed Bean & Feta Cheese Salad  
Tuna Mayo Sandwich/Brown  
Cheese Sandwich/White

VDE  
DH  
DH  
VDG  
DEH  
VDEH

### Small Appetite - Served on a Small Plate

Roast Turkey & Stuffing

DH

### Choose two of the following

Cauliflower (in season)  
Peas

VDEG  
VDG

### Choose one of the following plus Gravy

Mashed Potatoes  
Roast Potatoes  
Gravy

VDG  
VDEG  
VEHG

### Choose one Dessert Course

Reduced Sugar Rice Pudding  
Fruit Yoghurt  
Reduced Sugar Yoghurt  
Fresh Pear (in season)  
Vanilla Ice Cream

VEHG  
VEHG  
VDEG  
VDG  
VDEG

### Choose Mid Meal Snack

Flapjack

## Sunday Supper Week 2

### Choose two of the following

Butternut, Butterbean & Ginger Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEHG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Sweet Potato & Vegetable Bake (Vegan)  
Minced Beef & Onion Pie with Pastry Top  
Parsley Potatoes  
Side Salad  
Ham Salad  
Plain Omelette  
Jacket Potato & Tuna  
Tuna Mayo Sandwich/White  
Cheese Sandwich/Brown  
Hummus Salad Sandwich/Brown (Vegan)  
Hummus Salad Sandwich/White (Vegan)

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### Choose one Dessert Course

Lemon Mousse  
Fruit Jelly  
Vanilla Ice Cream  
Fresh Banana

VDEG  
VDEG  
VDEG  
VDH

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Monday Lunch Week 2

### Choose one of the following

Orange Juice  
Cream of Carrot Soup in a Mug

VG  
VDEG

### Choose one Main Course

Vegetable Ratatouille (Vegan)  
Beef and Vegetable Stew  
Sweet & Sour Pork  
Apple & Cheddar Salad  
Tuna Sandwich/Brown  
Egg Mayo Sandwich/White

VD  
DH  
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VDHG  
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VDH

### Small Appetite - Served on a Small Plate

Sweet & Sour Pork

EG

### Choose two of the following plus Gravy

Green Beans  
Carrots  
Gravy

VDG  
VDEG  
VDEG

### Choose one of the following

White Rice  
Boiled Potatoes  
Mashed Potatoes

VDG  
VDEG  
VDEG

### Choose one Dessert Course

Pear Crumble (in season)  
Reduced Sugar Custard  
Fresh Plum  
Fruit Jelly  
Vanilla Ice Cream

VHE  
VDHE  
VDG  
VDEG  
EVDG

### Choose Mid Meal Snack

Hummus and Cucumber

## Monday Supper Week 2

### Choose two of the following

Vegetable Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Courgette & Mushroom Pasta Bake (Vegan)  
Braised Chicken & Butternut Squash  
Boiled Potato  
Side Salad  
Tuna Salad  
Cheese Omelette  
Jacket Potato with Cheese  
Tuna Sandwich/White  
Egg Mayo Sandwich/Brown  
Ham Sandwich/Brown  
Ham Sandwich/White

VDHE  
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VDE  
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### Choose one Dessert Course

Reduced Sugar Semolina Pudding  
Fresh Banana  
Vanilla Ice Cream  
Chocolate Mousse

VDSE  
VEHG  
VDEG  
VGE

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Tuesday Lunch Week 2

### Choose one of the following

Orange Juice  
Cream of White Bean & Thyme Soup in a Mug

VG  
VDEG

### Choose one Main Course

Mixed Bean Casserole (Vegan)  
Roast Beef & Yorkshire Pudding  
Liver and Bacon Casserole  
Cheese & Coleslaw Salad  
Chicken Mayo Sandwich/Brown  
Cheese Sandwich/White

VDE  
DH  
DEH  
VDG  
DH  
VDH

### Small Appetite - Served on a Small Plate

Liver and Bacon Casserole

DEH

### Choose two of the following

Sweetcorn  
Broccoli (in season)

VDG  
VDEG

### Choose one of the following plus Gravy

Roast Potatoes  
Mashed Potatoes  
Gravy

VDG  
VDEG  
VDEG

### Choose one Dessert Course

Sticky Toffee Pudding  
Custard  
Fresh Apple (in season)  
Fruit Yoghurt  
Reduced Sugar Yoghurt

VEH  
VDHE  
VDG  
VDEG  
DEG

### Choose Mid Meal Snack

Cheese and Biscuits

## Tuesday Supper Week 2

### Choose two of the following

Cream of Tomato Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Vegetable & Sweet Potato Bake (Vegan)  
Tender Pork & Apple Sage Crumble  
Side Salad  
Boiled Potatoes  
Beef Salad  
Plain Omelette  
Jacket Potato with Tuna Mayo  
Chicken Mayo Sandwich/ White  
Tuna Mayo Sandwich/Brown  
Tuna Mayo Sandwich/White  
Cheese Sandwich/Brown

VDE  
DHE  
VDG  
VDE  
DG  
VDEHG  
DG  
VDH  
VDH  
DH  
VDH

### Choose one Dessert Course

Rice Pudding  
Fruit Jelly  
Plum  
Strawberry Mousse  
Vanilla Ice Cream

VEG  
VDEG  
VDG  
DEG  
VDEG

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Wednesday Lunch Week 2

### Choose one of the following

Orange Juice  
Cheesy Leek & Mustard Soup in a Mug

VG  
VDEG

### Choose one Main Course

Vegetable and Mushroom Stew (Vegan)  
Grilled Pork Chop  
Poached Fish in Tomato Sauce  
Mixed Bean & Feta Cheese Salad  
Cheese Sandwich/Brown  
Egg Mayo Sandwich/White

VDE  
DH  
DHE  
VDHG  
DHV  
VDH

### Small Appetite - Served on a Small Plate

Poached Fish in Tomato Sauce

DHE

### Choose two of the following plus Gravy

Cauliflower (in season)  
Mixed Vegetables  
Side Salad  
Gravy

VEG  
VDG  
VDG  
VDEG

### Choose one of the following

White Rice  
Mashed Potatoes  
Boiled Potatoes

VDG  
VDEG  
VDGE

### Choose one Dessert Course

Eton Mess  
Fresh Pear (in season)  
Vanilla Ice Cream  
Fruit Jelly

VEH  
VDG  
DEG  
DEG

### Choose Mid Meal Snack

Cheese and Biscuits

## Wednesday Supper Week 2

### Choose two of the following

Sweet Potato & Coconut Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Vegetable Lasagne (Vegan)  
Grilled Sausages  
Baked Beans  
Sauté Potatoes  
Ham Salad  
Jacket Potato with Coleslaw  
Cheese Sandwich/White  
Egg Mayo Sandwich/Brown  
Ham Sandwich/Brown  
Ham Sandwich/White

VDE  
DH  
VD  
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DHG  
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VDH  
D  
D

### Choose one Dessert Course

Plum Crumble  
Custard (Reduced Sugar)  
Fresh Apple (in season)  
Vanilla Ice Cream  
Banana

VDEG  
VDHE  
VDG  
VDEG  
VDH

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Thursday Lunch Week 2

### Choose one of the following

Orange Juice VG  
Creamy Carrot & Coriander Soup in a Mug VDEHG

### Choose one Main Course

Creamy Mushroom & Spinach Pasta (Vegan)  
Roast Chicken  
Cottage Pie  
Cheese & Broccoli Quiche Salad  
Hummus Salad Sandwich/Brown (Vegan)  
Cheese Sandwich/White

ED

DH

DEH

D

D

VDH

DEH

### Small Appetite - Served on a Small Plate

Cottage Pie

### Choose two of the following plus Gravy

Cabbage VDG  
Carrots VDEG

VDEG

VDEG

### Choose one of the following

Mashed Potatoes  
Roast Potatoes  
Gravy

VDEG

VDG

VDEG

### Choose one Dessert Course

Chocolate Mousse  
Fruit Jelly  
Vanilla Ice Cream  
Fresh Satsuma

VEHG

VEG

VEG

VDG

### Choose Mid Meal Snack

Banana

## Thursday Supper Week 2

### Choose two of the following

Cream of Celery Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEHG

VD

VD

### Choose one of the following

Apple Juice  
Orange Juice

VG

VG

### Choose one of the following plus veg

Tomato & Herb Pasta Bake (Vegan)  
Spaghetti Bolognese  
Side Salad  
Tuna Mayo Salad  
Plain Omelette  
Jacket Potato with Cheese  
Hummus Salad Sandwich/White (Vegan)  
Cheese Sandwich/Brown  
Ham Sandwich/Brown  
Ham Sandwich/White

VEHD

DEH

VDE

DG

VDEHG

VDG

DH

VDH

D

D

### Choose one Dessert Course

Semolina Pudding  
Fruit Jelly  
Fresh Apple (in season)  
Fruit Yoghurt  
Reduced Sugar Yoghurt

VEH

VDHE

VDG

VEHG

VDEG

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Friday Lunch Week 2

### Choose one of the following

Orange Juice  
Vegetable and Herb Soup in a Mug

VG  
VDEG

### Choose one Main Course

Lentil & Aubergine Bake (Vegan)  
Battered White Fish and Lemon  
Steak & Kidney Pie  
Chicken & Bacon Salad  
Tuna Mayo Sandwich/Brown  
Cheese Sandwich/White

VDHE  
DH  
DH  
DG  
DH  
VD

### Small Appetite - Served on a Small Plate

Steak & Kidney Pie

DH

### Choose two of the following

Mushy Peas  
Sweetcorn

VDGE  
VDG

### Choose one of the following plus Gravy

Mashed Potatoes  
Chipped Potatoes  
Gravy

VDEG  
VDH  
VDSG

### Choose one Dessert Course

Reduced Sugar Rice Pudding  
Fruit Yoghurt  
Reduced Sugar Yoghurt  
Fresh Pear (in season)  
Vanilla Ice Cream

DEG  
VEHG  
VDEG  
VDG  
VDEG

### Choose Mid Meal Snack

Hummus and Cucumber

## Friday Supper Week 2

### Choose two of the following

Cream of Spinach Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Vegetable Pasty (Vegan)  
Mild Beef Curry  
White Rice  
Side Salad  
Turkey Salad  
Cheese Omelette  
Jacket Potato with Cheese  
Chicken Mayo Sandwich/Brown  
Chicken Mayo Sandwich/White  
Tuna Mayo Sandwich/White  
Cheese Sandwich/Brown

VD  
DH  
VDG  
VG  
DG  
VDEHG  
VDG  
DH  
D  
DH  
VDS

### Choose one Dessert Course

Strawberry Mousse  
Fruit Jelly  
Fresh Apple (in season)  
Vanilla Ice Cream  
Fresh Banana

VEHG  
VDEG  
VDG  
VEG  
VDEG

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.

## Saturday Lunch Week 2

### Choose one of the following

Orange Juice  
Cream of Sweetcorn Soup in a Mug

VG  
VDHG

### Choose one Main Course

Vegetable Sweet & Sour (Vegan)  
Chicken & Mushroom Pie  
Pork in Cider Sauce  
Cheese Salad & Coleslaw  
Cheese Sandwich/Brown  
Tuna Mayo Sandwich/White

VE  
DH  
DEH  
VDG  
VDH  
DH

### Small Appetite - Served on a Small Plate

Chicken & Mushroom Pie

DH

### Choose two of the following

Broad Beans  
Cauliflower (in season)

VDG  
VDGE

### Choose one of the following plus Gravy

Mashed Potatoes  
White Rice  
Gravy

VDGE  
VDGE  
VDEG

### Choose one Dessert Course

Chocolate Orange Mousse  
Fresh Satsuma  
Vanilla Ice Cream  
Fruit Yoghurt  
Reduced Sugar Yoghurt

VDEG  
VDG  
VDEG  
VEG  
VDEG

### Choose Mid Meal Snack

Flapjack

## Saturday Supper Week 2

### Choose two of the following

Creamed Parsnip Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEHG  
VD  
VD

### Choose one of the following

Apple Juice  
Orange Juice

VG  
VG

### Choose one of the following plus veg

Vegetable Moussaka (Vegan)  
Sweet & Sour Chicken  
Side Salad  
Rice  
Chicken Mayo Salad  
Plain Omelette  
Jacket Potato with Baked Beans  
Cheese Sandwich/White  
Egg Mayo Sandwich/Brown  
Egg Mayo Sandwich/White  
Tuna Mayo Sandwich/White

VDE  
DEG  
VEG  
VDG  
D  
VDEHG  
VDG  
VDH  
VD  
VD  
DH

### Choose one Dessert Course

Reduced Sugar Semolina  
Fresh Apple (in season)  
Fruit Jelly  
Vanilla Ice Cream

VEH  
VDG  
DEGV  
VDEG

### Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available,  
please ask the ward team to order for you.