

Salisbury Hospital League of Friends

Keeping in touch

Winter 2020 edition



2020/2021 update from the Chairman

This past year has been unlike any other for each of us and for Salisbury Hospital League of Friends. Problems with the safety of the distribution of a magazine has meant that we have been unable to produce a 2021 edition, but we hope that this Newsletter will keep us in touch.

Whilst the staff at Salisbury Hospital has faced the Covid-19 challenge magnificently, the pandemic has forced many changes on site, including the temporary closure of our sweet shop in March 2020. As a way of saying thank you, sweets that were in the shop at closure were distributed free of charge to all the hospital departments who have continued to work tirelessly for the benefit of the public. We are very grateful to Jo Jarvis and Monica Wilson for arranging this. Plans to re-open the shop in October were put on hold because of the second wave of

coronavirus infection. All is now in place for opening hopefully next year, when a vaccine will return us towards normality. Inevitably, our income from the shop has been severely reduced but we have been fortunate in receiving some small legacies which have kept our heads above water.

The work of the League of Friends has continued and I hope you will find the articles on funded projects in this newsletter of interest. In addition, we have financed a new software system for the registration and protection of all the wonderful volunteers who regularly support the work of our hospital. We have also paid for some special cards to contain messages to patients from their relatives as they are unable to visit because of the pandemic. Our PALS service has organized a competition for staff who have submitted some beautiful photographs for the cards.

Our Trustees have continued to meet virtually, so business is nearly as usual. Special thanks go to our secretary, Emma Cox, and to our Treasurer, Andy James, for their wonderful support in difficult circumstances. I would also like to thank Richard Morgan, who has retired as a Trustee, and Dave Roberts and Sarah Evans in the Trust's Communications department for their help.

Lesley Self in ArtCare has worked tirelessly to assist the League of Friends in many ways during the past year and we are extremely grateful for her involvement. Martin Smith and Pete Trewin have continued to raise our profile through our Facebook page which greatly helps our membership.

Finally, I would like to thank you, our loyal members, for your continued support. Together we are making a difference and helping all who work in the National Health Service. A light has recently appeared at the end of a long, dark tunnel, hopefully leading to a return to a life we have all missed.

Our best wishes for a Happy Christmas and a healthier New Year.

David Stratton
Chairman, Salisbury Hospital
League of Friends



Detail photograph by Mary Gray
PALS message card project

Salisbury District Hospital nature guide

New for 2020 is a full colour NHS nature guide, written by Genetics staff member James Macpherson, published by ArtCare and sponsored by Salisbury Hospital League of Friends.

This illustrated book contains detailed photographs of the areas around Salisbury District Hospital and is packed with information about wildlife, habitat and areas to explore in the local landscape.

ArtCare will be using these in their memory box activities as conversation starters with patients on wards. It will be a useful wellbeing tool for staff and visitors as there is strong



evidence that accessing nature improves mental health and reduces stress.

You can purchase a copy from ArtCare, located next to the Healthcare Library, or from the League of Friends shop when it re-opens. More about the project is on ArtCare's wellbeing pages <https://artcaresalisbury.uk/wellbeing>



Plastics Paediatric Hand Therapy Treatment Room

The plastic surgery multi-disciplinary team works closely with children and their families who come to the hospital for

treatment, either following a traumatic injury or for planning therapy/ surgery for pre-existing congenital conditions.

Our department is small and sometimes can appear daunting with numerous adults, extensive medical equipment and procedures being carried out.

We were keen to try and create a calm and friendly treatment area specifically for children, away from the adult treatment areas.

A much quieter environment would then be possible, with the use of toys providing welcome distraction, so making sometimes difficult appointments easier and less upsetting for the children. We wanted them to enjoy and

participate in their treatment sessions rather than worry or become anxious about them.

With the generous support of the League of Friends, we have been able to create this space and form a bespoke treatment area. We have child friendly toys for all ages, a warm and inviting, newly decorated room, with equipment to be able to properly assess children with congenital problems.

We are extremely grateful for the support of the League of Friends in being able to make these changes- thank you!

Megan Robson - Advanced Practitioner, Plastic Surgery Therapy

Celebrating our nurses and midwives in 2020

May 12th 2020 was the 200th anniversary of Florence Nightingale's birth and commemorated with International Nurses Day.

To celebrate this anniversary, badges, funded by Salisbury Hospital League of Friends, are awarded to every member of nursing and midwifery staff at Salisbury Hospital throughout the year - 2500 in total.

This follows a long tradition of awarding badges to nursing staff and pride is still felt by wearing them.

The design is based on motifs from the Salisbury District Hospital banner, with the central cross based on a combination of elements, including the medical cross with the blue star that features on the Florence Nightingale badge. Salisbury District Hospital's values are

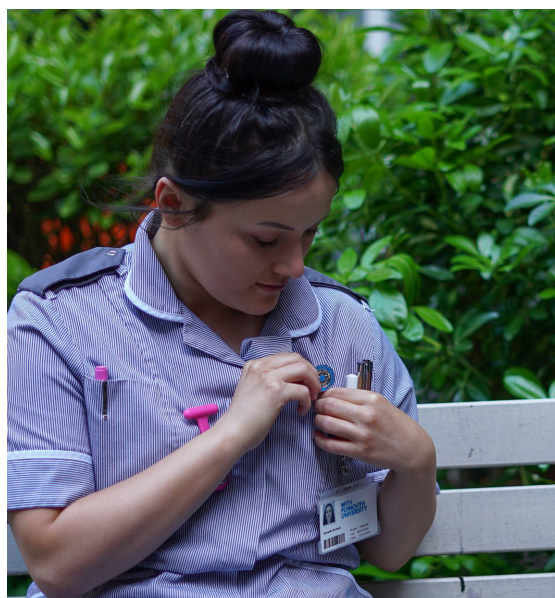
summarised in the overarching aim of 'Outstanding every time', and these words are also featured on the badge.

'This simple act is a symbolic visual appreciation that acknowledges the value of our staff commitment and celebrates a remarkable workforce who go above-and-beyond every day.'

Jayne Sheppard, Matron MSK & Staff Governor Nursing & Midwifery



Pictured: Lorna Wilkinson, Director of Nursing (May 2020) and League of Friends Trustee Henry Wilding; The commemorative badge placed in Florence Nightingale display cabinet on level 2 at Nunton Entrance Salisbury District Hospital; Student nurse Danni McNeill



Support The League of Friends Salisbury Hospital



Help us fund the small projects that make a big difference

If you are already a Friend of Salisbury Hospital, we thank you for supporting us. If not, please consider becoming a Friend. Your donation will help to fund the key projects that improve the wellbeing of patients and their families.

We welcome all those who wish to support the League, either financially and/or by helping in the shop.

The subscription is a minimum of £10.00 annually or £1.00 monthly, preferably paid by standing order.

Application can be made online at www.leagueoffriends.salisbury.nhs.uk/support and then following the instructions for making a regular donation. On completing the application, you will be provided with a standing order form that you can complete and send to your bank or set it up using the online facilities of your bank.

You can also support us by:

- Deed of Covenant
- Make provision in a will
- Arrange to have donations to the League of Friends of Salisbury Hospital in lieu of flowers at a funeral
- Organise a fundraising activity such as a sponsored walk

Give by texting

Donors need to text the message **JCER23 £5** to phone number **70070** to donate £5

or **JCER23 £10** to phone number **70070** to donate £10



Raise money for us when you shop online by registering at www.easyfundraising.org.uk/causes/lofsdh

Online purchases to any partner retailers including: Amazon, John Lewis, M&S and over 2000 others. Easyfundraising will donate up to 15% of what you spend directly to the League of Friends, at no extra cost to you.

www.leagueoffriends.salisbury.nhs.uk