





For Ward Use Only

☐ Assistance Required

**Red Tray** 





## Children's Menu

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**Red Tray** 

	annai en 3 Mena		Cilliaic		
Sun Lunch	day NAME Week 1 WARD	Account of the second		Sun	Sunday oper Week 1
Portion Size		Portion		Medium	LARGE
■ P	lease fill in the box next to your choice like this		Please fill in the b	oox next to you	ur choice like this
	Choose if Required		Choose 7	Two of the fo	llowing
1 🗆 F	Home-made Cream of Cauliflower Soup	1 🗆	Home-made Cr		
	Choose <u>One</u> Main Course		Slice of White		to a reek soup
2 🗆 \	/egetable & Lentil Stew (Vegan)	-	Slice of Brown		
	Roast Beef and Yorkshire Pudding		Choose <u>One</u>		ina nlus vea
	ish Pie in a Parsley Sauce	4 🗆	Macaroni Che		ing plus veg
3	Plain Omelette	1	Chilli Con Carr		
	Ham & Cheese Pizza		Side Salad		
	Tuna Mayonnaise Sandwich/Brown	100 100 100	White Rice		
8 🗆 H	Hummus Salad Sandwich/White	///	Mixed Bean Sa	alad	
9 🗆 E	Choose <u>Two</u> of the following Broad Beans	111	Cheese Omele		
2020 2010-0-1V 850	Carrots	_	Jacket Potato		Beans (Vegan)
11 🗆	2411013	1	Tuna Mayonna		
_	Choose <u>One</u> of the following plus Gravy	12 🗆	Hummus Salac		
12 🗆 N	Mashed Potatoes	13 🗆	Ham Sandwich		(ga,
13 🗌 F	Roast Potatoes	14 🗆	Ham Sandwich		
14 🗌 (	Gravy	15 🗆			
15 🗌			Choose	One Dessert	Course
46 🗆 .	Choose <u>One</u> Dessert Course	16 □	Apple Crumble		Course
	Reduced Sugar Semolina Pudding	17 🗆	Custard		
17 □ 18 □ F	Frosh Apple	18 🗆	Fresh Plum		
A CONTRACTOR AND THE STATE OF T	Fresh Apple Fruit Jelly	19 🗆	Fruit Jelly		
	/anilla Ice Cream	20 🗆	Fruit Yoghurt		
21 🗆	F	21 🗆	-		
22 🗆		22 🗆			
	Choose Mid Meal Snack		Fresh Frui	it and Snac	ks
23 🗌 C	heese and Biscuits	Fresh	fruit and snack	ks are availa	ble anytime.
			Please ask y	our ward N	urse
□ Kotchi	Up Mustard Mayannaisa	□ Votel	-		Navannaiaa
□ Ketche             □ Salad	up	☐ Ketcl			Mayonnaise Tartare Sauce
Jaiau		Jaiac	CICAIII U VI	negai 🗆	Tal tale sauce
	acket Potatoes with a limited range of	Track	Local,	2	<b>1</b> 0 <b>•</b>
J	fillings and Omelettes are available,			FOO	
ple	ase ask the ward team to order for you.		ritious ng local food,	FOR	SERVED SERVED SA DAY
☐ Tick I	nere to see a member of the Catering Team		y prepared PRC	ALTIMES SOI	Association Just Eat More (fruit & veg)



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**Red Tray** 





## Children's Menu

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**Red Tray** 

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	nday n Week 1		E D											ond er We	
Portic Size	Small	_ r	MEDIUM		Large		P	orti ize	on	Small		Medium		Large	
	Please fill in	the box	next to	your	choice li	ike this			Pl	ease fill i	n the l	oox next t	o your	choice l	ike this
		Choo	se if Rec	quire	d					Ch	oose	Two of the	ne foll	owing	
1 🗆	Rich Toma	to Sou	ир				1		V	egetabl	e Sou	р		_	
	Ch	oose <u>(</u>	<u>One</u> Mai	n Co	urse		2			ice of V					
2 🗆	Sweet Pot	ato Ba	ake (Ve	gan)			3			ice of B					
3 🗌	Chicken Ca	assero	le									of the fo	llowir	na nlus	vea
4	Mild Beef						4		M			sages (Ve		ig pius	veg
5 🗌	Fish Finge						5	П				Casserole			
6 🗆	Vegetable						6			aked Be	-	203301010	•		
7 🗆	Tuna Sand						7			arsley P		20			
8 🗆	Cheese Sa						8			urkey Sa		<b>C</b> 3			
٥ .			<u>o</u> of the	foll	owing		9			lain Om					
9 🗆	Cauliflowe						10					: with Che	000		
10 □ 11 □	Sweetcorn Baked Bea						11			una San			ese		
12 🗆	Side Salad											ich/Brow	m		
12 🗀	Choose O		he follo	wine	ı nlus G	iravv	12	-						01110	
13 🗌	Pilau Rice	<u>// </u>	ine rone	441116	, pius C	lavy	1					Sandwi			
14 🗆	Parsley Po	tatoes					8		C	nicken	iviayo	Sandwi	icn/vv	nite	
15 🗆	Gravy	tutoc.	,				15								
16 🗆	G. a.v,							_	_			One Des	ssert (	ourse	
	Cho	ose <u>O</u>	ne Dess	ert C	ourse		16			lum Cru			1		
17 🗌	Strawberr	γ Μοι	isse					′ 🗆				r Custar	a		
18 🗌							18			resh Pea					
19 🗆	Vanilla Ice	Crear	m				19		V	anilla Id	e Cre	am			
20 🗆	Fruit Jelly						20								
21 🗌	Fresh App	le					21								
22 🗌	ontrope.	Supplyconous	<b>■</b> 0.1001.0000				22	2 🗆							
			Meal 9	Snac	k							it and S			
23 🗌	Fruit Flapja	ack						Fres	h fr			ks are av		-	ime.
	90.400									Please	ask y	our wai	rd Nu	rse	
☐ Ketchup ☐ Mustard ☐ Mayonnaise					Ket	chi	ar ar	ПМ	lustard		<b>1</b> ayonn	aise			
	d Cream	Vine			rtare S					Cream		inegar		artare S	
									,	1					
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.				Nu	tru rting	Local tious local food prepared		OTECTED SALTIMES	FOOD FOR LIFE	BRONZE SERVED HERE Isociation JII	5 A DAY				
Tick here to see a member of the Catering Team					ires	iny p	repareu	IVIE	ALITIVIES			(fruit & veg)			













Children's Menu	Children's Menu
Tuesday Lunch Week 1 WARD	NAME Tuesday WARD Supper Week 1
Portion Small   Medium   Large	Portion   SMALL   MEDIUM   LARGE
■ Please fill in the box next to your choice like this	■ Please fill in the box next to your choice like this
Choose if Required  Home-made Mushroom Soup Choose One Main Course  Vegetable Ratatouille (Vegan)  Creamy Chicken & Coriander Stew Honey Glazed Roast Gammon Cheese Salad Cheese & Tomato Pizza Tuna Mayonnaise Sandwich/Brown Cheese Sandwich/White Choose Two of the following  Cabbage Mixed Vegetables  Choose One of the following plus Gravy Roasted New Potatoes Gravy  Choose One Dessert Course Reduced Sugar Semolina Pudding Fresh Satsuma Vanilla Ice Cream Fruit Jelly	Choose Two of the following  1
20  Fresh Fruit Salad 21   22   Choose Mid Meal Snack 23  Hummus and Cucumber	20 Custard 21 22 Presh Fruit and Snacks Fresh fruit and snacks are available anytime. Please ask your ward Nurse
☐ Ketchup ☐ Mustard ☐ Mayonnaise ☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce	<ul><li>☐ Ketchup</li><li>☐ Mustard</li><li>☐ Mayonnaise</li><li>☐ Salad Cream</li><li>☐ Vinegar</li><li>☐ Tartare Sauce</li></ul>
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.	Food For Association Supporting local food, freshly prepared  PROTECTED MEALTIMES  PROTECTED MEALTIMES  See Association  Just Eat More for the Support of th

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m f ar L}$ **Red Tray** 

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**Red Tray** 

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Children's Menu	Children's Menu				
Wednesday NAME	WARD Wednesday Supper Week 1				
Portion Small   Medium   Large	Portion   Small   Medium   Large				
■ Please fill in the box next to your choice like this	■ Please fill in the box next to your choice like this				
Choose if Required	Choose <u>Two</u> of the following				
<ul> <li>Home-made Broccoli &amp; Stilton Soup         Choose One Main Course     </li> <li>Bean &amp; Vegetable Bake (Vegan)</li> <li>Steamed Fish in Tomato Sauce</li> <li>Beef Lasagne</li> <li>Ham Salad</li> </ul>	<ul> <li>Home-made Cream of Tomato Soup</li> <li>Slice of White Bread</li> <li>Slice of Brown Bread         <ul> <li>Choose One of the following plus veg</li> </ul> </li> <li>Vegetable Lentil Chilli (Vegan)</li> <li>Mildly Spiced Tomato Chicken Pasta</li> </ul>				
6 ☐ Tuna Sandwich/Brown 7 ☐ Cheese Sandwich/White 8 ☐	5 ☐ Mildly Spiced Tomato Chicken Pasta 6 ☐ Side Salad 7 ☐ Tuna Mayonnaise Salad 8 ☐ Plain Omelette				
Choose <u>Two</u> of the following  9	9				
Choose <u>One</u> of the following plus Gravy  12	12				
Choose One Dessert Course  16 Reduced Sugar Rice Pudding  17 Fresh Apple  18 Fruit Yoghurt  19 Vanilla Ice Cream  20  21  22	16 Pear Crumble 17 Reduced Sugar Custard 18 Fresh Pear 19 Fruit Jelly 20 Vanilla Ice Cream 21 22				
Choose Mid Meal Snack 23  Cheese and Biscuits	Fresh Fruit and Snacks Fresh fruit and snacks are available anytime. Please ask your ward Nurse				
<ul><li>☐ Ketchup</li><li>☐ Mustard</li><li>☐ Mayonnaise</li><li>☐ Salad Cream</li><li>☐ Vinegar</li><li>☐ Tartare Sauce</li></ul>	<ul><li>☐ Ketchup</li><li>☐ Mustard</li><li>☐ Mayonnaise</li><li>☐ Salad Cream</li><li>☐ Vinegar</li><li>☐ Tartare Sauce</li></ul>				
Jacket Potatoes with a limited range of fillings and Omelettes are available,					



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please ask the ward team to order for you.

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**Red Tray** 

Nutritious
Supporting local food,
freshly prepared

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5 A DAY



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# Children's Menu

		Children's Menu				
5056 200		Thursday Supper Week 1				
	ortic ze	SMALL MEDIUM LARGE				
		Please fill in the box next to your choice like this				
_						
1		Choose <u>Two</u> of the following				
1		Home-made Cream of Mushroom Soup				
2		Slice of White Bread				
3	Ш	Slice of Brown Bread				
4		Choose <u>One</u> of the following plus veg				
4		Cheese & Onion Quiche - Served Hot				
5		Wiltshire Ham Pie in Shortcrust Pastry				
6		Side Salad				
7		Ham Salad				
8		Cheese Omelette				
9		Jacket Potato with Hummus & Peppers (Vegan)				
10		Cheese Sandwich/Brown				
11		Hummus Salad Sandwich/Brown (Vegan)				
12		Hummus Salad Sandwich/White (Vegan)				
13		Ham Sandwich/White				
14						
15	Ш	Choose One Dessert Course				
10		Eton Mess				
16		Chocolate Mousse				
17		Fresh Plum				
18		Fruit Yoghurt				
19		Fruit Tognurt				
20						
21						
22		Freeh Freit and Creaks				
_	roch	Fresh Fruit and Snacks ———				
Fresh fruit and snacks are available anytime.  Please ask your ward Nurse						
_		ricase ask your ward rease				
$\Box$	Vato	hun				

Inursuay NAME						
Lunch Week 1 WARD						
Pc Si	rtic ze	On SMALL MEDIUM LARGE				
_		Please fill in the box next to your choice like this				
1		Choose if Required Home-made White Onion Soup Choose <u>One</u> Main Course				
2		Mild Sweet Potato Lentil Curry (Vegan)				
3		Pork in Mustard Sauce				
4		Roast Chicken				
5		Fish Fingers				
6		Cheese Sandwich/White				
7		Ham Sandwich/Brown				
8	$\Box$					
		Choose <u>Two</u> of the following				
9		Swede				
10		Broccoli				
11						
		Choose <u>One</u> of the following plus Gravy				
12		White Rice				
13	$\overline{\Box}$	Mashed Potato				
14	$\overline{\Box}$	Roast Potatoes				
15	$\Box$	Gravy				
		Choose <u>One</u> Dessert Course				
16	П	Reduced Sugar Semolina Pudding				
17	П	Fresh Apple				
18	$\Box$	Vanilla Ice Cream				
19		Fruit Jelly				
20	$\Box$	Trait seriy				
21						
22						
22	ш	Choose Mid Meal Snack				
23		Fruit Flapjack				
23		Trait Tapjack				
_						
	Keto	chup   Mustard   Mayonnaise				
☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce						
$\geq$						
		Jacket Potatoes with a limited range of				
fillings and Omelettes are available,						
please ask the ward team to order for you.						
☐ Tick here to see a member of the Catering Team						

Fresh, Local, Nutritious
Supporting local food, freshly prepared

☐ Salad Cream ☐ Vinegar





☐ Tartare Sauce



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Children's Menu	Children's Menu
Friday NAMELunch Week 1 WARD	NAME Friday WARD Supper Week 1
Portion   Small   Medium   Large	Portion Small   Medium   Large
■ Please fill in the box next to your choice like this	■ Please fill in the box next to your choice like this
Choose if Required	Choose <u>Two</u> of the following
Choose One Main Course  Vegetable Sweet & Sour (Vegan)  Battered White Fish and Lemon  Beef & Mushroom Hot Pot  Chicken Caesar Salad  Tuna Mayonnaise Sandwich/Brown  Cheese Sandwich/White  Choose Two of the following  Cauliflower  Peas  Choose One of the following plus Gravy  Mashed Potatoes	1
13 ☐ Chipped Potatoes 14 ☐ Gravy 15 ☐ Rice	<ul><li>14 ☐ Chicken Mayo Sandwich/White</li><li>15 ☐</li><li>Choose <u>One</u> Dessert Course</li></ul>
Choose <u>One</u> Dessert Course  16	16  Reduced Sugar Rice Pudding 17  Fresh Apple 18  Fresh Banana 19  Vanilla Ice Cream 20  21  22  22
Choose Mid Meal Snack  23   Hummus and Cucumber	Fresh Fruit and Snacks Fresh fruit and snacks are available anytime. Please ask your ward Nurse
☐ Ketchup ☐ Mustard ☐ Mayonnaise ☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce	<ul><li>☐ Ketchup</li><li>☐ Mustard</li><li>☐ Mayonnaise</li><li>☐ Salad Cream</li><li>☐ Vinegar</li><li>☐ Tartare Sauce</li></ul>
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.	Fresh, Local, Nutritious

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ipporting local food, freshly prepared





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Just Eat More (fruit & veg)

For Ward Use Only

Assistance Required

**Red Tray** 

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Assistance Required

Children's Menu	Children's Menu
Saturday NAME	NAME Saturday Supper Week 1
Portion Small   Medium   Large	Portion   SMALL   MEDIUM   LARGE
■ Please fill in the box next to your choice like this	■ Please fill in the box next to your choice like this
Choose if Required  Potato and Leek Soup Choose One Main Course  Lentil & Vegetable Stew Braised Beef with Onion  White Fish in Parsley Sauce Cheese & Tomato Pizza Ham Sandwich/Brown Egg Mayo Sandwich/White  Choose Two of the following  Carrots Broad Beans Baked Beans  Choose One of the following plus Gravy  Mashed Potatoes Boiled Potatoes	Choose Two of the following  Carrot & Coriander Soup  Slice of White Bread  Slice of Brown Bread  Choose One of the following plus veg  Vegetable Cottage Pie (Vegan)  Chicken Nuggets  Side Salad  Chips  Beef Salad  Cheese Omelette  Jacket Potato with Baked Beans (Vegan)  Ham Sandwich/White  Cheese Sandwich/Brown  Cheese Sandwich/White  Egg Mayo Sandwich/Brown
15 Gravy 16 Choose One Dessert Course 17 Chocolate Mousse 18 Vanilla Ice Cream 20 Fruit Jelly 21 Fresh Banana 22 Choose Mid Meal Snack 23 Satsuma	Choose One Dessert Course  16
☐ Ketchup ☐ Mustard ☐ Mayonnaise ☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce ☐ Optional ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	□ Ketchup □ Mustard □ Mayonnaise □ Salad Cream □ Vinegar □ Tartare Sauce  7resh, Local, Nutritious Supporting local food, freshly prepared  PROTECTED MEALTIMES  Mayonnaise □ Mayonnaise □ Tartare Sauce

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Crindren's Iviend	Children's Menu
Sunday NAME WARD WARD	NAME Sunday Supper Week 2
Portion   SMALL   MEDIUM   LARGE	Portion   SMALL   MEDIUM   LARGE
■ Please fill in the box next to your choice like this	■ Please fill in the box next to your choice like this
Choose if Required	Choose <u>Two</u> of the following
<ul> <li>Pea &amp; Watercress Soup         Choose One Main Course     </li> <li>Mixed Bean Lasagne</li> <li>Roast Turkey &amp; Stuffing</li> </ul>	<ul> <li>1  Butternut, Butterbean &amp; Ginger Soup</li> <li>2  Slice of White Bread</li> <li>3  Slice of Brown Bread</li> </ul>
4 ☐ Grilled Sausages	Choose <u>One</u> of the following plus veg
5 ☐ Tuna Mayonnaise Sandwich/Brown 6 ☐ Cheese Sandwich White 7 ☐ 8 ☐	4 ☐ Sweet Potato & Vegetable Bake (Vegan) 5 ☐ Minced Beef & Onion Pie with Pastry 6 ☐ Top Parsley Potatoes 7 ☐ Side Salad
Choose <u>Two</u> of the following	8  Ham Salad
9	9
Choose <u>One</u> of the following plus Gravy	13
13 Mashed Potatoes	14 Chicken Mayo Sandwich/White
14 ☐ Roast Potatoes 15 ☐ Gravy	15 Choose <u>One</u> Dessert Course
16 Choose One Dessert Course	16 ☐ Strawberry Mousse
17 Rice Pudding Reduced Sugar	17 ☐ Fresh Apple
18 ☐ Vanilla Ice Cream	18   Fruit Jelly
19 🗌 Fresh Pear	19 Uanilla Ice Cream
20  Custard 21 Fruit Yoghurt 22	20
Choose Mid Meal Snack	Fresh Fruit and Snacks
23  Cheese and Biscuits	Fresh fruit and snacks are available anytime.  Please ask your ward Nurse
<ul><li>☐ Ketchup</li><li>☐ Mustard</li><li>☐ Mayonnaise</li><li>☐ Salad Cream</li><li>☐ Vinegar</li><li>☐ Tartare Sauce</li></ul>	<ul> <li>□ Ketchup</li> <li>□ Mustard</li> <li>□ Mayonnaise</li> <li>□ Salad Cream</li> <li>□ Vinegar</li> <li>□ Tartare Sauce</li> </ul>
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.  Tick here to see a member of the Catering Team	Fresh, Local, Nutritious Supporting local food, freshly prepared  PROTECTED MEALTIMES  PROTECTED MEALTIMES  SOL Association  Just Eat More (fruit & veg)



NHS Salisbury







## Children's Menu

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**Red Tray** 

Children's Wend	Children's Menu
Monday NAME	NAME Monday
Lunch Week 2	Supper Week 2
WARD	WARD Support ITECK 2
Portion Small   Medium   Large	Portion Small   Medium   Large
■ Please fill in the box next to your choice like this	■ Please fill in the box next to your choice like this
Choose if Required	Choose <u>Two</u> of the following
1 🗆 Cream of Carrot Soup	1 □ Vegetable Soup
Choose <u>One</u> Main Course	2   Slice of White Bread
2 Courgette & Mushroom Pasta Bake (Vegan)	3 ☐ Slice of Brown Bread
3 ☐ Beef & Vegetable Stew	Choose <u>One</u> of the following plus veg
4 Sweet & Sour Pork	4 □ Vegetable Roasted with Tofu (Vegan)
5 □ Fish Fingers 6 □ Tuna Sandwich/Brown	5 🗆 Chicken & Butternut Squash
7	6 ☐ Boiled Potatoes
8 $\square$	7 🗆 Side Salad
Choose <u>Two</u> of the following	8 🗌 Tuna Salad
9 ☐ Green Beans	9   Cheese Omelette
10 ☐ Carrots	10   Jacket Potato with Cheese
11 🗌 Baked Beans	11  Tuna Sandwich/White
12 🗆	12   Egg Mayonnaise Sandwich/Brown
Choose <u>One</u> of the following plus Gravy	13 Ham Sandwich/Brown
13  White Rice	14 Ham Sandwich/White
14 ☐ Boiled Potatoes 15 ☐ Gravy	15 🗆
15	Choose <u>One</u> Dessert Course
Choose <u>One</u> Dessert Course	16 Semolina Pudding Reduced Sugar
17 🗆 Pear Crumble	17 Fresh Banana
18 ☐ Custard Reduced Sugar	18 Fruit Yoghurt
19 🗆 Fresh Plum	19 Chocolate Mousse
20 🗌 Vanilla Ice Cream	20 🗆
21 ☐ Fruit Jelly	21 🗆
22 🗆	22 🗆
Choose Mid Meal Snack	
23 🗌 Fruit Flapjack	Fresh fruit and snacks are available anytime.  Please ask your ward Nurse
	Tiedse ask your ward ivuise
☐ Ketchup ☐ Mustard ☐ Mayonnaise	☐ Ketchup ☐ Mustard ☐ Mayonnaise
☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce	☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce
Optional —	
Jacket Potatoes with a limited range of	Fresh, Local, January
fillings and Omelettes are available, please ask the ward team to order for you.	Nutritious FOOD BROAZE 5 A DAY
	Supporting local food, freshly prepared  Sol Association  Sol Association  (finit & veg)
☐ Tick here to see a member of the Catering Team	Tresniy prepared MEALTIMES (fruit & veg)

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**Red Tray** 











Children's Menu	Children's Menu
Tuesday NAME	NAME Tuesday WARD Supper Week 2
Portion Small   Medium   Large	Portion   Small   Medium   Large
■ Please fill in the box next to your choice like this	Please fill in the box next to your choice like this
Choose if Required	Choose <u>Two</u> of the following
Cream of White Bean & Thyme Soup  Choose One Main Course  Mixed Bean Casserole (Vegan)  Roast Chicken  Liver & Bacon Casserole  Cheese & Tomato Pizza  Chicken Mayo Sandwich/Brown  Cheese Sandwich/White  Choose Two of the following  Sweetcorn  Green Cabbage  Baked Beans  Choose One of the following plus Gravy  Roast Potatoes	<ul> <li>Home-made Cream of Tomato Soup</li> <li>Slice of White Bread</li> <li>Slice of Brown Bread</li> <li>Choose One of the following plus veg</li> <li>Butternut Squash &amp; Mushroom Bake (Vegan)</li> <li>Pork &amp; Apple Sage Crumble</li> <li>Side Salad</li> <li>Boiled Potatoes</li> <li>Beef Salad</li> <li>Plain Omelette</li> <li>Jacket Potato with Tuna</li> <li>Chicken Mayo Sandwich/White</li> <li>Cheese Sandwich/Brown</li> <li>Hummus Salad Sandwich Brown (Vegan)</li> </ul>
13 ☐ Roast Potatoes 14 ☐ Mashed Potato	14 ☐ Hummus Salad Sandwich/White (Vegan)
15 Gravy 16 Choose One Dessert Course	Choose <u>One</u> Dessert Course  16 □ Rice Pudding
17  Sticky Toffee Pudding 18  Custard 19  Fresh Apple 20  Vanilla Ice Cream 21  Fruit Yoghurt 22  Reduced Sugar Yoghurt	17
☐ Ketchup ☐ Mustard ☐ Mayonnaise ☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce	Please ask your ward Nurse  ☐ Ketchup ☐ Mustard ☐ Mayonnaise ☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.	Presh, Local, Nutritious Supporting local food, freshly prepared  PROTECTED MEALTIMES  PROTECTED MEALTIMES  Appoint & More for the Appoint of the Appointment of the







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Wednesday

**Lunch Week 2** 

AUTUMN 2025

NHS Foundation Trust









## Children's Menu

NAME .....

WARD .....

	Children's Menu
NAME	Wednesday
WARD	Supper Week 2
Portic Size	ON SMALL MEDIUM LARGE
	Please fill in the box next to your choice like this
	Choose <u>Two</u> of the following
1 🗆	Home-made Sweet Potato & Coconut
2 🗆	Soup Slice of White Bread
3 🗆	Slice of Brown Bread
	Choose <u>One</u> of the following plus veg
4 🗌	Vegetable Lasagne (Vegan)
5 🗆	Grilled Sausages
6 🗆	Baked Beans
7	Sauté Potatoes
8 🗆	Omelette
9 🗆	Jacket Potato with Cheese
10 🗆	Cheese Sandwich/White
11 🗆	Egg Mayonnaise Sandwich/Brown
12 🗆	Ham Sandwich/Brown
13 🗆	Ham Sandwich/White
14 🗆	
15 🗌	Choose <u>One</u> Dessert Course
16 🗆	Eton Mess
17 🗆	Fruit Jelly
18 🗆	-
18 □ 19 □	Fresh Apple
19 🗆	Fresh Apple Vanilla Ice Cream
19 □ 20 □	Fresh Apple
19 □ 20 □ 21 □	Fresh Apple Vanilla Ice Cream
19 □ 20 □	Fresh Apple Vanilla Ice Cream Reduced Sugar Rice Pudding
19	Fresh Apple Vanilla Ice Cream Reduced Sugar Rice Pudding  — Fresh Fruit and Snacks ———
19	Fresh Apple Vanilla Ice Cream Reduced Sugar Rice Pudding  — Fresh Fruit and Snacks —— n fruit and snacks are available anytime.
19	Fresh Apple Vanilla Ice Cream Reduced Sugar Rice Pudding  — Fresh Fruit and Snacks ———

Po	rtio ze	n	Small		Medium		Large	
	63	Ple	ease fill in	the b	ox next to	your	choice l	ike this
				Cho	ose if Re	auire	d	
1		Н	ome-mad	de Ch		k & 1	Mustard	d Soup
2 3 4 5 6 7 8	Mild Chicken Curry Poached Fish with Parsley Sauce Cheese Sandwich/Brown Egg Mayonnaise Sandwich/White							
0		_			wo of th	e tol	lowing	
9			auliflow		. 1			
10			lixed Ve					
11			oaghetti		omato S	auce		
12	Ш	10000	de Salac					_
13 14 15 16		R V	Choose <u>O</u> lashed P oast Pot /hite Ric ravy	otate atoe: e	oes			iravy
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			educed : anilla Ice			iaair	ig	
19			ruit Jelly		alli			
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21		11	esiirea	ı		*		
22	Ш		Choo	co M	id Meal	Snac	·le	
23		Cł	neese an			Snac	.K	
$\geq$				7.04				$\overline{\cdot}$
	Ketc Sala		ream [		ustard negar		layonn artare	
	р	1	cket Potat fillings and ase ask the	oes w	elettes are	avail	able,	
	Ticl	k h	ere to see	a me	mber of t	he Ca	tering Te	eam

Fresh, Local, Nutritious Supporting local food, freshly prepared







For Ward Use Only

Assistance Required

**Red Tray** 

**Red Tray** 

☐ Assistance Required

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For Ward Use Only

Assistance Required

**Red Tray** 





☐ Tick here to see a member of the Catering Team

**Red Tray** 

For Ward Use Only

**Assistance Required** 

Children's Menu	Children's Menu
Thursday NAME	NAME Thursday WARD Supper Week 2
Portion Small   Medium   Large	Portion   Small   Medium   Large
■ Please fill in the box next to your choice like this	■ Please fill in the box next to your choice like this
Choose if Required	Choose <u>Two</u> of the following
1	1 ☐ Home-made Cream of Celery Soup 2 ☐ Slice of White Bread
3 ☐ Roast Gammon	3   Slice of Brown Bread
4 ☐ Cottage Pie 5 ☐ Tuna Sandwich/Brown 6 ☐ Cheese Sandwich/White 7 ☐ 8 ☐	Choose <u>One</u> of the following plus veg  4 □ Vegetable Pasty (Vegan)  5 □ Spaghetti Bolognese  6 □ Side Salad  7 □ Tuna Mayonnaise Salad  8 □ Plain Omelette
Choose <u>Two</u> of the following	The second of th
9 D Broccoli	
10 Carrots	10  Tuna Mayonnaise Sandwich/White
11  Baked Beans	11  Cheese Sandwich/Brown
12 Choose <u>One</u> of the following plus Gravy	12  Ham Sandwich/Brown
13 ☐ Mashed Potatoes	13  Ham Sandwich/White
14 Roast Potatoes	14 🗆
15 Gravy	15 ☐ Choose <u>One</u> Dessert Course
16 □ Rice	2
Choose One Dessert Course	16 Semolina Pudding
17 Chocolate Mousse	17 ☐ Fruit Jelly
18  Fruit Trifle	18 ☐ Fresh Apple
19 ☐ Vanilla Ice Cream	19 ☐ Fruit Yoghurt
20 Fresh Satsuma	20 Reduced Sugar Yoghurt
21 🗆	21 🗆
22 🗆	22 🗆
Choose Mid Meal Snack	——— Fresh Fruit and Snacks ———
23 Fruit Flapjack	Fresh fruit and snacks are available anytime.
	Please ask your ward Nurse
<ul><li>☐ Ketchup</li><li>☐ Mustard</li><li>☐ Mayonnaise</li><li>☐ Salad Cream</li><li>☐ Vinegar</li><li>☐ Tartare Sauce</li></ul>	<ul> <li>□ Ketchup</li> <li>□ Mustard</li> <li>□ Mayonnaise</li> <li>□ Salad Cream</li> <li>□ Vinegar</li> <li>□ Tartare Sauce</li> </ul>
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.	7resh, Local, Nutritious Supporting local food, freshly prepared  PROTECTED MEALTIMES  Soll Association  Just Eat More (fruit & veg)











# dren's Menu

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Portion Size	Small	MEDIUN	л 🗆	Large	

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			Choc	se if Re	quire	d							C	hoos	e <u><i>Tw</i></u>	o of th	e foll	owing	
1	] Le	egetable <b>Ch</b> entil & A attered V	noose uberg	<u>One</u> Ma gine Bal	in Co ce (V	eg				1 2 3		SI	ome-n ice of ice of	Whit Brow	e Br vn B	read read	4.■0		
4 🗆	1110761	teak & Ki			Lemo	on										the fol			
5	] <b>V</b> (	egetable una Mayo ream Cho	Nug onnai	gets ise Sanc				n		4 5 6 7		N Ri	omato 1ild Be ice ide Sal	ef Cu		heese F	asta	Bake (	Vegan)
		Cho	ose <u>Tv</u>	<u>vo</u> of th	e foll	low	ing			8			urkey S						
9	] Sı	eas weetcorn	1						1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	9 10 11	5000000	Ja	heese acket P una M	otat	o wi	ith Bak			Vegan) e
		Choose <u>O</u>	ne of	the follo	owing	gр	lus G	Grav	y	12			hicken	-					
12 🗆		lashed Po				-				13			hicken	-					
13 <u> </u>	] G	hipped P ravy	otato	oes						14 15			heese	Sand	lwic	h/Brow	/n		
15 🗆	J	Cho	oose (	one Dess	ert C	ou.	rse									ne Des	sert C	ourse	
16 🗆	1 R	ice Puddi		DE STATES						16	0.000000		trawbe	-	Иou	sse			
17		ruit Yogh			9					17			resh A						
18 🗆		resh Pear								18			ruit Jel	-					
19 🗆	] V	anilla Ice	Crea	m						T Secretary			anilla	ce C	rear	n			
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23 🗆	] H	ummus a		<b>d Meal</b> ucumbe		:K				F	resh	n fr	uit an	d sna	icks	and S are av ur ware	ailab	le any	time.
	tchu lad C	ip [ Cream [		stard egar			onn are (			100	Keto Sala		ıp Cream			tard egar		layonı artare	naise Sauce
	1	cket Potato fillings and ase ask the	oes wi d Omel	ettes are	avail	abl	e,				Nu	tre	Loca itious	!	PROTEC	TIED I	FOOD FOR LIFE	BROWZE	5 A DAY





Tick here to see a member of the Catering Team	ľ
For Ward Use Only	_

**Red Tray** 

☐ Assistance Required

**Red Tray** 

Assistance Required

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## dren's Menu

			turd per We	
ortion	Small	MEDIUM	LARGE	

Saturday NAME WARD	NAME
Portion   SMALL   MEDIUM   LARGE	Portion SMALL MEDIL
■ Please fill in the box next to your choice like this	■ Please fill in the box nex
Choose if Required  Cream of Sweetcorn Soup Choose One Main Course  Vegetable Sweet & Sour (Vegan)  Chicken & Mushroom Pie  Pork in Cider Sauce  Fish Fingers  Cheese Sandwich/Brown  Hummus Salad Sandwich/White  Choose Two of the following  Carrots  Reas  Baked Beans  Choose One of the following plus Gravy  Mashed Potatoes  Rice  Transport	Choose Two of  Curried Parsnip Soup Slice of White Bread Slice of Brown Bread Choose One of the Steakless Pasty (Veg. Sweet & Sour Chicker Rice Side Salad Chicken Mayonnaise Plain Omelette Jacket Potato with Cheese Sandwich/White Segg Sandwich/White Hummus Salad Sand
Choose One Dessert Course  17	16
Jacket Potatoes with a limited range of	Fresh, Local,

next to your choice like this of the following oup ead ead he following plus veg egan) cken aise Salad h Cheese /White own hite andwich/Brown nge Mousse and Snacks are available anytime. r ward Nurse ☐ Mayonnaise ard

please ask the ward team to order for you.

Tick here to see a member of the Catering Team







□ Tartare Sauce

	20 Contract   1 Co		
⊸ For	Ward	Use	Only

