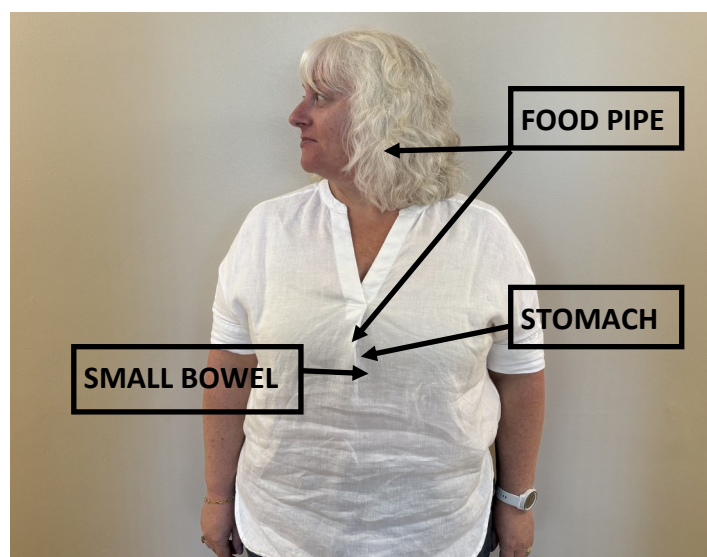




# Having a gastroscopy with or without sedation

Please note any text in **RED** is with sedation

## Endoscopy Department Patient Information



Your doctor thinks there is a problem with your food pipe, tummy or small bowel.

Your doctor has asked you to have a test called a gastroscopy.

This is a camera test to look at your food pipe, tummy and small bowel.

You must stop eating 6 hours before.

You must stop drinking 2 hours before.



You will have the test done at Salisbury Hospital.

This will be done in the Endoscopy department on level 3.



You will see a nurse who will

- Take your blood pressure
- Talk you through the test
- Ask you to sign the consent form



You will be taken into the room where the test will be done.

You will meet the doctor or specially trained nurse who will do the test.

There will be 2 nurses assisting during the test.

You will be given some throat spray



You will have a cannula inserted

The nurse will give you some medication to make you feel sleepy.



- You will be asked to lie down on the bed on your side.
- A mouth guard will be placed to protect your teeth.
- You will have a plastic peg placed on your finger.
- You will have an oxygen tube put by your nose.
- You will have a blood pressure cuff put on your arm.



Once the test is finished, you will go to the recovery area.

You will not be able to eat or drink for 1 hour after having throat spray.

The doctor or nurse will talk to you before you go home.

You will be given a discharge letter to take with you.

It can take 2 weeks for any biopsy results to be back.



You can go home.

You will need someone you trust to stay with you overnight.





## Meet the Endoscopy uniforms



Sister / Senior Nurse



Endoscopist



Nurse



Clinical Nurse Specialist



Nursing Assistant

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Endoscopy contact details:

**01722 336262 ext. 2161 or 2805**

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