

# General Menu

## Codes for better meal choice

**D** = Diabetic Diet   **♥** = Healthy Choice   **V** = Vegetarian  
**H** = High Protein/High Energy   **E** = Easy Chew   **G** = Gluten Free

Available on the ward to enjoy with your meal

|             |         |               |
|-------------|---------|---------------|
| Ketchup     | Mustard | Mayonnaise    |
| Salad Cream | Vinegar | Tartare Sauce |

*Fresh, Local,  
Nutritious*  
Supporting local food,  
freshly prepared



To see a member of the Catering Team please ask.



## Sunday Lunch Week 1

### Choose one of the following

Orange Juice  VG  
Cream of Cauliflower Soup in a Mug VDEHG

### Choose one Main Course

Vegetable Ratatouille (Vegan)  VDEG  
Roast Beef & Yorkshire Pudding DH  
Chicken Wrapped in Bacon DH  
Wiltshire Cheddar Ploughman's & Crusty Roll  DV  
Dorset Ham Sandwich/Brown DH  
Free Range Egg Sandwich/White VDH

### Small Appetite - Served on a Small Plate

Roast Beef & Yorkshire Pudding DH

### Choose two of the following

Peas (in season)  VDG  
Swede  VDEG

### Choose one of the following plus Gravy

Mashed Potatoes VDEG  
Roast Potatoes VDG  
Gravy VDEG

### Choose one Dessert Course

Reduced Sugar Semolina Pudding VDEG  
Fresh Satsuma  VDG  
Chocolate Mousse VE  
Vanilla Ice Cream VDEG

### Choose Mid Meal Snack

Cheese and Biscuits

## Sunday Supper Week 1

### Choose two of the following

Cream of Potato & Leek Soup in a Mug VDEHG  
Slice of White Bread VD  
Slice of Brown Bread  VD

### Choose one of the following

Apple Juice  VG  
Orange Juice  VG

### Choose one of the following plus veg

Macaroni Cheese VDEH  
Chilli Con Carne (Somerset Beef)  DHE  
Side Salad VDG  
White Rice  VDG  
Mixed Bean Salad  DGH  
Cheese Omelette (Free Range) VDEHG  
Jacket Potato & Baked Bean (Vegan)  DGV  
Tuna Mayonnaise Sandwich/White DH  
Tuna Mayonnaise Sandwich/Brown DH  
Free Range Egg Sandwich/Brown VDH  
Dorset Ham Sandwich/White  D

### Choose one Dessert Course

Reduced Sugar Rice Pudding VEHG  
Fruit Jelly VEGD  
Fresh Apple  VDG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Monday Lunch Week 1

### Choose one of the following

Orange Juice  
Cream of Tomato Soup in a Mug

♥ VG  
VDEG

### Choose one Main Course

Sweet Potato Bake (Vegan)  
Somerset Beef Casserole  
Somerset Mild Chicken Curry  
Chick Pea & Feta Salad  
Tuna Sandwich/Brown  
Cheese Sandwich/White

♥ VDE  
♥ DH  
DHE  
♥ VDG  
♥ DH  
VDH

### Small Appetite - Served on a Small Plate

Somerset Beef Casserole

DH

### Choose two of the following

Cauliflower  
Mixed Vegetables  
Side Salad

♥ VDEG  
♥ VDG  
♥ VDG

### Choose one of the following plus Gravy

Gravy  
Mashed Potatoes  
New Potatoes  
Pilau Rice

VDGE  
VDEG  
VDEG  
♥ VDG

### Choose one Dessert Course

Peach Crumble & Cream  
Fresh Pear  
Vanilla Ice Cream  
Fruit Jelly

VEH  
♥ VDG  
VDEG  
VDEG

### Choose Mid Meal Snack

Fruit Flapjack

## Monday Supper Week 1

### Choose two of the following

Vegetable Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

♥ VDEHG  
VD  
♥ VD

### Choose one of the following

Apple Juice  
Orange Juice

♥ VG  
♥ VG

### Choose one of the following plus veg

Veg Pie topped with Mash & Cheese (Vegan)  
Grilled Dorset Sausages  
Baked Beans  
Saute Potatoes  
Turkey Salad (Herts)  
Plain Omelette (Free Range)  
Jacket Potato with Cheese  
Tuna Sandwich/White  
Cheese Sandwich/Brown  
Chicken Mayo Sandwich/Brown  
Chicken Mayo Sandwich/White

VE  
DH  
♥ VD  
VDG  
♥ DG  
VDEHG  
♥ DGV  
DH  
VDH  
♥ D  
D

### Choose one Dessert Course

Strawberry Mousse  
Fruit Yoghurt  
Fruit Jelly  
Fresh Apple

VEG  
VEHG  
VDH  
VHG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Tuesday Lunch Week 1

### Choose one of the following

Orange Juice  
Cream of Mushroom Soup in a Mug

♥ VG  
VDEG

### Choose one Main Course

Mushroom & Lentil Curry (Vegan)  
Creamy Chicken & Tarragon Stew  
Honey Dorset Roast Gammon  
Cheese & Coleslaw Salad  
Hummus Sandwich/Brown (Vegan)  
Cheese Sandwich/White

VDG  
DEH  
DHG  
♥ DV  
VD  
VDH

### Small Appetite - Served on a Small Plate

Creamy Chicken & Tarragon Stew

DE

### Choose two of the following

Broccoli (in season)  
Sweetcorn  
Side Salad

♥ VDEG  
♥ VDG  
♥ VDG

### Choose one of the following plus Gravy

Gravy  
Mashed Potatoes  
Roast Potatoes  
Rice

VDEG  
VDEG  
♥ VDG  
VDG

### Choose one Dessert Course

Reduced Sugar Semolina Pudding  
Fresh Banana  
Vanilla Ice Cream  
Fresh Fruit Salad

VDE  
♥ VDEG  
VDEG  
♥ VDG

### Choose Mid Meal Snack

Hummus and Cucumber

## Tuesday Supper Week 1

### Choose two of the following

Minted Pea Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEHG  
VD  
♥ VD

### Choose one of the following

Apple Juice  
Orange Juice

♥ VG  
♥ VG

### Choose one of the following plus veg

Vegetable Pasta with Quorn (Vegan)  
Cottage Pie (Somerset Beef)  
Mixed Vegetables  
Broccoli Quiche Salad  
Cheese Omelette (Free Range)  
Jacket Potato with Baked Beans (Vegan)  
Hummus Sandwich/White (Vegan)  
Cheese Sandwich/Brown  
Dorset Ham Sandwich/Brown  
Dorset Ham Sandwich/White

♥ VHGE  
DEH  
♥ VDG  
♥ DV  
VDEHG  
♥ DGV  
VD  
VDH  
♥ D  
D

### Choose one Dessert Course

Chocolate Mousse  
Fruit Jelly  
Fresh Plum (in season)  
Vanilla Ice Cream

VEHG  
VDEG  
♥ VDG  
DVEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Wednesday Lunch Week 1

### Choose one of the following

Orange Juice  
Broccoli & Stilton Soup in a Mug

♥ VG  
VDEG

### Choose one Main Course

Vegetable and Lentil Chilli (Vegan)  
Steamed Fish in Tomato Sauce  
Somerset Beef Lasagne  
Tuna Pasta Salad  
Tuna Sandwich/Brown  
Cheese Sandwich/White

VDEHG  
♥ DHE  
DH  
♥ DH  
DH  
VDH

### Small Appetite - Served on a Small Plate

Steamed Fish in Tomato Sauce

♥ DEH

### Choose two of the following

Carrots (in season)  
Peas (in season)

♥ VDEG  
♥ VDG

### Choose one of the following plus Gravy

Gravy  
Mashed Potatoes  
Rice  
Parsley Potatoes

VDEG  
VDEG  
VDG  
VDG

### Choose one Dessert Course

Reduced Sugar Rice Pudding  
Fresh Plum  
Fruit Jelly  
Vanilla Ice Cream

HVDEG  
♥ VDG  
VE  
VDEG

### Choose Mid Meal Snack

Cheese and Biscuits

## Wednesday Supper Week 1

### Choose two of the following

Cream of Tomato Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEG  
VD  
♥ VD

### Choose one of the following

Apple Juice  
Orange Juice

♥ VG  
♥ VG

### Choose one of the following plus veg

Cheese and Potato Leek Bake (Vegan)  
Creamy Cajun Chicken Pasta  
Side Salad  
Mixed Bean Salad  
Plain Omelette (Free Range)  
Jacket Potato with Coleslaw  
Tuna Sandwich/White  
Cheese Sandwich/Brown  
Free Range Egg Sandwich/Brown  
Free Range Egg Sandwich/White

♥ VDE  
DHE  
♥ VDG  
♥ DGHV  
♥ VDEHG  
♥ VDG  
DH  
VDH  
VD  
VD

### Choose one Dessert Course

Pear Crumble  
Reduced Sugar Custard  
Fresh Satsuma  
Fruit Jelly  
Vanilla Ice Cream

VHE  
GVDEH  
♥ VDG  
VDEG  
VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Thursday Lunch Week 1

### Choose one of the following

Orange Juice

♥ VG

White Onion Soup in a Mug

♥ VDEG

### Choose one Main Course

Aubergine & Lentil Curry (Vegan)

♥ VDEG

Grilled Pork Chops

DHG

Sweet and Sour Somerset Chicken

DHEG

Somerset Chicken Caesar Salad

♥ D

Cheese Sandwich/Brown

VDH

Ham Sandwich/White

D

### Small Appetite - Served on a Small Plate

Sweet and Sour Somerset Chicken

DHE

### Choose two of the following

Green Beans (in season)

♥ VDG

Cauliflower

♥ VDEG

### Choose one of the following plus Gravy

Gravy

VDEG

Mashed Potatoes

VDEG

Aromatic White Rice

VDG

New Potatoes

VDG

### Choose one Dessert Course

Reduced Sugar Semolina Pudding

VDE

Vanilla Ice Cream

VDEG

Banana

♥ VDGE

Fruit Jelly

♥ VDGE

### Choose Mid Meal Snack

Fruit Flapjack

## Thursday Supper Week 1

### Choose two of the following

Creamy Watercress Soup in a Mug

VDEG

Slice of White Bread

VD

Slice of Brown Bread

♥ VD

### Choose one of the following

Apple Juice

♥ VG

Orange Juice

♥ VG

### Choose one of the following plus veg

Cheese and Onion Quiche

VH

Dorset Ham Pie in Shortcrust Pastry

DH

Sweetcorn

VDG

Side Salad

♥ DV

Dorset Ham Salad

DHG

Jacket Potato with Baked Beans (Vegan)

♥ VDG

Cheese Omelette (Free Range)

VDEHG

Egg Mayo Sandwich/Brown (Free Range)

VDH

Egg Mayo Sandwich/White (Free Range)

VDH

Ham Sandwich/Brown

D

Cheese Sandwich/White

VDH

### Choose one Dessert Course

Strawberry Mousse

VEHG

Fresh Pear

♥ VDG

Fruit Yoghurt

VEHG

Reduced Sugar Yoghurt

♥ VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Friday Lunch Week 1

### Choose one of the following

Orange Juice VG  
Roast Vegetable & Lentil Soup in a Mug ♥ VDEG

### Choose one Main Course

Vegetable Sweet & Sour (Vegan) ♥ VDGE  
Battered White Fish and Lemon DH  
Somerset Beef & Mushroom Hot Pot DH  
Cheese Salad ♥ DVH  
Tuna Mayonnaise Sandwich/Brown DHE  
Cheese Sandwich/White VDHE

### Small Appetite - Served on a Small Plate

Somerset Beef & Mushroom Hot Pot DH

### Choose two of the following

Carrots (in season) ♥ VDEG  
Peas ♥ VDG

### Choose one of the following plus Gravy

Gravy VDEG  
Mashed Potatoes VDEG  
Chipped Potatoes VDH  
Rice VDG

### Choose one Dessert Course

Blackberry & Apple Crumble VEH  
Reduced Sugar Custard VDEHG  
Fresh Pear ♥ VDG  
Vanilla Ice Cream VDEG  
Fruit Jelly VDEG

### Choose Mid Meal Snack

Hummus and Salad Sticks

## Friday Supper Week 1

### Choose two of the following

Cream of Mushroom Soup in a Mug VDEG  
Slice of White Bread VD  
Slice of Brown Bread ♥ VD

### Choose one of the following

Apple Juice ♥ VG  
Orange Juice ♥ VG

### Choose one of the following plus veg

Vegetable Pasta Bake (Vegan) ♥ VDE  
Somerset Mild Chicken Curry DHE  
White Rice ♥ VDG  
Side Salad ♥ VDG  
Turkey Salad (Herts) ♥ DG  
Plain Omelette (Free Range) VDEHG  
Jacket Potato with Tuna ♥ DG  
Tuna Mayonnaise Sandwich/White DH  
Cheese Sandwich/Brown VDH  
Chicken Mayo Sandwich/Brown ♥ D  
Chicken Mayo Sandwich/White D

### Choose one Dessert Course

Reduced Sugar Rice Pudding VDEG  
Fresh Apple ♥ VDG  
Vanilla Ice Cream VDEG  
Fruit Yoghurt VEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Saturday Lunch Week 1

### Choose one of the following

Orange Juice  
Moroccan Chickpea Soup in a Mug

♥ VG  
♥ VDEG

### Choose one Main Course

Vegetable Pasty (Vegan)  
Braised Beef with Onion and Beer  
Grilled Dorset Sausages  
Free Range Egg & Spinach Salad  
Ham Sandwich/Brown  
Free Range Egg Sandwich/White

♥ DVE  
DH  
♥ DH  
♥ VDG  
DH  
VD

### Small Appetite - Served on a Small Plate

Braised Beef with Onion and Beer

DH

### Choose two of the following

Broad Beans (in season)  
Cauliflower

♥ VDG  
♥ VDG

### Choose one of the following plus Gravy

Mashed Potatoes  
Boiled Potatoes  
Gravy

VDEG  
VDEG  
VDEG

### Choose one Dessert Course

Strawberry Mousse  
Fresh Satsuma  
Vanilla Ice Cream  
Fruit Jelly

VEHG  
♥ VDG  
VDEG  
VDEG

### Choose Mid Meal Snack

Cheese and Biscuits

## Saturday Supper Week 1

### Choose two of the following

Cream of Carrot & Coriander Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEHG  
VDE  
♥ VDE

### Choose one of the following

Apple Juice  
Orange Juice

♥ VG  
♥ VG

### Choose one of the following plus veg

Vegetable Cottage Pie (Vegan)  
Chilli Con Carne (Somerset Beef)  
White Rice  
Side Salad  
Somerset Beef Salad  
Cheese Omelette (Free Range)  
Jacket Potato with Cheese  
Ham Sandwich/White  
Cheese Sandwich/Brown  
Cheese Sandwich/White  
Free Range Egg Sandwich/Brown

♥ VD  
DHE  
♥ VDG  
♥ VDG  
♥ DGH  
VDEHG  
♥ DGV  
DH  
DVH  
DVH  
VD

### Choose one Dessert Course

Reduced Sugar Semolina Pudding  
Fresh Banana  
Vanilla Ice Cream  
Reduced Sugar Yoghurt

VDEH  
VDHE  
VDEGH  
♥ VDEGH

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Sunday Lunch Week 2

### Choose one of the following

Orange Juice  
Pea & Watercress Soup in a Mug

♥ VG  
♥ VDEG

### Choose one Main Course

Vegetable Pasta & Lentil Bolognese (Vegan)  
Roast Turkey & Stuffing (Herts)  
Fish in Parsley Sauce  
Mixed Bean Salad  
Tuna Mayonnaise Sandwich/Brown  
Cheese Sandwich/White

VDE  
DH  
DHE  
VDG  
DEH  
VDH

### Small Appetite - Served on a Small Plate

Roast Turkey & Stuffing (Herts)

DH

### Choose two of the following

Cabbage (in season)  
Carrots (in season)

♥ VDG  
♥ VDGE

### Choose one of the following plus Gravy

Mashed Potatoes  
Roast Potatoes  
Gravy

DEG  
VDG  
VDEG

### Choose one Dessert Course

Reduced Sugar Rice Pudding  
Reduced Sugar Yoghurt  
Vanilla Ice Cream  
Fresh Plum

VEDH  
♥ VDEG  
VDEG  
♥ VDG

### Choose Mid Meal Snack

Fruit Flapjack

## Sunday Supper Week 2

### Choose two of the following

Cream of Potato & Leek Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEHG  
VD  
♥ VD

### Choose one of the following

Apple Juice  
Orange Juice

♥ VG  
♥ VG

### Choose one of the following plus veg

Sweet Potato & Vegetable Bake (Vegan)  
Minced Beef & Onion Pie with a Pastry Top  
Side Salad  
Green Beans (in season)  
Dorset Ham Salad  
Plain Omelette (Free Range)  
Jacket Potato & Tuna  
Tuna Mayonnaise Sandwich/White  
Cheese Sandwich/Brown  
Dorset Ham Sandwich/Brown  
Dorset Ham Sandwich/White

VHE  
DH  
VDG  
VDG  
♥ DG  
VDEHG  
♥ DG  
DH  
VDH  
♥ D  
D

### Choose one Dessert Course

Chocolate Mousse  
Fresh Apple  
Fruit Jelly  
Vanilla Ice Cream

VE  
♥ VDG  
VDHGE  
VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Monday Lunch Week 2

### Choose one of the following

Orange Juice  
Cream of Carrot Soup in a Mug

♥ VG  
VDEG

### Choose one Main Course

Meat Free Sausages (Vegan)  
Creamy Somerset Chicken Stew  
Sweet & Sour Dorset Pork  
Apple and Stilton Salad  
Hummus Sandwich/Brown (Vegan)  
Egg Mayo Sandwich/White (Free Range)

♥ VD  
DEH  
EHG  
VDHG  
♥ DV  
VDH

### Small Appetite - Served on a Small Plate

Creamy Somerset Chicken Stew

DEH

### Choose two of the following

Peas (in season)  
Cauliflower

♥ VDG  
♥ VDEG

### Choose one of the following plus Gravy

Gravy  
White Rice  
New Potatoes  
Mashed Potato

VDEG  
♥ VDG  
♥ VDG  
VDEG

### Choose one Dessert Course

Bread & Butter Pudding  
Reduced Sugar Custard  
Fresh Plum (in season)  
Vanilla Ice Cream  
Fruit Jelly

VHD  
GVHDE  
♥ VDG  
VDEG  
DEG

### Choose Mid Meal Snack

Hummus and Salad Sticks

## Monday Supper Week 2

### Choose two of the following

Vegetable Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

♥ VDEG  
VD  
♥ VD

### Choose one of the following

Apple Juice  
Orange Juice

♥ VG  
♥ VG

### Choose one of the following plus veg

Vegetable Casserole (Vegan)  
Cornish Pasty  
Side Salad  
Sweetcorn  
Turkey Salad (Herts)  
Cheese Omelette (Free Range)  
Jacket Potato with Cheese  
Hummus Sandwich/White (Vegan)  
Egg Mayo Sandwich/Brown (Free Range)  
Dorset Ham Sandwich/Brown  
Dorset Ham Sandwich/White

VDEG  
DH  
VDG  
♥ VDG  
♥ DG  
VDEHG  
♥ VDG  
DV  
VDH  
♥ DH  
DH

### Choose one Dessert Course

Reduced Sugar Semolina Pudding  
Fruit Yoghurt  
Reduced Sugar Yoghurt  
Fresh Satsuma

VDEH  
VEG  
♥ VDEGH  
VDG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Tuesday Lunch Week 2

### Choose one of the following

Orange Juice ♥ VG  
Cream of White Bean & Thyme Soup in a Mug ♥ VDEG

### Choose one Main Course

Mixed Bean Casserole (Vegan) ♥ VDEG  
Somerset Mild Beef Curry DH  
Cottage Pie (Somerset Beef) DEH  
Cheese Salad ♥ VD  
Tuna Mayonnaise Sandwich Brown DH  
Cheese Sandwich/White VDH

### Small Appetite - Served on a Small Plate

Cottage Pie (Somerset Beef) DEH

### Choose two of the following

Swede ♥ VDG  
Green Cabbage (in season) ♥ VDG  
Side Salad ♥ VDG

### Choose one of the following plus Gravy

Gravy VDEG  
Mashed Potato VDEG  
Boiled Parsley Potatoes VDEG  
Boiled Rice VDG

### Choose one Dessert Course

Peach Crumble VHG  
Reduced Sugar Custard ♥ VDGEH  
Vanilla Ice Cream VEHG  
Fruit Jelly VEGH  
Fresh Apple ♥ VDG

### Choose Mid Meal Snack

Cheese and Biscuits

## Tuesday Supper Week 2

### Choose two of the following

Cream of Tomato Soup in a Mug VDEG  
Slice of White Bread VDE  
Slice of Brown Bread ♥ VDE

### Choose one of the following

Apple Juice ♥ VG  
Orange Juice ♥ VG

### Choose one of the following plus veg

Butternut Squash & Mushroom Bake (Vegan) ♥ VD  
Somerset Pork in Creamy Cider Sauce DHE  
Green Beans (in season) VDG  
Boiled Potatoes VDE  
Egg Mayonnaise Salad (Free Range) ♥ DGHV  
Plain Omelette (Free Range) ♥ VDEHG  
Jacket Potato with Tuna ♥ DG  
Chicken Mayo Sandwich/Brown DH  
Chicken Mayo Sandwich/White DH  
Tuna Mayonnaise Sandwich/White ♥ DH  
Cheese Sandwich/Brown VDH

### Choose one Dessert Course

Strawberry Mousse VEHG  
Fresh Banana ♥ VDGE  
Fruit Jelly DEGV  
Vanilla Ice Cream VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Wednesday Lunch Week 2

### Choose one of the following

Orange Juice ♥ VG  
VDEG

Cheesy Leek & Mustard Soup in a Mug

### Choose one Main Course

Vegetable Curry (Vegan) ♥ VDEG

Somerset Roast Pork DH

Grilled Fish with Cheese Sauce DHE

Watermelon, Spinach & Feta Salad ♥ VDH

Chicken Mayo Sandwich/Brown DH

Egg Mayo Sandwich/White (Free Range) VDH

### Small Appetite - Served on a Small Plate

Grilled Fish with Cheese Sauce DHE

### Choose two of the following

Broccoli (in season) VEGD

Mixed Vegetable ♥ VDG

Side Salad ♥ VDG

### Choose one of the following plus Gravy

Gravy VDEG

Mashed Potatoes VDEG

Roast Potatoes VDG

White Rice ♥ VDG

### Choose one Dessert Course

Reduced Sugar Rice Pudding VDEG

Vanilla Ice Cream VDEG

Fruit Jelly VDEG

Fresh Plum (in season) VDG

### Choose Mid Meal Snack

Fruit Flapjack

## Wednesday Supper Week 2

### Choose two of the following

Sweet Potato & Coconut Soup in a Mug VDEG

Slice of White Bread VDE

Slice of Brown Bread ♥ VDE

### Choose one of the following

Apple Juice ♥ VG

Orange Juice ♥ VG

### Choose one of the following plus veg

Vegetable Lasagne (Vegan) ♥ VDE

Somerset Savoury Minced Beef DHE

Carrots ♥ VDGE

Dorset Ham Salad ♥ DGH

Boiled Potatoes VDG

Jacket Potato with Coleslaw ♥ DGV

Cheese Omelette (Free Range) VDHEG

Egg Mayo Sandwich/Brown (Free Range) VDH

Dorset Ham Sandwich/Brown ♥ DH

Dorset Ham Sandwich/White DH

Chicken Mayo Sandwich/White DH

### Choose one Dessert Course

Chocolate Mousse VEG

Reduced Sugar Yoghurt GVDEH

Fresh Banana VDEG

Fresh Apple ♥ VDG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Thursday Lunch Week 2

### Choose one of the following

- Orange Juice ♥ VG
- Creamy Carrot & Coriander Soup in a Mug ♥ VDEHG

### Choose one Main Course

- Vegetable and Chickpea Chilli (Vegan) VDEG
- Dorset Pork and Onion In BBQ Sauce DH
- Steak and Ale Pie DH
- Cheese and Broccoli Quiche Salad ♥ DV
- Tuna Sandwich/Brown DEH
- Cheese Sandwich/White VDH

### Small Appetite - Served on a Small Plate

- Steak and Ale Pie DEH

### Choose two of the following

- Broad Beans (in season) ♥ VDG
- Carrots (in season) ♥ VDEG
- Side Salad ♥ VDG

### Choose one of the following plus Gravy

- Gravy VDEG
- Roast Potatoes VDG
- Rice VDG
- Mashed Potatoes VDEG

### Choose one Dessert Course

- Apple Crumble VEH
- Reduced Sugar Custard VEHE
- Vanilla Ice Cream VEG
- Fresh Banana ♥ VDEG
- Fruit Jelly VDEG

### Choose Mid Meal Snack

- Hummus and Salad Sticks

## Thursday Supper Week 2

### Choose two of the following

- Cream of Celery Soup in a Mug VDEHG
- Slice of White Bread VDE
- Slice of Brown Bread ♥ VDE

### Choose one of the following

- Apple Juice ♥ VG
- Orange Juice ♥ VG

### Choose one of the following plus veg

- Vegetable Pasty (Vegan) VH
- Spaghetti Bolognese (Somerset Beef) DEH
- Peas ♥ VD
- Tuna Salad ♥ DH
- Plain Omelette (Free Range) VDEHG
- Jacket Potato with Cheese ♥ VDG
- Tuna Sandwich/White DEH
- Cheese Sandwich/Brown VDH
- Dorset Ham Sandwich/Brown ♥ DH
- Dorset Ham Sandwich/White DH

### Choose one Dessert Course

- Semolina Reduced Sugar VH
- Fresh Apple ♥ VDG
- Fruit Yoghurt VEHG
- Fresh Satsuma ♥ VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Friday Lunch Week 2

### Choose one of the following

Orange Juice  
Vegetable and Herb Soup in a Mug

♥ VG  
♥ VDEG

### Choose one Main Course

Lentil & Courgette Bake (Vegan)  
Battered White Fish and Lemon  
Beef Goulash (Somerset Beef)  
Chicken and Bacon Salad  
Chicken Mayo Sandwich/Brown (Herts)  
Cheese Sandwich/White

VDHE  
DH  
DH  
♥ DG  
DH  
VDH

### Small Appetite - Served on a Small Plate

Beef Goulash

DH

### Choose two of the following

Peas (in season)  
Sweetcorn

♥ VDG  
♥ VDG

### Choose one of the following plus Gravy

Mashed Potatoes  
Chipped Potatoes  
Gravy

VDEG  
VDH  
VDEG

### Choose one Dessert Course

Reduced Sugar Rice Pudding  
Fruit Yoghurt  
Reduced Sugar Yoghurt  
Fresh Plum  
Ice Cream

VDEG  
VEHG  
♥ VDGE  
♥ VDG  
VDEG

### Choose Mid Meal Snack

Cheese and Biscuits

## Friday Supper Week 2

### Choose two of the following

Cream of Spinach Soup in a Mug  
Slice of White Bread  
Slice of Brown Bread

VDEG  
VD  
♥ VD

### Choose one of the following

Apple Juice  
Orange Juice

♥ VG  
♥ VG

### Choose one of the following plus veg

Tomato & Herb Cheese Pasta (Vegan)  
Pork and Pepper Stew  
New Potatoes  
Side Salad  
Turkey Salad (Herts)  
Cheese Omelette (Free Range)  
Jacket Potato with Baked Beans (Vegan)  
Chicken Mayo Sandwich/White (Herts)  
Tuna Mayonnaise Sandwich/Brown  
Tuna Mayonnaise Sandwich/White  
Cheese Sandwich/Brown

VDE  
DE  
♥ VDG  
♥ VDG  
♥ DG  
VDEHG  
♥ VDG  
DEH  
DEH  
DH  
VDH

### Choose one Dessert Course

Eton Mess  
Fresh Apple  
Fruit Jelly  
Vanilla Ice Cream

VEH  
♥ VDG  
VDEG  
VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

## Saturday Lunch Week 2

### Choose one of the following

Orange Juice ♥ VG  
Cream of Sweetcorn Soup in a Mug ♥ VDHG

### Choose one Main Course

Mushroom & Sweet Potato Curry (Vegan) VEDG  
Somerset Chicken & Mushroom Pie DH  
Braised Pork in Lemon Sauce ♥ DEH  
Cheese Salad & Coleslaw ♥ VDG  
Cheese Sandwich/Brown VDH  
Tuna Mayo Sandwich/White DEH

### Small Appetite - Served on a Small Plate

Somerset Chicken & Mushroom Pie DH

### Choose two of the following

Carrots (in season) ♥ VDEG  
Peas (in season) ♥ VDG

### Choose one of the following plus Gravy

Gravy VDEG  
Mashed Potatoes VDEG  
Parsley Potatoes ♥ VDEG  
Rice VDG

### Choose one Dessert Course

Apple Crumble VE  
Reduced Sugar Custard VDEHG  
Fresh Satsuma ♥ VDG  
Vanilla Ice Cream VDEG  
Fruit Jelly VDEG

### Choose Mid Meal Snack

Fruit Flap Jack

## Saturday Supper Week 2

### Choose two of the following

Creamed Parsnip Soup in a Mug VDEHG  
Slice of White Bread VDE  
Slice of Brown Bread ♥ VDE

### Choose one of the following

Apple Juice ♥ VG  
Orange Juice ♥ VG

### Choose one of the following plus veg

Roast Vegetables & Tofu (Vegan) ♥ VDEHG  
Beef Curry (Somerset Beef) DH  
Ric ♥ VDG  
Side Salad ♥ DGV  
Plain Omelette (Free Range) VDEHG  
Jacket Potato with Cheese ♥ VDGH  
Tuna Salad HGD  
Hummus Sandwich/Brown (Vegan) ♥ VDE  
Hummus Sandwich/White (Vegan) VDE  
Tuna Mayo Sandwich/Brown DH  
Cheese Sandwich/White VHD

### Choose one Dessert Course

Reduced Sugar Semolina Pudding VDHE  
Fresh Apple ♥ VDG  
Fresh Banana VDEG  
Vanilla Ice Cream VDEG

## Optional Choice

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.