

BURNS FIRST AID

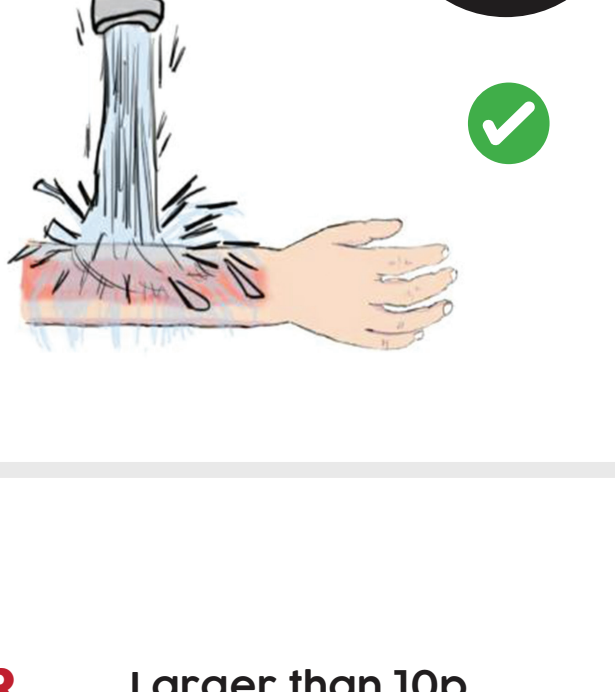
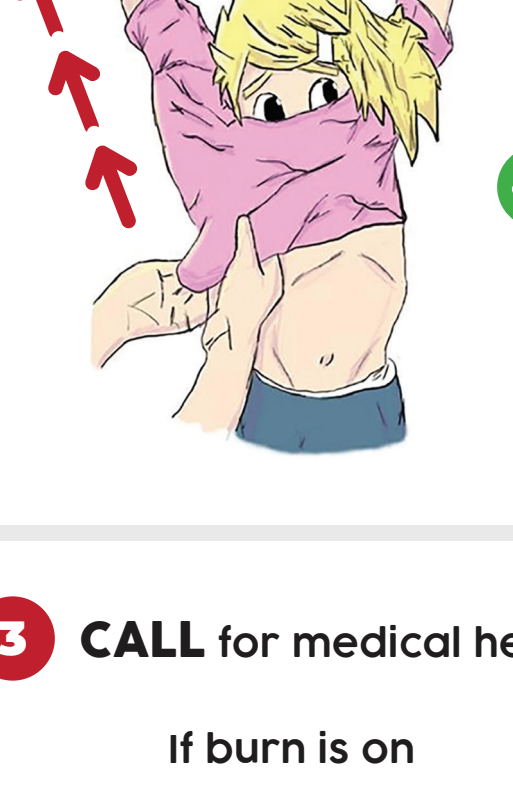


SafeTea
KEEP HOT DRINKS OUT OF REACH

@SafeTeaCampaign #SafeTea

If your child gets a burn...

- 1** Take off all clothing and jewellery
- 2** **COOL** for 20 minutes under cool running water

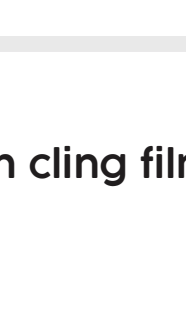
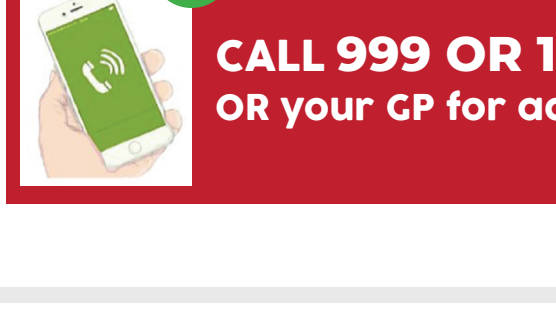
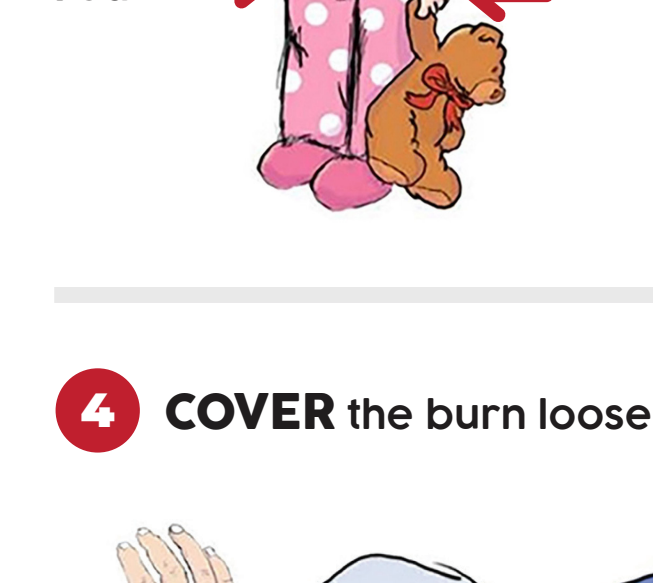


- 3** **CALL** for medical help if...

If burn is on

OR

Larger than 10p

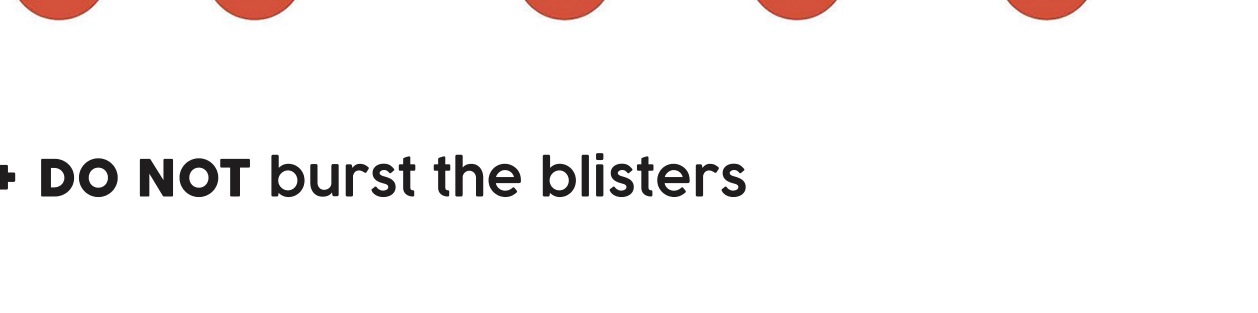


CALL 999 OR 111
OR your GP for advice

- 4** **COVER** the burn loosely with cling film



- 5** **DO NOT** put these on the burn



+ DO NOT burst the blisters

KEEP HOT DRINKS OUT OF MY REACH

Babies and toddlers grow quickly
How high can they reach today?
Use the reach chart below to find out:

- 1) Stick up the poster on the wall
- 2) Place the bottom of the poster level with the floor
- 3) Ask your child to reach as high as possible
- 4) See how high they can reach as they get older
- 5) Keep hot drinks out of their reach

