$( \ \Box \ \$  Tick here to see a member of the Catering Team

**Red Tray** 

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	inday th Week 1	NAME			NAME			Supper	
Luite	iii week i	WARD		)	WARD			Supper	Week I
		= Healthy Option nergy <b>E</b> = Easy Che					♥ = Healthy Op Energy E = Eas		
Porti Size	on Small	☐ <b>M</b> EDIUM ☐	Large		Portic Size	SMALL	☐ <b>M</b> EDIU	m 🗌 Laf	RGE 🗆
To the second	Please fill in t	he box next to yo	ur choice	like this		Please fill in	the box next	to your choi	ce like this
	Change	one of the fell		$\overline{}$					==
1 🗆	Orange Juic	one of the follo	owing	♥ VG	1 □		e <u>two</u> of the stato & Leek S		_
2 🗆	•	uliflower Soup ir	n a Mud	VDEHG	2 🗆		hite Bread	oup ili a iviu	_
3 🗆	cream or car	annower soup ii	ra mag	VDLIIG	3 🗆		own Bread		VDE
- П	Choose	e <u>one</u> Main Co	urse	1		Slice of Br	own Bread		♥ VDE
4 🗆		atatouille (Veg		♥ VDEG	4 🗆	Chana		- f-11	_
5 🗌		& Yorkshire Pu		DH			e <u>one</u> of the	e rollowing	
6 🗆	Chicken Wr	apped in Baco	n	DH	5 🗆	Apple Juic			♥ VG
7	Wiltshire Chedo	dar Ploughman's & C	Crusty Roll	♥ DV	6 🗆	Orange Ju			♥ VG
8 🗌	Dorset Ham	Sandwich/Bro	wn	DH			ne of the foll	owing plus	veg
9		Egg Sandwich		VDH	7 🗆	Macaroni			VDEH
		Meal - Served on a			8 🗆		Carne (Som	ierset Beet	) ♥ DHE
10		& Yorkshire Pu	_	DH	9 🗆	Side Salad			VDG
		two of the follo	owing		10 🗆	White Rice			♥ VDG
11 🗌	Peas (in sea	son)		♥ VDG	11 🗆	Mixed Bea			♥ DGH
12 🗆	Swede			♥ VDEG	12 🗆	Cheese Or	nelette (Fre	ee Range)	VDEHG
13 🗌					13 🗌	Jacket Pota	to & Baked	Bean (Vega	n) 🕶 DGV
14 🗆	h	Caba fallassina			14 🗆	Tuna Mayo	onnaise Sand	dwich/Whit	е <b>р</b> н
15 🗆	Mashed Pot	f the following	j pius Gr		15 🗆	Tuna Mayo	onnaise Sand	dwich/Brow	n <b>DH</b>
16	Roast Potat			VDEG	16 🗆	Free Rang	e Egg Sand	wich/Brow	n von
17	Gravy	.Oes		VDG VDEG	17 🗆	Dorset Ha	m Sandwich	n/White	♥ D
., .	,	one Dessert C	ourse	VDEG		Choos	se <u>one</u> Dess	ert Course	•
18 🗌		igar Semolina I		VDEG	18 🗌	Reduced S	Sugar Rice P	udding	VEHG
19 🗆	Fresh Satsu	_	. aaamig	♥ VDG	19 □	<b>Fruit Jelly</b>			VEGD
20 🗌	Chocolate N	Vlousse		VE	20 🗆	Fresh App	le		♥ VDG
21 🗌	Vanilla Ice (	Cream		VDEG	21 🗆	Vanilla Ice	Cream		VEG
22 🗌					22 🗆				
	Chass	- N/I:d N/I-al Co	- ale			Euo ele	Foreit and	Connelia	
23 🗆	Cheese and	e Mid Meal Sn	аск		Eroch		Fruit and snacks are a		nutimo
23	Cheese and	Discuits			riesi				nytime.
				)		riease	ask your wa	aru ivurse	
☐ Ket	chup [	Mustard 🗌	Mayoni	naise	☐ Keto	:hup [	Mustard	☐ Mayo	nnaise
☐ Sala	ad Cream 🗌	Vinegar 🗌	Tartare	Sauce	☐ Sala	d Cream	☐ Vinegar	☐ Tarta	re Sauce
		Optional —							
		es with a limited				r.Local		To the state of th	y
1		Omelettes are av ward team to ord		<u>,</u> ]		tritious	(3)	FOOD BRONZE FOR SERVED	
		mombor of the		=		ing local food, ly prepared	PROTECTED MEALTIMES	Soil Association	Just Eat More











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Monday NAME Lunch Week 1					Monday Supper Week 1		
(), (1)							
D = Diabetic Diet $\mathbf{V}$ = Healthy Option $\mathbf{V}$ = Veget $\mathbf{H}$ = High Protein/High Energy $\mathbf{E}$ = Easy Chew $\mathbf{G}$ = Glu		H = High	Protein/High I		otion $V = Vege$ sy Chew $G = G$		
Portion Small Medium Large		Portio Size	SMALL	☐ <b>M</b> EDIUI	m 🗌 Larg	iE 🗆	
■ Please fill in the box next to your choice	like this		Please fill in	the box next	to your choice	e like this	
Choose <u>one</u> of the following	$\overline{}$		Choose	<i>two</i> of the	following		
1  Orange Juice	<b>₩</b> VG	1 🗆		Soup in a M	_	♥ VDEG	
2	♥ VDEG		Slice of Wh		ug	VDE	
3 🗆	so deposit objects		Slice of Bro			♥ VDE	
Choose <u>one</u> Main Course		4 🗆	JIICC OT DIC	ovvii bread		VVDL	
4  Sweet Potato Bake (Vegan)	♥ VDE	' 🗆	Choose	one of the	following	D.	
5 Somerset Beef Casserole	♥ DH	5 🗆	Apple Juic		Tonowing	<b>♥</b> VG	
6 Somerset Mild Chicken Curry	DHE	10000	Orange Ju			♥ VG	
7	♥ VDG		_		wing plus ve		
8 ☐ Tuna Sandwich/Brown 9 ☐ Cheese Sandwich/White	♥ DH	7 🗆	**************	Taric sa sa	Cheese (Vegan)	_	
Small Appetite Meal - Served on a Small Plate	VDH			rset Sausag		DH	
10 Somerset Beef Casserole	DH		Baked Bea			♥ VDE	
Choose <u>two</u> of the followin	1 10 10		Saute Pota			VDG	
11 ☐ Cauliflower	♥ VDEG	20000000	Turkey Sala			♥ DG	
12 Mixed Vegetables	♥ VDG			lette (Free I	Range)	VDEHG	
13 ☐ Side Salad	♥ VDG	20 May 2 May 2		ato with Ch		♥ DGV	
Choose <i>one</i> of the following plus Gr	avy	23-21-32	DH				
14 ☐ Gravy	VDGE			wich/White ndwich/Bro		VDH	
15 Mashed Potatoes	VDEG	100 0000 0000		ayo Sandw		♥ DH	
16 New Potatoes	VDEG			ayo Sandw		DH	
17 Pilau Rice	♥ VDG	'' -		one Desse		Dii	
Choose <u>one</u> Dessert Course		18 🗆	Strawberry		re course	VEG	
18 ☐ Peach Crumble & Cream 19 ☐ Fresh Pear	VEH		Fruit Yogh			VEG	
<ul><li>19 ☐ Fresh Pear</li><li>20 ☐ Vanilla Ice Cream</li></ul>	♥ VDG		Fruit Jelly	di c		VEHG	
21 Fruit Jelly	VDEG VDEG		Fresh App	lo			
22	VDEG	22 🗆	riesii Appi	ie		VHG	
	.1	22 🗀					
Choose Mid Meal Snack			Fresh	Fruit and	Snacks —		
23 Fruit Flapjack		Fresh	fruit and	snacks are a	available an	ytime.	
				ask your wa		•	
☐ Ketchup ☐ Mustard ☐ Mayon	naise	☐ Ketc	hup [	Mustard	☐ Mayor	naise	
□ Salad Cream □ Vinegar □ Tartare	100		d Cream	☐ Vinegar		e Sauce	
	=						
Jacket Potatoes with a limited range of		Fresh	Local,		To.		
fillings and Omelettes are available,		non	nitions		FOOD BRONZE FOR SERVED LIFE HERE	100	
please ask the ward team to order for you	J		ing local food, ly prepared	PROTECTED		5 A DAY	
☐ Tick here to see a member of the Catering 1	PROTECTED MEALTIMES	Soil Association	Just Eat More (fruit & veg)				

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Tick here to see a member of the Catering Team

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**♥** VHGE DEH ♥ VDG ♥ DV **VDEHG** ♥ DGV VD **VDH** ♥ D D

5 A DAY Just Eat More (fruit & veg)

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	esday NAME		NAME		Tuesd Supper W	THE REAL PROPERTY.
Lunci	WARD	)	WARD.		Jupper W	eek i
	Diabetic Diet $\  \  \  \  \  \  \  \  \  \  \  \  \ $			Diabetic Diet ♥ = Healthy Op h Protein/High Energy E = Eas		
Portio Size	SMALL MEDIUM LARGE		Porti Size	SMALL MEDIU	м 🗌 Large	
	Please fill in the box next to your choice	like this		Please fill in the box next	to your choice	like this
	Choose <u>one</u> of the following			Choose two of the	following	
1 🗆	Orange Juice	₩ VG	1 🗆	Minted Pea Soup in a I		VDEHG
	Cream of Mushroom Soup in a Mug	VDEG	2 □	Slice of White Bread	9	VDE
3 🗆			3 🗆	Slice of Brown Bread		♥ VDE
300 30-00	Choose one Main Course		4 🗆	Silice of Brown Bread		+ VDE
4 🗆	Mushroom & Lentil Curry (Vegan)	VDG	4	Chance are of the	fallandaa	ı
	Creamy Chicken & Tarragon Stew	DEH		Choose <u>one</u> of the	Tollowing	• 5000000000000000000000000000000000000
6	Honey Dorset Roast Gammon	DHG	5	Apple Juice		♥ VG
7	Cheese & Coleslaw Salad	♥ DV	6 □	Orange Juice		♥ VG
	Hummus Sandwich/Brown (Vegan)	VD		Choose <u>one</u> of the follo	wing plus veg	
9	Cheese Sandwich/White	VDH	7	Vegetable Pasta with Q	uorn (Vegan)	<b>♥</b> VHGE
_	Small Appetite Meal - Served on a Small Plate	A DECEMBER OF	8 🗆	Cottage Pie (Somerse	t Beef)	DEH
10 🗆	Creamy Chicken & Tarragon Stew	DE	9 🗆	Mixed Vegetables		♥ VDG
1 St -	oose <i>two</i> of the following plus Gr	avv	10 □	Broccoli Quiche Salad		♥ DV
11 🗆	Broccoli (in season)	♥ VDEG	11 🗆	Cheese Omelette (Fre		VDEHO
12 🗆	Sweetcorn	♥ VDG	12 🗆	Jacket Potato with Baked		
13 🗆	Side Salad	♥ VDG	13 🗆	Hummus Sandwich/W	_	VD
14	Gravy	VDEG	14 🗆	Cheese Sandwich/Brov		40000000
	Choose <i>one</i> of the following	100000000000000000000000000000000000000				VDH
15 🗆	Mashed Potatoes	VDGE	15 🗆	Dorset Ham Sandwich		<b>♥</b> D
16	Roast Potatoes	♥ VDG	16 🗆	Dorset Ham Sandwich	/White	D
17	Rice	VDG	17 🗆	500		
	Choose one Dessert Course			Choose <u>one</u> Desse	rt Course	
18 🗆	Reduced Sugar Semolina Pudding	VDE	18 🗌	Chocolate Mousse		VEHG
19	Fresh Banana	♥ VDGE	19 🗌	Fruit Jelly		VDEG
20 🗆	Vanilla Ice Cream	VDEG	20 🗆	Fresh Plum (in season	)	♥ VDG
21 🗆	Fresh Fruit Salad	♥ VDG	21 🗆	Vanilla Ice Cream		DVEG
22 🗆			22 🗆			
	Choose Mid Meal Snack			Fresh Fruit and	Snacks —	
23 🗆	Hummus and Cucumber		Fres	h fruit and snacks are a		rtime.
	Transmus and Cacamisc.			Please ask your wa		
		=				
	chup   Mustard   Mayon	tchup	☐ Mayon			
□ Sala	id Cream 🗌 Vinegar 🔲 Tartare	☐ Sal	ad Cream 🗌 Vinegar	☐ Tartare	Sauce	
	Optional					
	Jacket Potatoes with a limited range of	Fres	ch. Local,	08		
	fillings and Omelettes are available,	MA	stritious.	FOOD BRONZE FOR SERVED		
F	please ask the ward team to order for yo	u	Suppo	orting local food,	Soil Association	Just Eat Mor
			Tre:	shly prepared MEALTIMES		(f 14 0









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Wednesday Lunch Week 1 WARD		NAME	SCHOOL AND								
D = Diabetic Diet ♥ = Healthy Option V = Vegetari H = High Protein/High Energy E = Easy Chew G = Glute		D = Diabetic Diet ♥ = Healthy Option V = Vegeta H = High Protein/High Energy E = Easy Chew G = Glut									
Portion Small   Medium   Large		Portion Small   Medium   Large									
■ Please fill in the box next to your choice like	ke this	■ Please fill in the box next to your choice I	ike this								
Choose one Main Course  Choose one Main Course  Vegetable and Lentil Chilli (Vegan)  Steamed Fish in Tomato Sauce  Somerset Beef Lasagne  Tuna Pasta Salad  Tuna Sandwich/Brown  Cheese Sandwich/Vhite Small Appetite Meal - Served on a Small Plate  Steamed Fish in Tomato Sauce Choose two of the following  Carrots (in season)  Choose one of the following plus of the Gravy  Mashed Potatoes Rice  Parsley Potatoes Choose one Dessert Course  Reduced Sugar Rice Pudding	VDEG VDEG VDEG VDEG VDGE VDEG	Choose <u>one</u> of the following  Apple Juice  Choose <u>one</u> of the following plus veg  Choose <u>one</u> of the following plus veg  Cheese and Potato Leek Bake (Vegan)  Creamy Cajun Chicken Pasta  Side Salad  Mixed Bean Salad  Plain Omelette (Free Range)	VDEG VDE VDE VVG VVG VVDE DHE VVDG VDEHG VDH VDH VDH VD VDH VD VDEHG								
20 🗌 Fruit Jelly	VDG VE	20 Fresh Satsuma	GVDEH ♥ VDG								
21 ☐ Vanilla Ice Cream 22 ☐	VDEG	21 ☐ Fruit Jelly 22 ☐ Vanilla Ice Cream	VDEG VDEG								
Choose Mid Meal Snack  23  Cheese and Biscuits		Fresh Fruit and Snacks Fresh fruit and snacks are available anyt Please ask your ward Nurse									
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.  Tick here to see a member of the Catering Team  Tresh, Local, Nutritious, Supporting local food, freshly prepared  FOOD PROTECTED MEALTIMES  JUST Eat More (fruit & veg)											

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	Ma	N	ation Trust	Ma			234 1	NHS Foun	idation T	rust		
	h Week 1	NAME			NAME						urso	day leek 1
	T T C C IC	WARD		)	WARD					Supp		cen i
		Healthy Option V rgy E = Easy Chew					etic Diet <b>1</b> tein/High E					
Portic Size	SMALL [	Medium 🗆	Large		Porti Size	on	Small		Mediun	и 🗆	Large	
	Please fill in the	e box next to your	choice	like this		Ple	ase fill in	the bo	x next	to your	choice	like this
	Choose or	<u>e</u> of the follow	ina			-	Choose 1	two	f tha	follow	ina	
1 🗆	Orange Juice		ilig	₩VG	1 🗆		amy Wat					VDEC
2 🗆	-	Soup in a Mug	1	♥ VDEG	2 -		e of Wh			III a IV	lug	VDEG
3 🗆	William Official	Joap III a Mag	,	* VDEG	-							VDE
J	Choose	one Main Cour	se		3 🗆	SIIC	e of Bro	own B	read			♥ VDE
4 🗆		Lentil Curry (V		♥ VDEG	4 ☐ Choose <u>one</u> of the following							
5 🗆	Grilled Pork		cguii,	DHG			1000		f the 1	follow	/ing	
6 🗆		our Somerset Ch	nicken	DHEG	5	Ap	ple Juice	9				♥ VG
7 🗆		icken Caesar Sa		♥ D	6 🗆	Ora	ange Jui	ce				<b>♥</b> VG
8 🗆	Cheese Sandy		iaa	VDH		Cho	oose <u>one</u>	of the	follov	ving pl	lus veg	
9 🗆	Ham Sandwi			DH	7	Che	eese and	d Onio	on Qu	iche		VH
<b>У</b> Ш		leal - Served on a Sm	all Plate		8 🗆	Dor	rset Ham	Pie ir	Shor	tcrust	Pastry	DH
10 □		our Somerset Ch		DHE	9 🗆		eetcorn				,	VDG
		e two of the fo			10 🗆	Sid	e Salad					♥ DV
11 🗆	Green Beans			♥ VDG	11 🗆		rset Han	n Sala	nd			DHG
12 🗆	Cauliflower	(,		♥ VDEG	12 🗆		cet Potato			leans (\	/egan)	♥ VDG
13 🗆					13 🗆		eese Om				-	
	oose <i>one</i> of t	he following p	lus Gra	avv						_		VDEHG
14 🗆	Gravy	3  -		VDEG	14 🗆		Mayo Sa					
15 🗌	Mashed Pota	itoes		VDEG	15 🗆		Mayo Sa				Range)	VDH
16 🗆	Aromatic Wh	nite Rice		VDG	16 🗆	15 71477.14	m Sandv					D
17 🗌	New Potatoe	es .		VDG	17 🗆		eese Sar					VDH
	Choose o	ne Dessert Cou	rse				Choose	<u>one</u> l	Dessei	rt Cou	rse	
18 🗌		jar Semolina Pu		VDEH	18 🗆	Str	awberry	/ Mou	sse			VEHG
19 🗌	Vanilla Ice Cr		,	VDEG	19 🗆							
20 🗆	Banana			♥ VDGE	20 🗆	Fre	sh Pear					♥ VDG
21 🗌	Fruit Jelly			♥ VDGE	21 🗆	Fru	iit Yoghi	urt				VEHG
22 🗌	•				22 🗆	Red	duced Si	ugar `	Yoghu	rt		♥ VDEG
	Choose	Mid Meal Snac	:k				- Fresh	Fruit	and	Snack	(s	
23	Fruit Flapjacl	k			Fres	h fru	uit and s	nacks	are a	vailab	le any	time.
							Please a	ask yo	ur wa	rd Nu	rse	
☐ Keto	chup $\square$	Mustard 🗆 N	/layonr	naise	( Ket	chur	o	¬ M	stard		/layoni	naise
	61		artare				ream [	- 104410411000	egar			Sauce
		Optional —				,						
	Jacket Potatoe	s with a limited ra			Fres	h. L	Cocal,	1			08	
		melettes are avail ard team to order		.	nu	tris	tious	1:		FOOD	BRONZE. SERVED	
	olease ask tile W			ocal food,	PROTE	CTED	Soil	Association.	Just Eat More			
☐ Tic	ck here to see a r	member of the Ca	tres	nıy pre	epared	MEAL	IIMES		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	(fruit & veg)		

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	lation Trust	Ma			PH N	IHS Foun	dation T	rust				
Fric Lunch	Week 1	NAME									rida er W	ay leek 1
		Healthy Option <b>V</b> rgy <b>E</b> = Easy Chew					etic Diet <b>V</b> tein/High Er					
Portion Size	Small [	Medium 🗆	Large		Porti Size	ion	SMALL		MEDIUN	1 🗆	Large	
P	lease fill in the	e box next to you	r choice	like this		Ple	ase fill in t	the bo	x next	to your	choice	like this
2	Choose gegetable Swattered Whomerset Beer Salad una Mayonn heese Sandwall Appetite Momerset Beer see two of tarrots (in see as Choose on lackberry & educed Sugresh Pear anilla Ice Cruit Jelly	e & Lentil Soup in one Main Cour veet & Sour (Voite Fish and Lef & Mushroom Faise Sandwich/White eal - Served on a Snef & Mushroom Fason)  e one of the footoes atoes Apple Crumblar Custard	♥ DVH DHE VDHE  DH avy ♥ VDEG ♥ VDEG	1	Cre Slic Slic Ap Ora Che Soi Wh Sid Tur Pla Jac Tur Che Ch Ch Rec Fre	Choose <u>t</u> am of Muce of White of Brown of Muce of Brown one one of the property of the Salad of	ishroodite Brown B	om Sou ead read f the f follow Bake hicker erts) Free R th Tur Sand n/Brove andwi andwi esser tice Pu	ving pl (Vega n Curr Range) na wich/V vn ch/Bro ch/VVh rt Cou	wing  us veg n) y  White own nite rse	VDEG VDE VVG VVG VVDE VVDG VVDG VDEHG VDH VDH VDH VDH VDH VDEG VDEG VDEG VDEG VDEG	
23 🗆 H	lummus and	d Salad Sticks		Fres	h fru	uit and sr Please as				-	time.	
☐ Ketchu☐ Salad			naise Sauce		chu <sub>l</sub> ad C	p	Mus Vine	tard egar		layon artare	naise Sauce	
ple	acket Potatoes fillings and O ase ask the wa	$\overline{}$	Nu	tria rting l	Local, tious ocal food, epared	PROTEC	TED	FOOD FOR LIFE Soil #	BRONZE SERVED HERE spociation	5 A DAY  Just Eat More (fruit & veg)		
	.5.0 10 300 01	For Ward Use O		Cum			For Ward	Use (	Only —			

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		urday h Week 1	NAME		NAME Saturd Supper We						ACCOUNTS ASSESSED.		
_	AIICI	I WEEK I	WARD		)	WA	RD				Jupi	DEI W	eek I
H=			= Healthy Option <b>V</b> nergy <b>E</b> = Easy Chew			H=			oetic Diet ♥: otein/High Ene				
	ortic ize	SMALL	☐ <b>M</b> EDIUM ☐	Large			orti ize	on	SMALL [	Mediui	м 🗆	Large	
		Please fill in t	he box next to your	choice	like this			PI	ease fill in th	e box next	to your	choice	like this
$\overline{}$		Choose o	one of the follow	/ina				100000	Choose tu	vo of the	follow	vina	
1		Orange Juic		ring	♥ VG	1	П	Cre	eam of Carrot				VDEHG
2			nickpea Soup in a	Mug	♥ VDEG	2			ice of Whit		Joup III	a mag	VDE
3			,	3		3			ice of Brow				♥ VDE
		Choose	one Main Cour	se		4		511	ice of blov	VII DI CUU			VOL
4		-	Pasty (Vegan)		<b>♥</b> DVE		ш		Choose o	ne of the	follow	vina	,
5			f with Onion and	Beer	DH	5		Δr	ople Juice	ne or the	101101	viiig	₩ VG
6			et Sausages		♥ DH	6			range Juice	۵.			♥ VG
/			Egg & Spinach S	Salad	♥ VDG		ш		hoose <i>one</i> o		wing n	lus ven	1
8		Ham Sandw		hita	DH	7	П		egetable C			ius veg	♥ VD
9			Egg Sandwich/VV Meal - Served on a Sm		VD	8	П		nilli Con Ca			Reef)	DHE
10	П		f with Onion and			9	П		hite Rice	(50111	0.500.	50017	♥ VDG
10			wo of the follow		Dil	10			de Salad				♥ VDG
11			s (in season)	9	♥ VDG	11			merset Be	ef Salad			♥ DGH
12		Cauliflower			♥ VDG	12			neese Ome		e Rano	ae)	VDEHG
13						13			cket Potat			90)	♥ DGV
14						14			am Sandwi				DH
			e of the following	ng plu	s Gravy	15			neese Sand				DVH
15		Mashed Pot			VDEG	16			neese Sand				DVH
16		Boiled Pota	toes		VDEG	17			ee Range E			own	♥ VD
17		Gravy	D C		VDEG				100	one Desse			
18		Strawberry	one Dessert Cou	irse	1	18		Re	educed Suc				VDE
19		Fresh Satsur			VEHG ♥ VDG	19	20700-314		esh Banan			9	VDHE
20		Vanilla Ice C			VDEG	20			anilla Ice C				VDEGH
21		Fruit Jelly	cream		VDEG	21			educed Sug		ırt		♥ VDEGH
					1220	0000000				, a. 10 g. 10			
		Cl											
22		Cheese and	e Mid Meal Snac	CK			rocl	h f.		ruit and			
23		Cheese and	BISCUITS			「	resi	n tr	ruit and sn			_	time.
									Please as	k your wa	ara Nu	rse	
		chup 🗆		/layon	naise Sauce	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Ket			Mustard		/layon	naise Sauce
7	Jaia	u Cream 🗆		ai tai e	Jauce		Jaio	Ju (	Ciealli 🗌	Vinegar		ai tare	Sauce
	ţ	fillings and	Optional es with a limited ra Omelettes are avail ward team to order	lable,	J		Nul ippoi	tre rting	Local, itious local food, orepared	PROTECTED MEATINGS	FOOD FOR LIFE Soil	BRONZE SERVED HERE	5 A DAY Just Eat More
( [	Tic	k here to see a	member of the Ca	terina <sup>-</sup>	Геат	) (	ires	шу р	repareu	MEALTIMES			(fruit & veg)









Assistance Required





	11000		NH5 Found	action irust	1000		INTERNACE	1534 1431	NH5 Found	dation II	rust	
Sun	day	NAME			NAME					Si	und	ay
Lunch \	Week 2	WARD		)	WARD					Supp	er W	leek 2
		VVARD										
		= Healthy Option ergy E = Easy Che					etic Diet <sup>1</sup> tein/High I					
Portion Size	SMALL [	Medium	LARGE		Porti Size	on	SMALL		Medium		Large	: 🗆
PI PI	lease fill in th	ne box next to yo	ur choice	like this		Ple	ease fill in	the b	ox next t	o your	choice	like this
	Choose a	ne of the follo	wing				Choose	two	of the	folloy	vina	
1 🗆 0	range Juic		wing	♥VG	1 🗆		eam of Po					VDEUG
	_	rcress Soup in	a Mug	♥ VDEG	2 🗆		ce of Wh			up III	a iviug	VDEHG
3 🗆	ca a vvacci	cress soup in	a mag	VOLG								VDE
	Choose	one Main Cou	Irse	1	3 🗆	2110	ce of Bro	own	Bread			♥ VDE
4 🗆 Ve		& Lentil Bolognes		VDE	4 🗆		2		0 1			
	9	y & Stuffing (F					Choose	<u>one</u>	of the	follow	ving	
	sh in Parsle		161 (3)	DH	5 🗆	Ap	ple Juic	e				♥ VG
	lixed Bean	•		DHE	6 🗆	Or	ange Ju	ice				♥ VG
77077		naise Sandwich/	Drown	VDG		Ch	noose <i>on</i>	e of t	he follov	vina p	lus ved	a
		dwich/White	DIOWII	DH	7		eet Potato					VHE
		Meal - Served on a	Small Diato	VDH	8 🗆		nced Beef 8		(2)		_	DH
		y & Stuffing (F			9 🗆		de Salad	u 01110	THE WILL	1 4 1 450	ly lop	
IU 🗀 K		wo of the follo	50 70 00 000 JUNE 198	DH	10 🗆			nc (ir		-1		VDG
11 □ Ca			wing	lanuma			een Bea			1)		VDG
or strained to street or all	abbage (in			♥ VDG	11 🗆		rset Har				89	♥ DG
13 🗆	arrots (in s	eason)		♥ VDGE	12 🗆		ain Ome		. 3	ange)	)	VDEHG
14 $\square$					13 🗌		cket Pot					♥ DG
	boose one	of the fellow	بنام ساب	C 110111	14 🗌	Tui	na Mayo	nnais	e Sandw	/ich/W	hite	DH
		of the follow	ing plus		15 🗌	Ch	eese Sai	ndwi	ch/Brov	vn		VDH
	lashed Pot			VDEG	16 🗆	Do	rset Hai	m Sai	ndwich/	Brow	n	♥ DH
	oast Potato	oes		VDG	17 🗆	Do	rset Hai	m Sai	ndwich/	White	e	DH
17 □ G	ravy	D		VDEG					Dessei			1.
10 🗆 D		one Dessert Co			18 🗆	Ch	ocolate		-			VE
		gar Rice Puddi	ng	VEDH	19 □	CII	ocolacc	IVIOU	1330			VE.
		gar Yoghurt		♥ VDEG	9:191	Г.,	امد ۸ مامد	۱ ـ				
A CONTRACTOR OF THE PARTY OF TH	anilla Ice C	ream		VDEG	20 🗆		esh Appl	ie				♥ VDG
	resh Plum			♥ VDG	21 🗆		uit Jelly	_				VDHGE
22 🗌				1	22 🗆	Va	nilla Ice	Crea	ım			VDEG
	Choose	e Mid Meal Sn	ack				Eroch	Ermi	t and S	inack		
23 🗌 Fı	ruit Flapjad		ack		Eros	h fri	uit and s					timo
23 📙 11	ruit i iapjat	-K			ries	1111					-	time.
							Please a	ask y	our war	a Nui	rse	
☐ Ketchu	au au	Mustard 🗆	Mayon	naise	☐ Ket	chu	p 「	Mı	ustard		layon	naise
☐ Salad		Vinegar	Tartare		The second second second		ream [		negar			Sauce
Jaida	Cicuiii 🗆	viriegai 🗆	rartare	Jauce	Jaio	<i>-</i>	.ream [	VII	regai		urtare	Jauce
——— Optional ———							1 1				10	
Jacket Potatoes with a limited range of							Local, tious	6	1		63	
								6		FOOD	BRONZE SERVED HERE	E 0 D 0 V
				=			local food, repared	PRO	TECTED LITIMES	Soil 4	ssociation	Just Eat More
☐ Tick h	nere to see a	member of the	Catering 1	Геат )	1163	y Pi	-parca	IVIE	TEL HAIES		A 450	(fruit & veg)

For Ward Use Only

Assistance Required

**Red Tray** 









Assistance Required





		day Neek 2	NAME		NAME Monday WARD Supper Week 2										
			= Healthy Onergy E = Ea				H:					ealthy Option			
Por	tion	SMALL	☐ <b>M</b> EDIU	и	Large		PS	ortic ize	on	SMALL		Medium		Large	
	PI	ease fill in t	he box next	t to your	choice	like this			Pleas	e fill in	the b	ox next to	your	choice	like this
		Choose <u>a</u>	one of the	follow	ing				Ch	oose	two	of the fo	llow	ing	
1 [		range Jui	ce			<b>♥</b> VG	1					in a Mug			<b>♥</b> VDEG
2	Cr	eam of C	arrot Soup	o in a N	/lug	VDEG	2		Slice	of WI	hite E	Bread			VDE
3		Chassa					3	3 ☐ Slice of Brown Bread							♥ VDE
4 -	¬ 1\1		e <u>one</u> Maii Sausages (			M 1/15	4								
4 L			nerset Chi	_		♥ VD DEH						of the fo	llow	ing	
6		-	ur Dorset			EHG	5			le Juic					♥ VG
7	10 0000000		Stilton Sal			VDHG	6			ige Ju			_		♥ VG
8			ndwich/Br		egan)	♥ DV				40. 50.5	-	e followi		-	
9	☐ Eg	g Mayo Sar	ndwich/Whit	te (Free I	Range)	VDH	7		_			erole (Ve	egan	)	VDEG
			Meal - Served				8			ish Pa	,				DH
10		-	nerset Chi			DEH	9			Salad					VDG
			the follo	wing p	lus Gra	avy	20.00	) 🗌		etcorn		= 590			♥ VDG
11 [		eas (in sea				♥ VDG				ey Sal	1000	.(0)/			♥ DG
12		auliflowei				♥ VDEG	5000	2 🗆				te (Free	_	ge)	VDEHG
13 [ 14 [		(2)///						3 🗌				vith Che			♥ VDG
14 _		Choose	one of the	follow	dina '	VDEG		† 🗌				ich/Whit		_	DV
15 🗆	¬ \/	hite Rice	or the	TOHOW	ilig	♥ VDG		5 🗌				ch/Brown			VDH
16		ew Potato	es			♥ VDG	30000	$\Box$				ndwich/E			♥ DH
17		ashed Po				VDEG	17	7	Dors	et Ha	m Sai	ndwich/\	White	е	DH
			one Desse	ert Cou	rse				C	hoose	e <u>one</u>	Dessert	Cou	rse	
18	Br		tter Pudd			VHD	18	3 🗌	Redu	uced S	ugar	Semolin	a Pu	dding	VDE
19	Re	educed Su	ıgar Custa	rď		GVHDE	19	$\Box$	Bana	ana					VEG
20 🗆	Fr	esh Plum	(in seasor	1)		♥ VDG	20	$\Box$	Redu	uced S	ugar	Yoghur	t		♥ VDEGH
21	] Va	anilla Ice	Cream			VDEG	21		Fres	n Satsı	uma				VDG
22	Fr	uit Jelly				VDEG	22	2 🗌							
		Choos	e Mid Me	al Snac	:k					Fresh	Frui	t and S	nack	(S	
23 [	ЭН	ummus a	nd Salad S	ticks				Fresh	n fruit	t and s	snack	s are av	ailab	le any	time.
						,			Р	lease	ask y	our war	d Nu	rse	
□ Ka	etchu	ın 「	Mustard		layonr	naise		Ket	chup	Γ		ustard		layon	naise
		Cream [	Vinegar		artare				id Cre	am [		negar		-	Sauce
						=									=
	_ Ja	cket Potato	Optional bes with a lin		nge of	,	1	nesi	h 1	ocal,	1			a.	
		fillings and	<b>Omelettes</b>	are avail	able,			20.	tniti	aus	(:(		FOOD	BRONZE	
	plea	ase ask the	ward team	to order	for you	·	9		ting loca		PRO	TECTED 3	LIFE	HERE	5 A DAY
	Tick h	ere to see	a member o	f the Ca	tering T	eam		fresl	nly prep	ared	MEA	TECTED ALTIMES	2011/	ssociation	Just Eat More (fruit & veg)

For Ward Use Only -

Assistance Required

**Red Tray** 

Tick here to see a member of the Catering Team

**Red Tray** 

For Ward Use Only -

Assistance Required













111310211						
Tuesday NAME		NAME			uesd	CONTRACTOR OF THE PERSONS ASSESSMENT
Lunch Week 2 WARD	)	WARD		Sup	per W	eek 2
D = Diabetic Diet $\Psi$ = Healthy Option $V$ = Veget H = High Protein/High Energy E = Easy Chew G = Gl			Diabetic Diet ♥ = H Protein/High Energ			
Portion Small   Medium   Large		Portic Size	SMALL	Medium 🗌	Large	
■ Please fill in the box next to your choice	like this		Please fill in the	oox next to you	ur choice	like this
Choose <u>one</u> of the following			Choose two	of the follow	wing	
1 Orange Juice	₩ VG	1 🗆	Cream of Toma		_	VDEG
2 Cream of White Bean & Thyme Soup in a Mug	♥ VDEG	2 □	Slice of White		9	VDE
3 🗆		3 🗆	Slice of Brown			
Choose <u>one</u> Main Course			Silce of Brown	ыеац		♥ VDE
4  Mixed Bean Casserole (Vegan)	♥ VDEG	4 🗆		641 6 11		Ļ
5 Somerset Mild Beef Curry	DH		Choose <u>one</u>	of the follow	wing	
6 Cottage Pie (Somerset Beef)	DEH	5 🗆	Apple Juice			♥ VG
7 Cheese Salad	♥ VD	6 🗆	Orange Juice			♥ VG
8  Tuna Mayonnaise Sandwich Brown	DH		Choose one of t	he following	olus veg	
9 Cheese Sandwich/White	VDH	7 🗆	Butternut Squash &	Mushroom Bake	(Vegan)	♥ VD
Small Appetite Meal - Served on a Small Plate		8 🗆	Somerset Pork in			DHE
10 ☐ Cottage Pie (Somerset Beef)	DEH	9 🗆	Green Beans (i			VDG
Choose <u>two</u> of the following		10 🗆	Boiled Potatoe			VDE
11 ☐ Sweetcorn	vDG	11 🗆	Egg Mayonnais		Rango)	♥ DGHV
12 Green Cabbage (in season)		20.000				
13 Side Salad	♥ VDG ♥ VDG	12 🗆	Plain Omelette	_	e)	<b>♥</b> VDEHG
Choose <u>one</u> of the following plu		13 🗆	Jacket Potato			♥ DG
14 ☐ Gravy	VDEG	14 🗆	Chicken Mayo			DH
15 Mashed Potato	VDEG	15 🗌	Chicken Mayo			DH
16 ☐ Boiled Parsley Potatoes	VDEG	16 🗆	Tuna Mayonna	ise Sandwich	/White	♥ DH
17 Doiled Parsiey Foldatoes	VDEG	17 🗆	Cheese Sandwi	ch/Brown		VDH
Choose one Dessert Course	VDG		Choose on	e Dessert Co	urse	
18 Peach Crumble		18 🗆	Strawberry Mo	ousse		VEHG
	VHG	19 □				
19 Reduced Sugar Custard	♥ VDGHE	20 🗆	Fresh Banana			♥ VDGE
20  Vanilla Ice Cream	VEHG	21 🗆	Fruit Jelly			DEGV
21 ☐ Fruit Jelly 22 ☐ Fresh Apple	VEGD	22 🗆	Vanilla Ice Cre	am		VDEG
22   Flesh Apple	*	22	variilla ice cre	am		VDEG
Choose Mid Meal Snack			Fresh Fru	it and Snac	ks —	
23 Cheese and Biscuits		Fresh	n fruit and snac	ks are availa	ble any	time.
				our ward N		
Natalana Danatana Dan			elevies 🗆 🗆	lustand 🗆	N/ava==	naisa
☐ Ketchup ☐ Mustard ☐ Mayon			and the second s		Mayon	
☐ Salad Cream ☐ Vinegar ☐ Tartare	U Sala	id Cream 🔲 V	inegar 🗌	Tartare	Sauce	
Optional —		11.1		10	-	
Jacket Potatoes with a limited range of		tres	h. Local,	0	63	
fillings and Omelettes are available, please ask the ward team to order for yo		tritious	STOP FOR	BRONZE SERVED HERE	5 A DAY	
	_		ting local food, nly prepared	OTECTED SO	Association	Just Eat More

**Red Tray** 

For Ward Use Only Assistance Required













Wednesday NAME WARD	WARD Wednesday Supper Week 2							
D = Diabetic Diet ♥ = Healthy Option V = Vegeta H = High Protein/High Energy E = Easy Chew G = Glu		D = Diabetic Diet ♥ = Healthy Option V = Vegetarian H = High Protein/High Energy E = Easy Chew G = Gluten Free						
Portion Small Medium Large		Portic Size	on Small	_ 🗆	Medium		Large	
■ Please fill in the box next to your choice	like this		Please fill i	n the b	ox next to	vour	hoice	like this
Choose <u>one</u> of the following					of the fo		_	
<ul><li>1 ☐ Orange Juice</li><li>2 ☐ Cheesy Leek &amp; Mustard Soup in a Mug</li></ul>	♥ VG VDEG		Sweet Pota Slice of W			ир пп а	iviug	VDEG
3 $\square$	VDEG	3 🗆	Slice of B					VDE
Choose <i>one</i> Main Course			Slice of B	rown	Breau			♥ VDE
4	♥ VDEG	4 🗆	Chans		of the fo	Havri		l
5 Somerset Roast Pork	DH				of the fo	IIOWI	ng	
6 Grilled Fish with Cheese Sauce	DHE	5 🗆	Apple Jui					♥ VG
7	♥ VDH	6 🗆	Orange J		a falland	بام سا		♥ VG
8	DH	7	Choose <u>or</u>				is veg	1.00.1.
9 Egg Mayo Sandwich/White (Free Range)	VDH	7 🗆	Vegetable	_			£	♥ VDE
Small Appetite Meal - Served on a Small Plate		8 🗆	Somerset	Savou	ry wince	и вее	I	DHE
10 Grilled Fish with Cheese Sauce	DHE	9 □	Carrots Dorset Ha	Cal	امط			♥ VDGE
Choose <u>two</u> of the following 11   Broccoli (in season)		11 🗆	Boiled Po					♥ DGH
12 Mixed Vegetable	VEGD ♥ VDG					closs		VDG
13 Side Salad	♥ VDG	12 🗆	Jacket Po				۵)	♥ DGV
Choose <u>one</u> of the following plus Gra	13 🗆	Cheese O					VDHEG	
14 ☐ Gravy	VDEG	14 🗆	Egg Mayo S				-	VDH
15 Mashed Potatoes	VDEG	15 🗆	Dorset Ha					<b>♥</b> DH
16 ☐ Roast Potatoes	VDG	16 🗆	Dorset Ha					DH
17 White Rice	♥ VDG	17 🗆	Chicken I					DH
Choose one Dessert Course		10 🗆			Dessert	Cour	se	1
18 Reduced Sugar Rice Pudding	VDEG	18 🗆	Chocolate			c		VEG
19  Vanilla Ice Cream	VDEG	19 🗆	Reduced		rognum			GVDEH
20 Fruit Jelly	VDEG	20 🗆	Fresh Bar					VDEG
21 Fresh Plum (in season)	VDG	21 🗆	Fresh App	pie				♥ VDG
22 🗆	l	22 🗆						I
Choose Mid Meal Snack			Fres	h Frui	it and S	nacks	s	
23 Fruit Flapjack		Fresh fruit and snacks are available anytime.						
_					our ward		-	
	$\longrightarrow$							=
☐ Ketchup ☐ Mustard ☐ Mayonr		the second secon	chup		ustard		ayon	
☐ Salad Cream ☐ Vinegar ☐ Tartare	Sauce	U Sala	ad Cream	∐ Vii	negar	∐ Ta	rtare	Sauce
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you	1.	Nu	h, Local tritious		<b>1</b>	FOOD BEFOR SELIFE	NONZE RIVED ERE	5 A DAY
☐ Tick here to see a member of the Catering T		hly prepared	PRO MEA	ALTIMES	Soil 413	ociation	Just Eat More (fruit & veg)	
For Ward Use Only —		— For Wa	ard Use	Only —				

Assistance Required

**Red Tray** 

**Red Tray** 

☐ Assistance Required



Salisbury
NHS Foundation Trust





For Ward Use Only -

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		-4							
Thursday NAME	NAME Thurso					CONTRACTOR AND ADDRESS OF			
Lunch Week 2 WARD	WARD Supper Week 2							eek 2	
<b>D</b> = Diabetic Diet <b>♥</b> = Healthy Option <b>V</b> = Vegeta	D =	Diab	etic Diet 🔻	= Healtl	hy Optio	on V	= Veget	arian	
$\mathbf{H} = \mathbf{High Protein/High Energy}  \mathbf{E} = \mathbf{Easy Chew}  \mathbf{G} = \mathbf{Glu}$	H = Hig	h Pro	tein/High E	nergy E	= Easy (	Chew	G = Glu	iten Free	
Portion SMALL MEDIUM LARGE		Porti Size	on	Small	□ N	<b>1</b> EDIUM		Large	
Please fill in the box next to your choice		Ple	ease fill in t	the box	next to	your	choice	like this	
Choose <u>one</u> of the following			Choose <u>t</u>	wo of	the fo	llow	ina		
1  Orange Juice	1 🗆		eam of C	10.7			_	VDEHG	
2	♥ VG ♥ VDEHG	2 □		ce of Wh			1 4 10	lug	VDE
3 🗆		3 🗆		ce of Bro					
Choose <i>one</i> Main Course		4	3110	ce or bro	WILDLE	au			♥ VDE
4 Uegetable and Chickpea Chilli (Vegan)	VDEG	4		Cl			11		l
5 Dorset Pork and Onion In BBQ Sauce	DH			Choose <u>a</u>		tne to	llow	ıng	
6 Steak and Ale Pie	DH	5		ple Juice					♥ VG
7	♥ DV	6 🗆		ange Jui					<b>♥</b> VG
8  Tuna Sandwich/Brown	DH		Ch	oose <u>one</u>	of the f	ollowi	ng pli	us veg	
9 Cheese Sandwich/White	VDH	7	Ve	getable I	Pasty (\	Vegan	)		VH
Small Appetite Meal - Served on a Small Plate		8 🗆	Spa	aghetti Bo	lognes	e (Som	erset	Beef)	DEH
10 ☐ Steak and Ale Pie	9 🗆	Pe	as					♥ VD	
Choose <i>two</i> of the following	ng	10 🗆	Tui	na Salad					♥ DH
11  Broad Beans (in season)	♥ VDG	11 🗆	Pla	ain Omel	ette (Fi	ree Ra	nae)	r.	VDEHG
12 Carrots (in season)	♥ VDGE	12 🗆		cket Pota	1.0		_		♥ VDG
13 ☐ Side Salad	♥ VDG	13 🗆		na Sandv			CJC		DH
Choose one of the following plus Gr	avy	14 🗆		eese San			2		
14 ☐ Gravy	VDEG	15 🗆		orset Ham					VDH
15 ☐ Roast Potatoes	VDG	24 (1880)							♥ DH
16 ☐ Rice	VDG	16 🗆	DO	orset Ham	i Sandi	wicn/v	vnite	9	DH
17 Mashed Potatoes	17 🗆				_	_			
Choose one Dessert Course			Choose				rse		
18 ☐ Apple Crumble	VEH	18 🗆	Sei	molina R	educed	d Suga	ar		VHE
19 Reduced Sugar Custard	VEHG	19 🗌							
20  Vanilla Ice Cream	VEG	20 🗆	Fre	esh Apple	9				♥ VDG
21 Fresh Banana	♥ VDGE	21 🗆	Fru	uit Yoghu	ırt				VEHG
22 Fruit Jelly		22 🗆	Fre	esh Satsu	ma				♥ VDG
Choose Mid Meal Snack			– Fresh	Fruit a	and Si	nack	s		
23 Hummus and Salad Sticks	Fres	h frı						time.	
23  Hummus and Salad Sticks Fresh fruit and snacks are available anytime.  Please ask your ward Nurse									
☐ Ketchup ☐ Mustard ☐ Mayoni		ch	n	] NA+	ard		laves		
The state of the s		chu		Must			layonı		
☐ Salad Cream ☐ Vinegar ☐ Tartare	au C	ream [	Vine	yar	I∂	artare	Sauce		
—— Optional ——									
Jacket Potatoes with a limited range of	tres	h,	Local,	6	-		OS		
fillings and Omelettes are available, please ask the ward team to order for you			tious	(	1 3	FOOD	BRONZE SERVED EPE	FADAY	
product for you			local food, repared	PROTECT	ED ES	Soil 4	sociation.	Just Eat More	
$igl( \ igcup \ $ Tick here to see a member of the Catering T	1163	y pi	- Cparca	WEALIN	11.3			(fruit & veg)	

For Ward Use Only -

Assistance Required

**Red Tray** 



**Red Tray** 

Assistance Required

**Red Tray** 

Assistance Required











	Me	NHS Fo	oundation Trust	Ma				ndation Trust	
Friday NAME WARD WARD			NAME Friday WARD Supper We					NAME AND POST OFFICE AND	
D = Diabetic Diet ♥ = Healthy Option V = Vegetarian H = High Protein/High Energy E = Easy Chew G = Gluten Free							otion $V = Veget$ sy Chew $G = GI$		
Portion Size	SMALL [	☐ <b>M</b> EDIUM ☐ <b>L</b> A	RGE 🗆	Porti Size	ion	Small	☐ <b>M</b> EDIUI	m 🗌 Large	
Please fill in the box next to your choice like this						ease fill in t	the box next	to your choice	like this
Choose <u>one</u> of the following					(	Choose <u>t</u>	wo of the	following	
\$2,000 CO.	Orange Juice		♥ VG	1 🗆	Cre	eam of Sp	oinach Sou	ıp in a Mug	VDEG
	egetable and	d Herb Soup in a Mug	♥ VDEG	2 🗆	Slic	ce of Whi	ite Bread		VDE
3 🗌				3 🗆	Slic	ce of Bro	wn Bread		♥ VDE
		<i>one</i> Main Course		4					
		rgette Bake (Vegar				Choose of	one of the	following	
		ite Fish and Lemor	) DH	5 🗆		ple Juice		ronowing	leave.
The same of the sa		n (Somerset Beef)	DH	6 🗆					♥ VG
	Chicken and	Bacon Salad	♥ DG			ange Juic			<b>♥</b> VG
		Sandwich/Brown (Her	ts) DH					wing plus veg	
	Cheese Sand		VDH	7 🗆				Pasta (Vegan)	VDE
		Ieal - Served on a Small Pl	ate	8 🗆			epper Stew	/	DE
10 🗌 B	eef Goulasl		DH	9 🗆	Ne	ew Potato	es		♥ VDG
1000000		<u>vo</u> of the following	1	10 🗆	Sic	de Salad			♥ VDG
	eas (in seas	on)	♥ VDG	11 🗆	Tu	rkey Sala	d (Herts)		♥ DG
2	weetcorn		♥ VDG	12 🗆	Ch	eese Om	elette (Fre	e Range)	VDEHG
13 🗌				13 🗆				Beans (Vegan)	♥ VDG
14 🗌				14 🗆				White (Herts)	DH
		of the following p	lus Gravy	15 🗆		-		wich/Brown	DH
15 🗌 N	Aashed Pota	atoes	VDEG	16 □		-		wich/White	
16 □ C	Chipped Pot	atoes	VDH	SECTION ASSESSED.					DH
17 Gravy VDEG				17 🗆	Ch		dwich/Bro		VDH
Choose <u>one</u> Dessert Course			40.			<u>one</u> Desse	rt Course		
18 🗌 R	Reduced Sug	gar Rice Pudding	VDEG	18 🗆		on Mess			VEH
19 🗌 F	ruit Yoghur	t	VEHG	19 🗌		esh Apple	5		♥ VDG
		gar Yoghurt	♥ VDGE	20 🗆		uit Jelly			VDEG
21 🗌 F	resh Plum		♥ VDG	21 🗆	Va	nilla Ice (	Cream		VDEG
22 🗌 lo	ce Cream		VDEG	22 🗌					
22 🗆		Mid Meal Snack		_			Fruit and		
23 📋 C	23  Cheese and Biscuits			Fres	h tru			vailable any	rtime.
			J			Please as	sk your wa	ird Nurse	,
□ Ketch	un 🗆	Mustard   Maye	onnaise	□ Va+	chu	n 🗆	Muctard	□ Mayon	naise
☐ Ketchup ☐ Mustard ☐ Mayonnaise				chu		Mustard	☐ Mayon		
☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce ☐ Salad Cream ☐ Vinegar ☐ Tartar						lartare	Sauce		
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.			Nul	tri rting l	Local, tious	PROTECTED	FOOD BRONZE FOR SERVED LIFE ISSEE	5 A DAY Just Eat More	
☐ Tick here to see a member of the Catering Team					niy pr	repared	PROTECTED MEALTIMES	The section C	(fruit & veg)
For Ward Use Only —						For Ward	Use Only -		



**Red Tray** 

Assistance Required

**Red Tray** 

Assistance Required











NHS Foundation Trust	NHS Foundation Trust					
Saturday NAME WARD WARD	NAME Saturday WARD Supper Week 2					
D = Diabetic Diet ♥ = Healthy Option V = Vegetarian H = High Protein/High Energy E = Easy Chew G = Gluten Free	D = Diabetic Diet ♥ = Healthy Option V = Vegetarian H = High Protein/High Energy E = Easy Chew G = Gluten Free					
Portion   SMALL   MEDIUM   LARGE	Portion   Small   Medium   Large					
Please fill in the box next to your choice like this	■ Please fill in the box next to your choice like this					
Choose one of the following  Cream of Sweetcorn Soup in a Mug  Choose one Main Course  Mushroom & Sweet Potato Curry (Vegan)   VDG Somerset Chicken & Mushroom Pie   DH Cheese Salad & Coleslaw   VDG Cheese Sandwich/Brown   VDH Small Appetite Meal - Served on a Small Plate  Choose two of the following plus Gravy  Choose two of the following plus Gravy  Choose one of the following  Mashed Potatoes   VDEG Choose one Of the following  Mashed Potatoes   VDEG Choose one Dessert Course  Apple Crumble   VE Choose Mid Meal Snack  Fruit Flap Jack	Choose two of the following    Creamed Parsnip Soup in a Mug   VDEHG   VDE					
☐ Ketchup ☐ Mustard ☐ Mayonnaise ☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce	☐ Ketchup ☐ Mustard ☐ Mayonnaise ☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce					
Optional Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.  Tick here to see a member of the Catering Team For Ward Use Only	Tresh, Local, Natritious Supporting local food, freshly prepared  For Ward Use Only					