









☐ Assistance Required





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E	Tic	k here	to see	a me	mber of th	e Cat	ering T	eam		fres	hly pro	epared	ME	ALTIMES -	Soil	ssocialin .	Just Eat More (fruit & veg)

For Ward Use Only -

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D = Diabetic Diet ♥ = Healthy Option V = Vegetarian H = High Protein/High Energy E = Easy Chew G = Gluten Free Portion Size SMALL	Monday NAME					Mc Suppo	ond er W	DESCRIPTION OF THE PROPERTY OF
Portion Small Medium Large Portion Size Small Medium Large Please fill in the box next to your choice like this Please fill in the box next to your choice like this Please fill in the box next to your choice like this								
Please fill in the box next to your choice like this Choose one of the following Cream of Tomato Soup in a Mug Choose one Main Course Grilled Meat Free Sausages (Vegan) Size SMALL MEDIUM Large Please fill in the box next to your choice like this Choose one of the following Vegetable Soup in a Mug Slice of White Bread Slice of Brown Bread Choose one of the following Choose one of the following Choose one of the following Apple Juice Orange Juice Formula Medium Large Please fill in the box next to your choice like this Choose two of the following Slice of Brown Bread Apple Juice Orange Juice Choose one of the following The present of the following of the following Size SMALL Medium Large Please fill in the box next to your choice like this Choose two of the following Apple Juice Orange Juice Choose one of the following of the followi		iten Free			nergy E = Easy	/ Chew (3 = Glu	iten Free
Choose one of the following Choose one of the following Choose one Main Course Grilled Meat Free Sausages (Vegan) Somerset Chicken Casserole Somerset Mild Beef Curry Egg Salad (Free Range) Choose one of the following Choose two of the following Vegetable Soup in a Mug Slice of White Bread Slice of Brown Bread Choose one of the following Apple Juice Orange Juice Vog Choose one of the following The orange Juice Orange Juice Vog Choose one of the following The orange Juice	Portion Small Medium Large			SMALL	☐ M EDIUM	1 🗆	Large	
1 ☐ Orange Juice 2 ☐ Cream of Tomato Soup in a Mug 3 ☐ Choose one Main Course 4 ☐ Grilled Meat Free Sausages (Vegan) 5 ☐ Somerset Chicken Casserole 6 ☐ Somerset Mild Beef Curry 7 ☐ Egg Salad (Free Range) ▼VDE Vegetable Soup in a Mug 2 ☐ Slice of White Bread 3 ☐ Slice of Brown Bread 4 ☐ Choose one of the following 5 ☐ Apple Juice 6 ☐ Orange Juice VDE VDE VDE VDE Orange Juice 6 ☐ Orange Juice VDE VDE VDE Orange Juice VDE VDE VDE VDE Orange Juice VDE VDE VDE Orange Juice VDE VDE VDE VDE VDE VDE Orange Juice VVG VVG VVG VVG VVG VVG VVG V	■ Please fill in the box next to your choice	like this		Please fill in t	the box next t	to your c	hoice	like this
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Choose <u>one</u> Main Course 4								
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7	20	♥ DEH	5 🗆			10110111	9	W VG
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16 ☐ Gravy VDEG 16 ☐ Chicken Mayo Sandwich/Brown ♥ DH	to the state of th	15022200-00-0	Section Section 1		•			♥ DH
17 ☐ Rice ▼VDG 17 ☐ Chicken Mayo Sandwich/White DH		♥ VDG	17 ☐ Chicken Mayo Sandwich/White					DH
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18 Apricot Cidilible	18 Apricot Crumble	VEH			_	udding		VEGD
13 Li Reduced Sagar Castara	19 ☐ Reduced Sugar Custard	♥ VDHG	19 🗌	_				VEHG
20 ☐ Vanilla Ice Cream VDEG 20 ☐ Fresh Banana VDH	20 Vanilla Ice Cream	VDEG	20 🗆	Fresh Bana	na			VDH
21 Fruit Jelly VDEG 21 Fresh Apple VHG	and the contract of the contra	VDEG	21 🗆	Fresh Apple	9			VHG
22 Fresh Pear VDG 22	22 Fresh Pear	VDG	22 🗆					1
Choose Mid Meal Snack — Fresh Fruit and Snacks —	Chaosa Mid Maal Spack			Eroch	Evilit and (Smaalee		
23 Fruit Flapjack Fresh fruit and snacks are available anytime.			Frosh					timo
Please ask your ward Nurse	23 - Truit Hapjack		116311					time.
☐ Ketchup☐ Mustard☐ Mayonnaise☐ Ketchup☐ Mustard☐ Mayonnaise							-	
☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce ☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce	□ Salad Cream □ Vinegar □ Tartare	Sauce	☐ Sala	d Cream	Vinegar	□ Та	rtare	Sauce
Optional — On A A				1 1 1			r	
Jacket Potatoes with a limited range of fillings and Omelettes are available			trest	i, Local,	682		S	
please ask the ward team to order for you		ı. J	New	ritious		FOOD BR	ONZE RYED RE	EADAY
Supporting local food, providing				PROTECTED MEALTIMES	Soil Asso.	ciation.	Just Eat Mor	

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1	П	Choose of Orange Juic	one of the follow	ing	♥ VG	1 □		Choose g				ing	VDEUC
2			ishroom Soup in a	Mug	VDEG	2 □		ce of Wh			19		VDEHG VDE
3						3 🗆		ce of Bro					♥ VDE
_			one Main Cours			4							
4			Ratatouille (Vega		VDG	Choose <u>one</u> of the following							
5			icken & Vegetable		DEH	5 🗆		ple Juice				,	♥ VG
6 7		Cheese Sala	ey Roast Gammo	n	DHG	6 🗆		ange Jui					♥ VG
8	Н		d Sandwich/Brown (V	(nena	♥ DHG DEH	41000000		oose <i>one</i>		e followi	ng pl	us veg	
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_			Meal - Served on a Sma	all Plate	VDLII	8 🗆	Co	ttage Pi	e (Soi	merset E	Beef)		DEH
10			icken & Vegetable		DEH	9 🗆		een Beai			•		♥ VDG
			wo of the follow			10 🗆	Fre	ee Range	e Egg	Salad			♥ DG
11		Broad Bean	S	_	♥ VDEG	11 🗆		eese Om			Ranc	ge)	VDEHG
12		Sweetcorn			♥ VDG	12 🗆		ket Pota					♥ DG
13		Side Salad			♥ VDG	13 🗆	Hui	mmus Sala	ad San	dwich/Wh	ite (V	egan)	DEH
14						14 🗆		eese San			•	5 ,	VDEH
4.5			e of the followin	g plus	Gravy	15 🗆	Do	rset Han	n San	dwich/B	rown	1	♥ DH
15		Mash Potat			VDG	16 □	Do	rset Han	n San	dwich/M	/hite		D
16		New Potato	oes		♥ VDEG	17 🗆							
17		Gravy	one Dessert Cou	150	VDEG			Choose	one	Dessert	Cou	rse	1
18			gar Semolina Pu		VDE	18 🗆	Ch	ocolate					VEHG
19	- N	Fresh Apple	_	uuiiig	VDE ♥ VDG	19 🗆		uit Jelly					VDEG
20	25	Fruit Yoghu			VDH	20 🗆		esh Plum	ř				♥ VDEG
21		Fresh Fruit			♥ VDG	21 🗆		nilla Ice		m			DVEG
22		. resir rate .	Jaraa		T VDG	22 🗆	va	illia icc	Crear				DVEG
			101 0 101										
		0.000	e Mid Meal Snac	k						t and Si			
23		Hummus ar	nd Cucumber			Fres	h fru	uit and s					time.
								Please a	ask yo	our ward	l Nu	rse	
	Keto	chup \square	Mustard M	layonr	naise	☐ Ket	chu	n 「	\/\	ıstard	□. N/	layonı	naise
		d Cream	e a tale material properties and provide the second		Sauce			ream [egar		-	Sauce
\neq						Juli	C					ar cure	Jauce
		lacket Potato	Optional ——— es with a limited rar	nge of		7004	1	Local,		1		10	
		fillings and	Omelettes are availa	able,		7160	VV , d	diam.	6.		FOOD	BROWZE	
	1		ward team to order		i <i>)</i>	Suppo	vii rtina l	ocal food.	6		FOR	SERVED	5 A DAY
	Tick here to see a member of the Catering Team Supporting local food, freshly prepared Supporting local food, freshly prepared Soil Association Just Eat More (truit & veg)												

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Lunch Week 1				Supper W	DOMESTIC AND LABOR.				
D = Diabetic Diet ♥ = Healthy Option V = Vegeta H = High Protein/High Energy E = Easy Chew G = Glu			Diabetic Diet ♥ = Healthy Op Protein/High Energy E = Eas						
Portion Small Medium Large		Portic Size	SMALL MEDIU	м 🗌 Large					
■ Please fill in the box next to your choice	like this		Please fill in the box next	to your choice	like this				
Choose <u>one</u> of the following			Choose <u>two</u> of the	following					
1 🗌 Orange Juice	♥ VG	1 🗆	Creamy Leek Soup in a	Mug	VDEG				
2 Broccoli & Stilton Soup in a Mug	VDEG	2 🗆	Slice of White Bread		VDE				
3 🗆		3 🗆	Slice of Brown Bread		♥ VDE				
Choose <u>one</u> Main Course		4 🗆							
4 Uegetable & Lentil Casserole (Vegan)		Choose <u>one</u> of the following							
5 Liver & Bacon Casserole	♥ DH	5 🗆	Apple Juice	_	♥ VG				
6 ☐ Somerset Beef Lasagne 7 ☐ Smoked Mackerel Salad	DEH	6 🗆	Orange Juice		♥ VG				
 Smoked Mackerel Salad Tuna Mayonnaise Sandwich/Brown 	♥ DH	A500000	Choose <u>one</u> of the follow	wing plus veg					
9 Cheese Sandwich/White	VDEH	7 🗆	Cheese and Potato Leek		♥ VDE				
Small Appetite Meal - Served on a Small Plate		8 🗆	Creamy Cajun Chicker		DHE				
46 🗆 6	♥ DH	9	Side Salad		♥ VDG				
Choose <u>two</u> of the followin		10 🗆	Somerset Chicken Sal	ad	♥ DGH				
11 Carrots (in season)	♥ VDEG	11 🗆	Plain Omelette (Free		♥ VDEHO				
12 Green Cabbage	♥ VDG	12 🗆	Jacket Potato with Ch	-	♥ VDG				
13 🗆	27.62	13 🗆	Tuna Mayonnaise Sand		DEH				
Choose one of the following plus	Gravy	14 🗆	Cheese Sandwich/Brov		VDEH				
14 ☐ Parsley Potatoes	VDEG	15 🗆	Free Range Egg Sand		500,500,000				
15 ☐ Mashed Potatoes	VDEG	16 🗆	Free Range Egg Sand		VDE				
16 ☐ Rice	VDG	17 🗆	riee kange Egg Sanu	wich/white	VDE				
17 Gravy	VDEG	17 🗔	Chaosa ana Dassa	wt Course	L				
Choose <u>one</u> Dessert Course		10 🗆	Choose <u>one</u> Desse	rt Course	Í				
18 Reduced Sugar Rice Pudding	VDEG	4	Pear Crumble		VHE				
19 Fresh Banana	VDG	19 🗆	Reduced Sugar Custa	ra	GVDEH				
20 Fruit Jelly	VEG	20 🗆	Fresh Satsuma		♥ VDG				
21 Vanilla Ice Cream	VDEG	21 🗌	Fruit Jelly		VDEG				
22 🗆	1	22 🗆	Vanilla Ice Cream		VDEG				
Choose Mid Meal Snack			— Fresh Fruit and	Spacks					
23 Cheese and Biscuits		Fresh	fruit and snacks are a		time				
25 Encese and bisearts		11631	Please ask your wa		time.				
			Ticase ask your we	Ta ivaise					
☐ Ketchup ☐ Mustard ☐ Mayoni	naise	☐ Keto	hup 🗌 Mustard	☐ Mayoni	naise				
☐ Salad Cream ☐ Vinegar ☐ Tartare	Sauce	☐ Sala	d Cream 🗌 Vinegar	☐ Tartare					
Ontional	=			70 - 200 S 100 S 1					
Jacket Potatoes with a limited range of		Trost	h. Local, .	19					
fillings and Omelettes are available,		200	tritions	FOOD BRONZE	100				
please ask the ward team to order for you	J.)		ting local food,	FOOD BRONZE SERVED HERE	5 A DAY				
☐ Tick here to see a member of the Catering T	Team)		nly prepared PROTECTED MEALTIMES	Soil Association	Just Eat More (fruit & veg)				
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NHS Salisbury NHS Foundation Trust





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		ursday NAME											urse per W	day leek 1	
								WAI	RD						
H=		Diabetic Diet V Protein/High Er								abetic Diet Protein/High					
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\geq		Choose	ono	of the fe	llova	ina				Choose	- turo	of the f	ollov	wing	
1	П	Choose of Orange Juice		or the re	JIIOW	ilig	♥ VG	1	\Box \	/egetable				willig	VDEHG
2		White Onio		oup in a	Mua		♥ VDEG	2		Slice of W			ug		VDENG
3				- a-p a	9			3		Slice of B					♥ VDE
		Choose	e <u>or</u>	<u>e</u> Main (Cour	se		4		office of bi	OVVII	breau			₩ VDE
4		Mild Sweet Po	tato	& Lentil C	urry (\	Vegan)	♥ VDEG	-		Choose	o one	of the f	ollov	wing	1
5		Somerset B					DH	5		Apple Jui		or the i	01104	ville	♥ VG
6		Braised Pork wi			emor	Sauce	DH	6		Orange Ji					♥ VG
7		Chickpea &					♥ DG			Choose of		he follow	/ina n	dus vec	
8		Cheese Sand					VDEH	7		Vegetable				_	VEH
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10		Small Appetite Braised Pork w								Baked Be	_				VDG
10	<i>'</i> ⊔			two of the				10		Saute Pot		:			♥ D
11		Broad Bean			10 10	1100011	vDGE	11		Dorset Ha					G
12		Cauliflower					♥ VDEG	12		Jacket Pota			eans ((Vegan)	VDEHG
13		Side Salad					♥ VDG	13		Cheese O					VDEH
	Ch	noose <u>one</u> o	f the	e followi	ng p	lus Gi	avy	14		Hummus Sa			_		VDEH
14	· 🗌	New Potato	oes				VDG	15		Hummus Sa					VDEH
15		Mashed Po	tato	es			VDEG	16		Ham San			THIC (veganij	D
16		Aromatic W	Vhite	e Rice			VDG	17		Cheese Sa			0		VDEH
17	7	Gravy		_			VDEG	17				<u>e</u> Desser		ırsa	VDEN
4.0	. —			Dessert	Cou	ırse		18		Semolina			t COI	uise	GVEH
	3 🗆	Plum Crum		C			VDE	19		Strawber		_			10-10-10-10-10-10-10-10-10-10-10-10-10-1
19		Reduced Su Vanilla Ice	_				♥ VDG	20		Fresh Pea	-	Jusse			VDH ♥ VDG
20		Fruit Jelly	crea	IIII			VDEG	21		Reduced		r Voahuu	-+		♥ VEHGE
0.00000	2 🗆	Fresh Bana	na				♥ VDGE	22		neduced	Sugai	rognui	ι		▼ VEHGL
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23	3 🗌	Fruit Flapja	ick					F	resh	fruit and	snacl	ks are av	ailak	ole any	rtime.
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		Jacket Potato fillings and						1	resn	. Local		1	(FOOD	6	
		please ask the					u.		lut	ritious ng local food	6		FOOD FOR LIFE	BRONZE SERVED HERE	5 A DAY
<u></u>		sk hore to see	2 22	mbor of th	no Cat	torina 3) 31		ng local food y prepared	PRO ME	OTECTED ALTIMES	Soil	Association	Just Eat More (fruit & veg)
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Friday NAME					NAME		10-1		Frida	V
Lunch V	Vook 1							Sup	per W	
		ARD								
	etic Diet					Diabetic Diet Protein/High				
Portion Size	Small \square	Medium 🗌	Large		Portic Size	SMALL	☐ M EC	DIUM	Large	
■ Ple	ease fill in the b	ox next to you	r choice l	like this		Please fill in	the box ne	ext to you	r choice	like this
1	getable Chil ttered White ef Goulash neese Salad na Mayonnai eese Sandwid nall Appetite Mease Goulash Choose two veetcorn as	Mug Main Coul Pasta (Vega Fish and Le Se Sandwich/ Ch/White I - Served on a Sr of the following Expenses Dessert Coupple Crumble Custard	rse an) mon Brown mall Plate wing ng plus	♥ VG ♥ VDEG ♥ VDHE DH DH VDHE DH VDHE VDEG ♥ VDEG VDEG VDEG VDEG VDEG VDEG VDEG VDEG	1	Potato & W Slice of W Slice of Brown Choose Apple Juic Orange Ju Choose on Lentil & A Somerset I White Rice Side Salad Turkey Sal Plain Ome Jacket Pot Tuna Mayo Cheese Sa Chicken M Chicken M	own Bread own Bread one of the ice e of the fol ubergine Mild Chick e ad (Herts) elette (Fre ato with onnaise Sand dayo Sand layo Sand layo Sand layo Sand e one Des sugar Rice le Cream	loup in a d d d ne follow llowing p Bake (V ken Curr) e Range Tuna ndwich/v rown lwich/Br lwich/W sert Cou	Mug ving olus veg egan) ry White own hite urse	VDEG VDE VVG VVG VVDE DHE VVDG VDEHG VDHE VDG VDEHG VDHE VDG VDEG VDEG VDEG VDEG VDEG VDEG
23 🗌 Hu	Choose Nummus and (lid Meal Sna Cucumber	ck		Fresh	n fruit and	Fruit an snacks are ask your v	e availak	ole any	time.
☐ Ketchu ☐ Salad C	2. 1 (A)		Mayonr Tartare			chup ad Cream	☐ Mustar ☐ Vinega	Belleville 1	Mayonı Tartare	
plea	cket Potatoes v fillings and Om use ask the ward	elettes are avai	ilable, r for you	$\overline{}$	Nu	h, Local tritious ting local food, hly prepared	PROTECTED MEALTIMES	FOOD FOR LIFE Soil	BRONZE SERVED HEHE Association	5 A DAY Just Eat More (fruit & veg)

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			DIRECTO THIS TOURGUE HUSE	
	urday NAME		NAME Saturo	lay
Lunch	Week 1 WARD		WARD Supper W	eek 1
D = 0	Diabetic Diet ♥ = Healthy Option V = Vegeta	arian	D = Diabetic Diet ♥ = Healthy Option V = Vegeta	rian
H = High	Protein/High Energy E = Easy Chew G = Glu	iten Free	$\mathbf{H} = \text{High Protein/High Energy} \mathbf{E} = \text{Easy Chew} \mathbf{G} = \text{Glu}$	ten Free
Portio Size	SMALL MEDIUM LARGE		Portion Small Medium Large	
	Please fill in the box next to your choice	like this	■ Please fill in the box next to your choice	like this
	Choose <u>one</u> of the following		Choose <u>two</u> of the following	
1 🗆	Orange Juice	♥ VG	1 Cream of Carrot & Coriander Soup in a Mug	VDEHO
2 🗌	Creamed Chickpea Soup in a Mug	♥ VDEG	2 Slice of White Bread	VDE
3 🗌			3 Slice of Brown Bread	♥ VDE
	Choose <i>one</i> Main Course		4 \square	VOL
4	Vegetable Pasty (Vegan)	♥ VD	Choose <u>one</u> of the following	
5	Braised Beef with Onion and Beer	DEH		
6	Chicken & Tarragon Stew	♥ DE	5 Apple Juice	♥ VG
7	Mixed Bean Salad	VDG	6 Orange Juice	♥ VG
8	Chicken Mayo Sandwich Brown	D	Choose <u>one</u> of the following plus veg	
9	Free Range Egg Sandwich/White	VDE	7 🗌 Vegetable Curry (Vegan)	♥ VDEG
	Small Appetite Meal - Served on a Small Plate		8	DH
10 🗌	Chicken & Tarragon Stew	VDE	9 White Rice	♥ VDGE
	Choose two of the following		10 ☐ Side Salad	♥ VDG
11 🗌	Swede	♥ VDEG	11 Somerset Beef Salad	♥ DGH
12 🗌	Broccoli	♥ VDG	12 ☐ Cheese Omelette (Free Range)	VDEHO
13 🗌			13 ☐ Jacket Potato with Baked Beans	♥ DG
14 🗌			14 Chicken Mayo Sandwich/White	D
	Choose one of the following plus	Gravy	15 Cheese Sandwich/Brown	100 mm mm
15 🗌	Mashed Potatoes	VDEG	16 ☐ Cheese Sandwich/White	DE
16 🗌	Boiled Potatoes	VDEG	1	DE
17	Gravy	VDEG	17 Free Range Egg Sandwich/Brown	♥ VDE
	Choose <i>one</i> Dessert Course		Choose <u>one</u> Dessert Course	
18 🗌	Apricot Crumble	VEH	18 Reduced Sugar Semolina Pudding	VDE
19 🗌	Custard	♥ VHEG	19 🗌 Fruit Jelly	VDH
20 🗌	Vanilla Ice Cream	VDEG	20 Fresh Apple	♥ VDG
21 🗌	Fruit Jelly	VDEG	21 Reduced Sugar Yoghurt	♥ VDEG
22 🗌	Fresh Satsuma	VDH	22 🗆	
	Choose Mid Meal Snack		Fresh Fruit and Snacks	
23 🗌	Cheese and Biscuits		Fresh fruit and snacks are available any	time.
			Please ask your ward Nurse	
☐ Keto	chup	naise	☐ Ketchup ☐ Mustard ☐ Mayonr	naise
	d Cream 🗌 Vinegar 🔲 Tartare		☐ Salad Cream ☐ Vinegar ☐ Tartare	
	Optional			
	Jacket Potatoes with a limited range of		Fresh, Local, A	
_	fillings and Omelettes are available,	.	Nutritions. FOOD BROWZE FOR SHOWER	
F	please ask the ward team to order for you	1.	Supporting local food, freshly prepared	5 A DAY
☐ Tic	k here to see a member of the Catering T	eam	freshly prepared PROTECTED MEALTIMES Soil Association	lust Eat Mor (fruit & veg)

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Please fill in the box next to your choice like this Please fill in the box next to your choice like this	ay eek 2
Size SMALL MEDIUM LARGE Please fill in the box next to your choice like this Please fill in the box next to your choice like this	
	ke this
2 Pea & Watercress Soup in a Mug VDEG 3 Slice of White Bread 3 Slice of Brown Bread 4 Lentil Bolognese (Vegan) VDE Focase One of the following VDE Choose One of the following plus veg Choose One of the following VDE Side Salad VDE Choose One of the following plus veg Choose One of the following plus veg VDE Side Salad VDE VDE Side Salad VDE VDE	VDEHG VDE VVG VVG VDE
☐ Ketchup ☐ Mustard ☐ Mayonnaise ☐ Ketchup ☐ Mustard ☐ Mayonnai ☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce ☐ Salad Cream ☐ Vinegar ☐ Tartare Sa	
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you. Presh, Local, Nutritious Supporting local food, freshly prepared freshly prepared soil Association.	5 A DAY Ist Eat More (fruit & veg)

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Monday NAME				Mond Supper W	MARKET AND DESCRIPTION OF THE PERSON OF THE		
D = Diabetic Diet ♥ = Healthy Option V = Vegeta H = High Protein/High Energy E = Easy Chew G = Glu			abetic Diet ♥ = Healthy Op Protein/High Energy E = Eas				
Portion Small Medium Large		Portion Size	SMALL MEDIUM	и 🗌 Large			
■ Please fill in the box next to your choice	like this		Please fill in the box next	to your choice	like this		
Choose one of the following Cream of Tomato Soup in a Mug Choose one Main Course Leek & Mushroom Hot Pot (Vegan) Creamy Chicken Korma Sweet & Sour Dorset Pork Apple and Cheddar Salad Cheese Sandwich/Brown Free Range Egg Mayo Sandwich/White Small Appetite Meal - Served on a Small Plate Creamy Somerset Chicken Stew Choose two of the following Cabbage (in season) Sweetcorn Gravy Choose one of the following plus Mitte Rice Mashed Potatoes New Potatoes Choose one Dessert Course Reduced Sugar Custard Fresh Pear	DEH ♥ VDG ♥ VDEG VDEG	2	Choose two of the regetable Soup in a Medice of White Bread Slice of Brown Bread Choose one of the fapple Juice Orange Juice Choose one of the follow Vegetable & Butter Bean Cast Minced Beef & Onion Fabriced Potatoes Side Salad Tuna Salad Cheese Omelette (Free Jacket Potato with Chocese Sandwich/White Ghoose one Desser Reduced Sugar Semol Fruit Yoghurt Reduced Sugar Yoghurt Reduced Sugar Yoghurt	following wing plus veg serole (Vegan) Pie in Pastry e Range) seese ite n (Free Range) rt Course ina Pudding	♥ D D		
21	VDEG VDEG	22 🗆	Fresh Satsuma — Fresh Fruit and fruit and snacks are a	vailable any	time.		
Ketchup Mustard Mayonnaise Salad Cream Vinegar Tartare Sauce Salad Cream Vinegar Tartare Sauce Tartare Sau							
☐ Tick here to see a member of the Catering T	y prepared PROTECTED MEALTIMES	Soil Association	Just Eat Mor (fruit & veg)				

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		esday NAME		NAME			Tueso			
L	uncl	h Week 2 WARD		WARD			Supper W	leek 2		
H:		Diabetic Diet \forall = Healthy Option \mathbf{V} = Vegeton Protein/High Energy \mathbf{E} = Easy Chew \mathbf{G} = Glu				etic Diet ♥ = Healthy O _l tein/High Energy E = Ea				
	ortic ize	SMALL MEDIUM LARGE		Porti Size	on	Small Mediu	im 🗌 Large			
	155	Please fill in the box next to your choice	like this		Ple	ease fill in the box next	to your choice	like this		
		Choose <u>one</u> of the following			(Choose <u>two</u> of the	following			
1		Orange Juice	♥ VG	1 □		eam of Tomato Soup		VDEG		
2		Cream of Celery Soup in a Mug	♥ VDEG	2 🗆		ce of White Bread	3	VDE		
3				3 🗆	Slic	ce of Brown Bread		♥ VDE		
_	_	Choose <u>one</u> Main Course		4						
4		Mixed Bean Casserole (Vegan)	♥ VDEG	Choose <u>one</u> of the following						
5		Chicken & Mushroom Casserole	DH	5 🗆		ple Juice	,	♥ VG		
6		Cottage Pie (Somerset Beef)	DEH	6		ange Juice		♥ VG		
7		Wiltshire Cheese Ploughmans & Crusty Roll	VD			oose <u>one</u> of the follo	wina plus vea			
8		Tuna Mayonnaise Sandwich/Brown Cheese Sandwich/White	DEH	7 🗆		ishroom & Vegetable I				
9		Small Appetite Meal - Served on a Small Plate	VDHE	8 🗆		nerset Pork in a Creamy	10 mm (10 mm)	DHE		
10		Chicken & Mushroom Casserole	DEH	9 🗆		le Salad	mastara saace	♥ VDG		
		Choose <i>two</i> of the followin	10-10-10-10-10-10-10-10-10-10-10-10-10-1	10 🗆	Ric			VDG		
11	П	Carrots (in season)	y VDEG	11 🗆		rset Ham Salad		♥ DG		
12	2 🗆	Peas	♥ VDG	12 🗆		in Omelette (Free	Range)	♥ VDEHG		
13	3 🗆		♥ VDG	13 🗆		ket Potato with Tu	9	♥ DG		
		Choose one of the following plus	Gravy	14 🗆		mmus Salad Sandwich		\$1000 B		
14	· 🗌	Mashed Potato	VDEG	15 🗆		mmus Salad Sandwich/				
15		Boiled Potatoes	VDEG	16 🗆		na Mayonnaise San		0.		
16		Gravy	VDEG	17 🗆		eese Sandwich/Brov				
17				''	CII	Choose one Desse		VDEH		
		Choose <u>one</u> Dessert Course		18 🗆	Ch	ocolate Mousse	it Course	l veus		
		Reduced Sugar Baked Rice Pudding	VDEHG	19 🗆		uit Yoghurt		VEHG		
19		Vanilla Ice Cream	VEHG	20 🗆		9		VHD		
20 21		Fruit Jelly Fresh Banana	VEHG	100 000000 000000		esh Apple nilla Ice Cream		♥ VDG		
50000 180	2 🗆	rresn Banana	VDG	21 🗆	va	nilla ice Cream		♥ VDEG		
22	- 🗀		1	22 🗆				1		
		Choose Mid Meal Snack				- Fresh Fruit and	Snacks —			
23	3 🗆	Cheese and Biscuits		Fres	h frı	uit and snacks are a		time.		
						Please ask your wa				
		chup		\$3.000 A	chu ad C	p 🗌 Mustard Tream 🗎 Vinegar	☐ Mayon☐ Tartare			
_		——— Optional ———			-)			
		Jacket Potatoes with a limited range of		Fres	h.	Local,	59			
		fillings and Omelettes are available,	.	100		tious (1)	FOOD BRONZE FOR SERVED			
		please ask the ward team to order for you	1.	Suppo	rting l	ocal food,	Soil Association	Just Eat More		
	Tic	Tick here to see a member of the Catering Team freshly prepared freshly prepared freshly prepared freshly prepared freshly prepared freshly prepared								

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Wednesday NAME WARD WARD				Wednes Supper W	AND REAL PROPERTY.		
D = Diabetic Diet ♥ = Healthy Option V = Vegeta H = High Protein/High Energy E = Easy Chew G = Glu			Diabetic Diet ♥ = Healthy O _l h Protein/High Energy E = Ea				
Portion Small Medium Large		Porti Size	on Small Mediu	im 🗌 Large			
■ Please fill in the box next to your choice	like this		Please fill in the box next	to your choice	like this		
Choose <u>one</u> of the following			Choose <u>two</u> of the	following			
1 Orange Juice	♥ VG	1 🗆	Sweet Potato & Coconut	Soup in a Mug	VDEG		
2 Cheesy Leek & Mustard Soup in a Mug	VDEG	2 🗆	Slice of White Bread		VDE		
3 🗌		3 🗆	Slice of Brown Bread		♥ VDE		
Choose <u>one</u> Main Course		4 🗆			W. V. S. O. V. S.		
4 🔲 Vegetable & Chickpea Chilli (Vegan)	♥ VDE	Choose <u>one</u> of the following					
5	DHG	5 🗆	Apple Juice		♥ VG		
6 Fish with Parsley Sauce	DH	6 🗆	Orange Juice		♥ VG		
7	VDG		Choose <u>one</u> of the follo	wina nlus vea	1 4 4 4		
8	DH	7 🗆	Vegetable Pasta Cheese		♥ VDE		
9 Egg Mayo Sandwich/White (Free Range)	VDEH	8 🗆	Somerset Chicken Cur	100 - 1 00 00			
Small Appetite Meal - Served on a Small Plate	1	9 🗆	White Rice	y	DHE		
10 Fish in Parsley Sauce	DH	10 🗆	Side Salad		VDG		
Choose <u>two</u> of the following 11 ☐ Green Beans					♥ VDG		
12 Sweetcorn	VED	11 🗆	Cheese Salad		♥ DG		
13 \square	♥ VDG	12 🗆	Jacket Potato with Tu		♥ DG		
Choose <u>one</u> of the following plus Gra	2///	13 🗆	Cheese Omelette (Fre		VDHEC		
14 ☐ White Rice	VDG	14 🗆	Egg Mayo Sandwich/Brow		VDEH		
15 Mashed Potatoes	VDEG	15 🗌	Chicken Mayo Sandw		♥ D		
16 ☐ Roast Potatoes	VDG	16 🗆	Chicken Mayo Sandw		D		
17 Gravy	VDEG	17 🗆	Cheese Sandwich/Wh	1.0. (T. (T. (T. (T. (T. (T. (T. (T. (T. (T	DHE		
Choose <i>one</i> Dessert Course			Choose <u>one</u> Desse	ert Course			
18 Reduced Sugar Semolina Pudding	VDEG	18 🗌	Reduced Sugar Plum	Crumble	VEDH		
19 ☐ Fresh Pear	♥ VDG	19 🗌	Reduced Sugar Custa	rd	VDEG		
20 Vanilla Ice Cream	VDEG	20 🗌	Fruit Yoghurt		VDH		
21 ☐ Fruit Jelly	VDEG	21 🗌	Fresh Apple		♥ VDG		
22 🗆		22 🗆	Vanilla Ice Cream		VDEG		
Choose Mid Meal Snack			Fresh Fruit and	Snacks —			
23 Fruit Flapjack		Fres	h fruit and snacks are		time.		
,			Please ask your w				
☐ Ketchup ☐ Mustard ☐ Mayonr	naisa	□ Vot	shup	□ Mayon	naice		
☐ Ketchup☐ Mustard☐ Mayonr☐ Salad Cream☐ Vinegar☐ Tartare		The second second	chup 🗌 Mustard ad Cream 🗎 Vinegar	☐ Mayonı☐ Tartare			
Ontional	=						
Jacket Potatoes with a limited range of		Fron	h, Local,	JQ.	_=		
fillings and Omelettes are available,		- MA	stritious	FOOD BRONZE			
please ask the ward team to order for you	1.	Suppo	rting local food,	FOR SERVED HERE	5 A DAY		
Tick here to see a member of the Catering Team Supporting local food, freshly prepared Supporting local food, freshly prepared Soil Association Just Eat Mor (fruit & veg)							

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		n Week 2 WARD		NAME WARD			100		urso er W	day eek 2
H=		Diabetic Diet ♥ = Healthy Option V = Vegeta Protein/High Energy E = Easy Chew G = Glu	D = Diabetic Diet ♥ = Healthy Option V = Vegetarian H = High Protein/High Energy E = Easy Chew G = Gluten Free							
	ortic ize	SMALL MEDIUM LARGE		Porti Size	on	SMALL	MEDIUM		Large	
		Please fill in the box next to your choice	like this		Pl	ease fill in the l	oox next to	your	choice	like this
	V2	Choose <u>one</u> of the following	Choose <u>two</u> of the following							
1		Orange Juice	♥ VG	1 🗆		eam of Celer		า a IV	lug	VDEHG
2		Creamy Carrot & Coriander Soup in a Mug	♥ VDEHG	2 🗆	Sli	ce of White	Bread			VDE
3				3 🗆	Sli	ce of Brown	Bread			♥ VDE
1		Choose <u>one</u> Main Course		4						
5		Vegetable Lasagne (Vegan) Sweet & Sour Somerset Chicken	VDEH			Choose <u>one</u>	of the fo	ollow	/ing	
6		Somerset Beef Stew	HEG DEH	5 🗆	Αķ	ople Juice				♥ VG
7		Smoked Mackerel Salad	♥ DG	6 🗆	Or	range Juice				♥ VG
8		Tuna Sandwich/Brown	DE		Cl	hoose <u>one</u> of t	the follow	ing p	lus veg	1
9		Cheese Sandwich/White	VDEH	7 🗆	St	eak-less Past	y (Vegan))		VH
		Small Appetite Meal - Served on a Small Plate		8 🗆	Sp	aghetti Bolog	nese (Som	ierset	Beef)	DEH
10		Somerset Beef Stew	DEH	9 🗆	Sic	de Salad				♥ VDE
		Choose <i>two</i> of the following	ng	10 🗆						♥ VDG
11		Swede	♥ VDG	11 🗆	Ch	nicken Salad				♥ DHG
12		Mixed Vegetables	♥ VDG	12 🗆	Pla	ain Omelette	e (Free Ra	inge))	VDEHG
13				13 🗆		cket Potato	777 mm	•		♥ VDG
	Ch	noose <u>one</u> of the following plus Gr	14 🗆		ına Sandwich				DE	
14		New Potatoes	VDEG	15 🗆		neese Sandw		n		VDHE
15		Mashed Potatoes	VDG	16 🗆		am Sandwich		155.2		ΨD
16		Rice	VDG	17 🗆		am Sandwich				D
17	Ш	Gravy	VDEG	Choose <u>one</u> Dessert Course						
40		Choose <u>one</u> Dessert Course		18 □	Δι	pple Crumble		. cou	1130	VH
18	Service Control	Reduced Sugar Rice Pudding	VEGH	19 □		educed Suga				GVDHE
19		Fruit Jelly	VEDG	20 □		esh Plum	Custaru			100
20		Vanilla Ice Cream	VEG	21 🗆						♥ VDG
21		Fresh Satsuma	♥ VDG	1		uit Yoghurt	r Voahur			VEHG
22			I.	22 🗆	Ke	educed Suga	r rognur	Ĺ		♥ VDEG
		Choose Mid Meal Snack				— Fresh Fru	it and S	nack	s	
23 Hummus & Cucumber					h fr	ruit and snac				time.
						Please ask			-	
\geq								25	78K	\longrightarrow
		chup 🗌 Mustard 🗌 Mayoni	☐ Ket		No. of Alleria	lustard		1ayonı		
	Sala	d Cream 🗌 Vinegar 🔲 Tartare	Sauce	☐ Sal	ad (Cream 🗌 V	inegar	☐ Ta	artare	Sauce
		Optional			,	1 1				
		Jacket Potatoes with a limited range of	Fres	h,	Local,	1		OS		
	1	fillings and Omelettes are available, please ask the ward team to order for you	Na	itre	itious		FOOD FOR	BRONZE SERVED HERE	EADOY	
~		ck have to see a member of the Catarina T	=			local food, prepared	OTECTED ALTIMES	Soil 4	rsociation	Just Eat More





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Friday NAME Lunch Week 2							Friday Supper Week 2						
D = Diabetic Diet ♥ = Healthy Option V = Vegetarian						WARD.			Chicago As As Assessed				
H = High Protein/High Energy E = Easy Chew G = Gluten Free				D = Diabetic Diet ♥ = Healthy Option V = Vegetarian H = High Protein/High Energy E = Easy Chew G = Gluten Free									
	ortic ize	SMALL	☐ M EDIUM ☐	Large		Porti Size	ion	Small Mediu	м 🗌 Large				
	8	Please fill in t	he box next to your o	hoice	like this		Ple	ease fill in the box next	to your choice	like this			
		Choose <u>c</u>	one of the follow	ing			Choose <u>two</u> of the	following					
1		Orange Juic			♥ VG	1 🗆	Cr	eam of Spinach Sou	ıp in a Mug	VDEG			
2		Vegetable ar	nd Herb Soup in a M	1ug	♥ VDEG	2 🗆	Sli	ce of White Bread		VDE			
3		-				3 🗆	Sli	ce of Brown Bread		♥ VDE			
			e <u>one</u> Main Cours			4 🗆							
4			bergine Bake (Ve	_	VDHE			Choose <i>one</i> of the	following				
5			hite Fish and Lem	ion	DH	5 🗆	Ar	ople Juice	3	♥ VG			
6			eak & Ale Pie		DH	6 🗆		ange Juice		♥ VG			
7			& Egg (Free Range) :	salad	♥ VDG			hoose <u>one</u> of the follo	wing plus vec				
8		Ham Sandw Cheese Sand			D	7 🗆		mato & Herb Pasta B		VDE			
9				ll Diata	VDE	8 🗆		merset Mild Beef C		DE			
10			Meal - Served on a Sma eak & Ale Pie	an Piate		9 🗆		hite Rice	arry	♥ VDG			
10	Ш		two of the follow	ina	DH	10 🗆		de Salad					
11		Peas	or the follow	iiig	♥ VDEG	11 🗆		rkey Salad (Herts)		♥ VDG			
12		Sweetcorn			♥ VDG	12 🗆		5	o Pango)	♥ DG			
		34466660111			· vbd			neese Omelette (Fre		VDEHO			
	. 🗆					13 🗆		cket Potato with Cr		♥ VDG			
		Choose on	e of the following	a plu	s Gravv	14 🗆		am Sandwich/White		D			
15		Mashed Pot		3	VDEG	15 🗆		g Mayo Sandwich/Brow		DEH			
16		Chipped Po	tatoes		VDH	16 🗆	_	g Mayo Sandwich/Whit		DEH			
17	The state of the s						17 ☐ Cheese Sandwich/Brown VDE						
		Choose	one Dessert Cour	rse				Choose <u>one</u> Desse	ert Course	·			
18		Reduced Su	gar Rice Pudding		VDEG	18 🗆		on Mess		VEG			
19		Fruit Yoghu			VEHG	19 🗆		esh Apple		♥ VDG			
20		Fresh Banar			♥ VDGE	20 🗆		uit Jelly		VDEG			
21		Vanilla Ice (Cream		VDGE	21 🗌	Va	anilla Ice Cream		VDEG			
22						22 🗌							
		Classic	- NA: NA - C -					E 1 E 16 1	c				
22			e Mid Meal Snack				Fresh Fruit and Snacks						
23	B 🗆	Fruit Flapja	CK			Fres	n tr	uit and snacks are a		time.			
								Please ask your wa	ard Nurse	5			
	Ket	chup \square	Mustard 🗆 Ma	avonr	naise	(□ Ket	tchu	ıp 🗌 Mustard	☐ Mayon	naise			
	☐ Ketchup☐ Mustard☐ Mayonnaise☐ Salad Cream☐ Vinegar☐ Tartare Sauce						☐ Salad Cream ☐ Vinegar ☐ Tartare Sauce						
		Lacket Potato	Optional ———	ge of		700	1	Local,	10	-			
Jacket Potatoes with a limited range of fillings and Omelettes are available,						MA		Parameter and the second	FOOD				
	please ask the ward team to order for you.							tious local food,	FOOD BRONZE FOR SERVED LIFE HERE	5 A DAY			
$\overline{}$	☐ Tick here to see a member of the Catering Team							repared PROTECTED MEALTIMES	Soil Association	Just Eat Mor			
I have never to see a member of the Catering ream													

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Saturday NAME					NAME		Saturday				
Lunch Week 2 WARD					WARD			Supp	oer W	eek 2	
H :			= Healthy Option V = Veget nergy E = Easy Chew G = Gl		D = Diabetic Diet ♥ = Healthy Option V = Vegetarian H = High Protein/High Energy E = Easy Chew G = Gluten Free						
	ortic ize	on Small	☐ M EDIUM ☐ LARGE		Porti Size	on Small	☐ M EDIUI	м 🗆	Large		
	Please fill in the box next to your choice like this										
		Choose o	one of the following		Choose <i>two</i> of the following						
1		Orange Juic		♥ VG	1 🗆		Parsnip Sou		_	VDEHG	
2		Cream of Sw	reetcorn Soup in a Mug	♥ VDHG	2 🗆	Slice of W				VDE	
3		2074	11 AND G 9000		3 🗌	Slice of Br	own Bread			♥ VDE	
_	_		e <u>one</u> Main Course		4 🗆						
4			sh & Vegetable Bake (Vegan)	VED	Choose <u>one</u> of the following						
5			nicken & Mushroom Pie	X1009-01	5 🗆	Apple Juic	e		_	♥ VG	
6		Fish Stew	nd & Coleslaw	♥ DE	6 🗆	Orange Ju				♥ VG	
7			dwich/Brown	VDG VDEH			e of the follo	wing p	lus veg		
9			yo Sandwich/White	DEH	7	Mushroon	n Curry (Ved	gan)		♥ VDEG	
			Meal - Served on a Small Plate	L.	8 🗆		Pork & Red	6.7.	r Stew	DHE	
10		100	iicken & Mushroom Pie	DH	9 🗆	Rice		300.0		♥ VDG	
			wo of the following		10 □	Side Salad				♥ VDG	
11		Carrots (in s		♥ VDEG	11 🗆	Plain Ome	lette (Free	Range)	VDEHO	
12		Peas		♥ VDG	12 🗆		ato with Ch		5	♥ VDG	
13	B 🗌				13 🗆	Tuna Salad	d			VHG	
14	ŀ 🗌				14 🗆	Free Rang	e Egg Sand	wich/B	rown	♥ VD	
	_		<u>e</u> of the following plu	s Gravy	15 🗆		e Egg Sand			VD	
		Mashed Pot		VDEG	16 🗆	_	ayo Sandwicl			DHE	
16		Parsley Pota	atoes	♥ VDEG	17 🗆		ndwich/Wh				
1/	7	Gravy	and Descout Course	VDEG			e <i>one</i> Desse		urse		
Choose <u>one</u> Dessert Course 18 ☐ Apple Crumble ve							Sugar Semo			VDHE	
19			igar Custard	GVDEH	18 □ 19 □	Fresh App			5	♥ VDG	
20	100000	Fresh Satsu		♥ VDG	20 🗆	Fruit Jelly				VDEG	
21	200000	Vanilla Ice (VDEG	21 🗆	Vanilla Ice	Cream			VDEG	
	2 🗆	variii a ree s	er earn	1020	22 🗆	7 3111113 130					
		Choos	e Mid Meal Snack			Fresh	Fruit and	Snack	/S		
23	3 🗆	Hummus &			Fresh fruit and snacks are available anytime.						
Please ask your ward Nurse											
\bigcap	Ket	chup \square] Mustard ☐ Mayon	☐ Ket	chup	☐ Mustard		/layoni	naise		
		ad Cream	Vinegar ☐ Tartare		ad Cream	☐ Vinegar		artare			
_			Optional —								
			oes with a limited range of		Fres	h, Local			05		
			Omelettes are available, ward team to order for yo	<u></u>	Nu	tritious		FOOD	BRONZE SERYED HERE		
>		piedse dsk tile	vvara team to order for yo		rting local food, hly prepared	PROTECTED MEALTIMES	Soil	Association	Just Eat Mor		
	Ti	ck here to see a	a member of the Catering	lies	iny prepareu	IVIEALIIVIES			(fruit & veg)		

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Red Tray