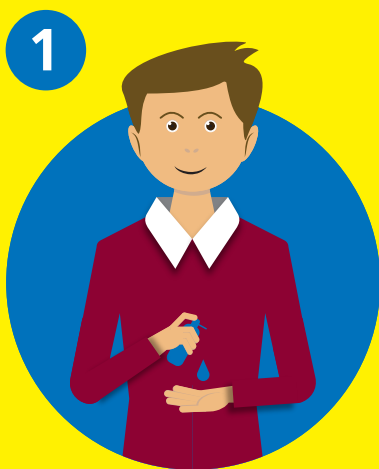


# How To Wear A Face Mask



Clean you hands  
with hand  
sanitiser, or soap  
and water



Hold the mask  
with the coloured  
side away from  
you



Hold the mask by  
the ear loops and  
place a loop  
around each ear



Mold the stiff  
edge to the shape  
of your nose



Pull the bottom of  
the mask over your  
mouth and chin



Avoid touching  
the front of the  
mask