

Cancer Support Salisbury

For anyone affected by cancer including loved ones and carers.



They offer complementary therapies, counselling, yoga, meditation classes and twice weekly social drop ins. For full information, visit

www.cancersupportsalisbury.com, call 07926 841 698 or email info@cancersupportsalisbury.com

Maggie's Cancer Support Centre – Southampton



Support focussing on managing the emotional impact of diagnosis, symptoms/side effects, and the financial implications of cancer. They have resources to help you talk to your children about your diagnosis and support groups for children, families and young carers. Call 02382 124 549 or visit their website: www.maggies.org/cancer-support/

Penny Bohn UK

Supporting anyone who has been affected by



cancer. They offer guides and information, including; cancer pain management, coping with chemotherapy, relaxation videos and tips for insomnia. They hold wellbeing days at their centre in Bristol and personal consultations in person or

online. Visit their website for full information:

www.pennybrohn.org.uk or call them on 0303 3000 118.

Can't find what you're looking for:

If you can't find the type of help you are looking for, the following websites have search engines where you can find resources which are available in your area:

www.swagcanceralliance.nhs.uk/resources/
www.cancercaremap.org

Parenting with Cancer

Offering advice, workshops and coaching programmes for cancer patients who have children. They have partnered with Fruitfly Collective, more information is available overleaf.

For more information, visit:

www.parentingwithcancer.org

The Little C Club

Using flash cards to help parents communicate with children open up difficult conversations. Please note there is a charge for their flash cards, for full details visit: <https://www.littlecclub.com/>



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Salisbury NHS Foundation Trust, Salisbury District Hospital, Salisbury, Wiltshire, SP2 8BJ
www.salisbury.nhs.uk/wards-departments/departments/cancer-services/

Cancer Services: Support services available for children when an adult has cancer



Support at Salisbury District Hospital:

Cancer Support Team

Offer emotional and practical advice and support around your cancer through diagnosis, treatment and beyond. The team can also signpost you to resources to support your children through your diagnosis and treatment. Call 01722 336 262 ext.2417 to speak to your Cancer Support Worker.



Support services nationally:

Macmillan Cancer Support

Are there to support with any questions you have around cancer. They have lots of information resources available, including booklets to help you talk to children about your diagnosis. Their experts can also offer advice via their support line on 0808 808 00 00 (open 7 days a week, 8am—8pm).



The Osbourne Trust

They support children who are 16 and under, whose parent/s have been diagnosed with cancer. They offer children access to various activities, emotional and practical support. For full details visit www.theosbornetrust.com



Hope Support Service

Supports young people aged 5—25 when a family member is diagnosed with life threatening illness. They have one to one support via video, call, email or Facebook messenger and an online community on Facebook. For full details visit, www.hopesupport.org.uk



Fruitfly Collective

Are a team of medical experts who have designed tool kits to help support children who have been affected by a parent diagnosed with cancer. These kits are designed to help children understand diagnosis, treatment and side effects. Please note there is a charge for their toolkits, for full details visit www.fruitflycollective.com



Rip Rap

Designed for teenagers with a parent with cancer, providing advice and support. They offer a discussion forum so they can talk to other young people in similar situations, and you can also get in touch with a specialist cancer nurse for advice or support. For full details visit www.riprap.org.uk



Something to look forward to

People with cancer and their families can access free 'gifts' donated by companies and donors. For



full details, visit: somethingtolookforwardto.org.uk

Support services locally:

Jane Scarth House, Romsey



Is a free walk-in centre which offers practical and emotional support to anyone living with cancer, whether it is the patient or their family or carer. They offer counselling, meditation, aromatherapy, lymphatic drainage massage and more. Visit www.janescarthhouse.co.uk, call 01794 830 374 or email info@janescarthhouse.co.uk

Wessex Cancer Support

Offer free support for as long as needed for patients and their families at The Wellington Centre in Andover, including free counselling for children and young people affected by a family member's cancer diagnosis. Please call 023 8067 2200 or email careteam@wessexcancer.org.uk



We Hear you (WHY?) Cancer Counselling

Offer free emotional support for anyone affected by cancer, from the age of four upwards. Including one to one adult counselling available in locations across Wiltshire and Somerset. Please call 01373 455 255 or email info@wehearyou.org.uk for further details.

