



## Payment Methods

We are happy to accept:

- Standing Order (monthly membership)
- via Salary for SFT staff (monthly membership)
- Card payments for monthly membership

## Contract and notice for cancellation

- We require one full calendar month notice of cancellation
- An upgrade of membership can be undertaken at any point
- Loyalty card scheme is in operation for all 'Pay as you go' users

**Our members are very important to us. We are a small, happy and friendly team who are experts in our field of work.**

**We work hard to ensure that the advice, service and the atmosphere you enjoy are to a high standard.**

The Team feel a great sense of pride and job satisfaction when our members achieve their goals and reflect upon how far they have come on their fitness journey.



## Membership is available to everyone:

- **Staff** and volunteers who work at Salisbury District Hospital
- **Retired** SFT Staff
- **Foundation** Trust Members who have signed up to our hospital and support us
- **Referral** Membership linked with our Exercise Referral Scheme (see referral leaflet for more details)
- **Students** enjoy a reduced price membership. We will need student photo ID when you join / renew.
- **Public** Membership for everyone else!

A full list of prices is inside. Please ask our friendly reception staff for help if you need it.

# Odstock Health and Fitness Membership



## Contact us

**Telephone** 01722 425085  
**Direct Dial**

Telephone 01722 336262 **Ext 2085**  
Via Switchboard

**E-mail** [odstockhealthfit@salisbury.nhs.uk](mailto:odstockhealthfit@salisbury.nhs.uk)

**Website** [www.odstockhealthfit.co.uk](http://www.odstockhealthfit.co.uk)